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### Impact et limites de l'apprentissage implicite

axel cleeremans



# What is shared?



Athletic skills

# What is shared?



Game playing

### What is shared?

blah blah

BLAH! blah blah blah

blah

# blah blah blah blah

DADDY! DLanguage learning blah blah

# Implicit knowledge







Many of the things we learn to do:

- are learned without intention,
- without verbalizable knowledge of what was learned,

 and sometimes without knowledge that we learned anything

#### IMPLICIT LEARNING:

A change in performance that is not accompanied by a corresponding change in the ability to describe the acquired knowledge

### MEMORIZE THIS!

TSSXS TXXVPXVV PTTVV TXXVVPS PTVPXVV

#### **GRAMMATICAL OR NOT?**

TXXVPXVV $\checkmark$ PTTVVV $\checkmark$ VTVPXVV $\checkmark$ PVPS $\checkmark$ TXXTVV $\checkmark$ VPSTX $\checkmark$ 

 All the strings you have seen have been generated according to specific grammar rules

Now you have to decide, for each string, whether it is grammatical or not

### ANALYZE THAT!



Reber (1967) used this grammar in the first artificial grammar learning experiment

The grammar is a simple finite-state automation: Strings of letters are generated by entering the grammar at node SI, moving from node to node and concatenating the labels of the traversed arcs until the end node is reached.

#### SEQUENCE LEARNING



© Pour La Science

Task is choice reaction

Unknown to subjects, stimuli follow a repeating sequence

People exhibit sensitivity to the sequential structure in the absence of verbalizable knowledge about the sequence

342312143241 342312143241 ... (training) 341243142132 341243142132 ... (transfer)

### TYPICAL RESULTS



#### **IMPLICIT LEARNING:**

A change in performance that is not accompanied by a corresponding change in the ability to describe the acquired knowledge

### SUBJECTIVE MEASURES

#### Z. DIENES



Confidence (or other measures of meta-knowledge)

# Implicit learning

• Reber (1967 & 1989) :

"The process by which knowledge about the rule-governed complexities of the stimulus environment are acquired independently of conscious attempts to do so."

• Lewicki (1987) :

"[...] subjects are able to acquire specific procedural knowledge (i.e. processing rules) not only without being able to articulate what they have learned but even. without being aware that they had learned anything."

• Perruchet & Vinter (1998):

"The term implicit learning designates an adaptive mode in which subject's behavior is sensitive to the structural features of an experienced situation, without that adaptation being due to an intentional exploitation of subject's explicit knowledge about these features.

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VOLUME 84 NUMBER 3 MAY 1977



#### Telling More Than We Can Know: Verbal Reports on Mental Processes

#### Richard E. Nisbett and Timothy DeCamp Wilson University of Michigan

Evidence is reviewed which suggests that there may be little or no direct introspective access to higher order cognitive processes. Subjects are sometimes (a) unaware of the existence of a stimulus that importantly influenced a response, (b) unaware of the existence of the response, and (c) unaware that the stimulus has affected the response. It is proposed that when people attempt to report on their cognitive processes that is, on the processes mediating the effects of a

#### biology letters

Biol. Lett. (2006) 2, 412–414 doi:10.1098/rsb1.2006.0509 Published online 27 June 2006

#### Cues of being watched enhance cooperation in a real-world setting

Melissa Bateson\*, Daniel Nettle and Gilbert Roberts

Melissa Bateson", Daniel Nettle and Gilbert Roberts



COFFEE CLUB

Prices:

Coffee (with or without milk): 50p Tea (with or without milk): 30p Milk only (in your own coffee or tea): 10p Full cup of milk: 30p

Please put your money in the blue tin.

Thanks, Melissa

Thanks, Melissa

Please put your money in the blue t



#### tesearch Keport

# **Smells Like Clean Spirit**

#### Nonconscious Effects of Scent on Cognition and Behavior

Rob W. Holland,<sup>1</sup> Merel Hendriks,<sup>1</sup> and Henk Aarts<sup>2</sup>





### CHOICE BLINDNESS



Theories of Implicit. learning



Raf Cleeremans





M.C. Escher, "Three Worlds, 1955

Searle: "At its most naive, our picture [of the unconscious] is something like this: Unconscious mental states in the mind are like deep fish in the sea. The fish that we can't see under neath the surface have exactly the same shape they have when they surface. The fish don't lose their shapes by going under water"

Searle, Rediscovery of the Mind, p. 152



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n.

#### Unconscious





 $Gm_1m_2$  $F_{G}$ v<sup>2</sup>

- The role of consciousness in learning
  - Is cognition without consciousness possible? In what sense? What are the limits of unconscious cognition?
- Knowledge representation.
  - How is abstract knowledge represented?



Conscious knowledge

Unconscious knowledge

Where is implicit learning?

- The role of consciousness in learning
  - Is cognition without consciousness possible? In what sense? What are the limits of unconscious cognition?
- Knowledge representation\_
  - How is abstract knowledge represented?

|                       | Abstract rules    | Associations |
|-----------------------|-------------------|--------------|
| Conscious knowledge   | explicit learning |              |
| Unconscious knowledge |                   |              |

Where is implicit learning?

- The role of consciousness in learning
  - Is cognition without consciousness possible? In what sense? What are the limits of unconscious cognition?
- Knowledge representation.
  - How is abstract knowledge represented?

|                       | Abstract rules    | Associations |
|-----------------------|-------------------|--------------|
| Conscious knowledge   | explicit learning |              |
| Unconscious knowledge | Zombies           |              |

Implicit learning is unconscious symbol manipulation

- The role of consciousness in learning
  - Is cognition without consciousness possible? In what sense? What are the limits of unconscious cognition?
- Knowledge representation.
  - How is abstract knowledge represented?



Implicit learning is conscious learning of associations

- The role of consciousness in learning
  - Is cognition without consciousness possible? In what sense? What are the limits of unconscious cognition?
- Knowledge representation\_
  - How is abstract knowledge represented?



Implicit learning involves relational priming based on functional similarity

### Computational objectives of learning

• Distinction and complementarity between "model" learning and "task" learning (O'Reilly, 1998):

- Model learning involves activity-based hebbian plasticity and is a prime candidate for implicit learning in that it does not require intentions, goals, or error information and is highly sensitive to correlational structure. Conditioning is an example of the operation of such mechanisms. The goal is to build detailed, internal, predictive models of the world is like.
- **Task learning** involves error-based plasticity and is a prime candidate for explicit learning in that it is most appropriate for learning specific tasks, that is, learning complex input-output mappings that require specific actions to be related to specific goals.
- An important goal of current research is to determine exactly how and where in the brain these learning mechanisms combine.

# Plasticity

#### We learn all the time, whether we intend to or not

- ★ Expert string players exhibit larger-than-normal areas of the somatosensory cortex dedicated to representing input from the fingering digits (Elbert et al., 1995)
- Posterior hippocampus is enlarged in experienced taxi drivers compared to subjects who do not have extensive experience in memorizing complex maps (Maguire et al., 2000)
- ★ The very organization of the somatosensory cortex (the famous Penfied homonculus) might depend on pre-natal sensory experience (Farah, 1997)
- ★ Evidence for neurogenesis was also found in humans, overturning decades of unquestioned — but, as it turns out, erroneous — assumptions about the lack of regenerative cellular processes in the adult brain.
- ★ Evidence for fetal learning (van Helteren et al., 2000)
- ★ Evidence for memory consolidation during REM sleep (Maquet et al., 2000)

### WHAT IS LEARNED?



**Fig. 1 An illustration of different computational approaches to artificial grammar learning.** Each approach makes different assumptions about the processes and knowledge representations involved in memorizing a set of letter strings generated from a finite-state grammar. The same approaches are also relevant to sequence learning paradigms if the strings are taken to be continuous sequences of visual events.

#### sequences of visual events.

assumptions about the processes and knowledge representations involved in memorizing a set of letter strings generated from a finitestate grammar. The same approaches are also relevant to sequence learning paradigms if the strings are taken to be continuous

Many possibilities exist. Which one is right? Might several be right at the same time? Does the nature of what is learned correlate with availability to conscious awareness?

#### THE SIMPLE RECURRENT NETWORK

ELMAN 1990

#### TASK IS PREDICTION

On each time step:

Present Element t over input units

Copy hidden units activation onto context units

Let activation propagate

Compare response and actual successor  $\Rightarrow$  error

Modify the weights using back-propagation



#### SENSITIVITY TO SEQUENTIAL STRUCTURE





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#### **EMERGENT REPRESENTATION**



### META REPRESENTATIONS

Knowledge "in the network" vs. knowledge "for the network" (Clark & Karmiloff-Smith)





# CHAIP FUNCTIONS FOR MIREPPS

To indicate "mental attitude", that is, the manner in which the first-order representations are known: Truth, belief, hope, fear, want, &c.

Metarepresentations so make it possible for an agent to know the geography of its own representations: Signal detection on the mind

This is something that the brain learns about unconsciously

Metarepresentations are also representations: "Fame in the brain" ideas also apply to metarepresentations

### SIGNAL DETECTION ON THE MIND



The brain learning about itself: Signal detection on your own representations

#### The brain learning about the world

### FROM IMPLICIT TO EXPLICIT

ELSEVIER

ScienceDirect

Neural Networks

Neural Networks I (IIII) III-III

www.elsevier.com/locate/neur

2007 Special Issue

#### Consciousness and metarepresentation: A computational sketch

Axel Cleeremans\*, Bert Timmermans, Antoine Pasquali

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Cognitive Science Research Unit, Université Libre de Bruxelles CP 191, 50 ave. F.-D. Roosevett, B1050 Braxel

- Axel Ciceremans ', Boit annineensus, Antonie Pasquan
## WAGERING IN THE DIGITS TASK



## WAGERING IN THE DIGITS TASK



Different training conditions result in different patterns of relationship between the performance of the firstorder network and that of the second-order (wagering) network

## THE IOWA GAMBLING TASK



## THE IOWA GAMBLING TASK



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### ARTIFICIAL GRAMMAR LEARNING



Reber 1967 Memorize: VSQXS PTVTVXT PXPQXT (...)

Test (no feedback): G vs. NG strings

## ARTIFICIAL GRAMMAR LEARNING

### a FIRST-ORDER NETWORK



| high/low wager |
|----------------|
|                |
|                |

SECOND-ORDER NETWORK

updated weights
# fixed weights

#### b

с

| Blindsight (noisy vision) | Correct | Incorrect | Total  |
|---------------------------|---------|-----------|--------|
| High Wager                | 29,10   | 1,77      | 30,87  |
| Low Wager                 | 49,63   | 19,50     | 69,13  |
| Total                     | 78,73   | 21,27     | 100,00 |
| Normal vision             | Correct | Incorrect | Total  |
| High Wager                | 50,57   | 4,67      | 55,23  |
| Low Wager                 | 29,43   | 15,33     | 44,77  |
| Total                     | 80,00   | 20,00     | 100,00 |

| cidental | 1 |
|----------|---|
|          |   |
|          |   |
|          |   |
|          |   |

| Incidental learning | Correct | Incorrect | Total  |
|---------------------|---------|-----------|--------|
| High Wager          | 36,33   | 8,78      | 45,11  |
| Low Wager           | 35,44   | 19,44     | 54,89  |
| Total               | 71,78   | 28,22     | 100,00 |
| Explicit learning   | Correct | Incorrect | Total  |
| High Wager          | 63,44   | 0,33      | 63,78  |
| Low Wager           | 34,78   | 1,44      | 36,22  |
| Total               | 98,22   | 1,78      | 100,00 |



34,78 <u>1,74</u> 98,22 1,78

## Moral

Finding sensitivity to some regularity does not. necessarily imply that the regularity itself is represented in the cognitive system as an object of representation.

There is real challenge involved in figuring out how symbolic representations emerge out of sub-symbolic processing





## Three challenges

Definitional challenge
Methodological challenge (measurement)
Conceptual challenge (intepretation)

### CONSCIOUSNESS IS NOT A SINGLE THING!



experience vs. function

Inscic

level vs. content

## The definitional challenge

#### Consciousness is not unitary:

- awareness of the presence or absence of a stimulus
- awareness of one's intentions / awareness of action
- awareness of the fact that behavior is influenced by a previous processing episode

### Different paradigms engage different aspects of consciousness

- Subliminal perception, change detection: awareness of the stimulus
- Implicit memory: awareness of the influence of previous stimuli
- Implicit learning: awareness of the relationships between stimuli

## The methodological challenge

# How do we devise an appropriate measure of awareness?

- Quantitative dissociation logic: Compare the sensitivity of two different measures to some relevant information: A measure C of subjects' awareness of the information, and a measure P of behavioral sensitivity to the same information.
- Our Conscious processing is then demonstrated whenever P exhibits sensitivity to some information in the absence of correlated sensitivity in C.

#### Three problems:

- Retrospective assessment problem: C & P cannot be obtained concurrently: Forgetting & Observer paradox
- Information problem: Does C measure knowledge necessary to perform the task?
- Sensitivity problem: Are C and P equally sensitive to the relevant information?

## The conceptual challenge

- Even if we obtain good dissociation results, how should we interpret them?
  - Double dissociations do not imply dissociable systems (Dunn & Kirsner (1988)!
- Numerous demonstrations that single-system accounts can in fact account for dissociations:
  - e.g., Plaut (1995) on dyslexia
  - the memory debate

## Three illustrations

Perceptual (un)awareness

Subliminal perception

### Implicit learning & memory

Sequence learning

#### Decision making

Unconscious Thought Theory

## PARADIGM



#### Three scales: PAS, CR, and PDW, all with 4 points

## SCALE POINTS DISTRIBUTION



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### **PERFORMANCE VS. AWARENESS**



## Moral

The observed relationship between performance and awareness depends on your measures of each...

This has implications for our concept of consciousness

Implicit. learning



#### THE PROCESS DISSOCIATION PROCEDURE (JACOBY, 1991)

#### Any task always involves both implicit and explicit components

After training on the serial reaction time task, participants perform two direct tests that differ with respect to the instructions:

#### → the inclusion condition:

- Participants are asked to recollect and reproduce the training sequence. If they cannot recollect the location of a stimulus, they are told to use their intuition and to guess
- Explicit and implicit influences can both contribute to performance improvement

#### the exclusion condition:

- Participants are told to generate a sequence of stimuli that differs from the training sequence: They must try to avoid reproducing the training sequence
- Explicit and implicit influences are set in opposition

### **TEMPORAL EFFECTS**

- In a series of experiments, we manipulated the extent to which learning is implicit or explicit by varying the response-stimulus interval (RSI)
  - Preparation for the next event in choice reaction time tasks involve both (unconscious) priming and conscious preparation
  - Reducing the RSI to zero might prevent the development of conscious expectations about the next stimulus, and hence selectively impair explicit sequence learning (see also Squire et al. on conditioning)
  - Increasing the RSI might promote the development of strong, conscious representations



Arnaud Destrebecqz Destrebecqz & Cleeremans, PBR 2001, CBR 2003, L&M 2005

### TIME COURSE OF A SINGLE TRIAL

#### RSI = 250MS STANDARD CONDITION



### TIME COURSE OF A SINGLE TRIAL

#### RSI = OMS "NO RSI" CONDITION



### TIME COURSE OF A SINGLE TRIAL

#### RSI = 1500MS "LONG" CONDITION



## **CHOICE REACTION TIME**



- The same 12-element sequence is presented on blocks 1-12 and 14-15
- A different 12-element sequence is presented on block 13
- Higher values of RSI are associated with faster reaction times
- Subjects learn in all three conditions

## GENERATION



## Moral

Tasks are not process-pure: they always involve a mixture of conscious and unconcious processes. It's impossible to turn awareness "off"

This has implications for our concept of consciousness

# Decision\_ making



Raf Cleeremans

## NEED A NEW CAR?



# RIGHT, BUT WHICH ONE

## On Making the Right Choice: The Deliberation-Without-Attention Effect

Ap Dijksterhuis,\* Maarten W. Bos, Loran F. Nordgren, Rick B. van Baaren

Contrary to conventional wisdom, it is not always advantageous to engage in thorough conscious deliberation before choosing. On the basis of recent insights into the characteristics of conscious and unconscious thought, we tested the hypothesis that simple choices (such as between different towels or different sets of oven mitts) indeed produce better results after conscious thought, but that choices in complex matters (such as between different houses or different cars) should be left to unconscious thought. Named the "deliberation-without-attention" hypothesis, it was confirmed in four studies on consumer choice, both in the laboratory as well as among actual shoppers, that purchases of complex products were viewed more favorably when decisions had been made in the absence of attentive deliberation.

## PARADIGM



hink about. inutes age bandling poor nesolveerent colors inutes trunk

The Nabusi nus plenty of legroom.

### RESULTS



**Fig. 1.** Percentage of participants who chose the most desirable car as a function of complexity of decision and of mode of thought (n = 18 to 22 in each condition). Error bars represent the standard error.

each condition). Error bars represent the stan dard error.

#### Trust your gut instinct when those shopping decisions get tough, say scientists

#### Big decision time? Best to sleep on it

By Roger Highfield, Science Published: 12:01AM GMT

Megan Rauscher Reuters

Friday, 17 February 2006

FOR SAL



According to the results of a novel study published today in the journal Science satisfying choi for major deci

Don't think too hard about major decisions

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Watch One-Minute World News

Printable version

#### Sleep on it, decision-makers told

Last Updated: Friday, 17 February 2006, 11:07 GMT

THE ILLUSION OF CONSCIOUS WILL

o making don't n it - or so a

aests like buying a made when nind is left to options.



Scientists said the conscious brain could only cope with small decisions

only cope with small decisions

By the exchange THE TEPPING FOINT

Malcolm Gladwell

options.

and is left to

#### PERSPECTIVES ON PSYCHOLOGICAL SCIENCE

## A Theory of Unconscious Thought

Ap Dijksterhuis and Loran F. Nordgren

Social Psychology Program, University of Amsterdam, Amsterdam, The Netherlands

ABSTRACT-We present a theory about human thought named the unconscious-thought theory (UTT). The theory is applicable to decision making, impression formation, attitude formation and change, problem solving, and creativity. It distinguishes between two modes of thought: unconscious and conscious. Unconscious thought and conscious thought have different characteristics, and these different characteristics make each mode preferable under different circumstances. For instance, contrary to popular belief, decisions about simple issues can be better tackled by conscious thought, whereas decisions about complex matters can be better approached with unconscious thought. The relations between the theory and decision strategies, and between the theory and intuition, are discussed. We end by discussing caveats and future directions.

## Can we replicate?

7 studies involving over > 700 participants Conceptual & exact replications Methodological improvements Manipulation of new factors


#### **45 participants**

choose the best engineer amongst 4 candidates each characterized by 12 pre-tested attributes presented randomly one by one

perform additions for 3 min or think about the decision for 3 min **rate each person on a scale** 

Decision quality: Rating given to the normatively "best" candidate - average of ratings given to the other candidates, converted on a 0-100 scale



Difference in attitude (on a scale of 0 to 100) toward the desirable and other candidates as a function of Mode of Thought.



#### 65 participants exact replication of Dijksterhuis et al. (2006): Solve anagrams vs. think about the decision for 4 minutes

two factors: Complexity (4 vs. 12 attributes) vs. Mode of Thought.



## The plot thickens...

No difference between conscious and "unconscious" thought

More worrisome: No correlation between # of attributes taken into account and decision quality

#### Study 3 choose the best or the favorite car

#### **100 participants**

pretest attributes so that they are judged equally important "Complex decision" only: 12 attributes explore the effects of type of decision two factors: Type of decision ("favorite car" -"best" car) vs. Mode of Thought.



Difference in attitude (on a scale of 0 to 100) toward the desirable and other candidates as a function of Type of decision & Mode of Thought.

# Study 4

choose the best car: Identify relevant moderators

118 participants: 59 men, 59 women, 50% with driving licence.
ask participants about decision timing, about perceived difficulty, & about motivation
test memory for attributes through recognition
three factors: Gender X Driving Licence X Mode of Thought.

69.5 % of participants report making a decision during information presentation.

The data have nothing to do with "unconscious thinking": There simply is no thinking going on, conscious or otherwise, for people have already made their decision. online.

294 participants (!) manipulate the task: "memory" (differed) and "impression formation" (classical) conditions manipulate the nature of the decision: "immediate", "conscious" (think about it), "unconscious" (solve anagrams) 



Difference in attitude (on a scale of o to 100) toward the best and other apartments as a function of Task (impression formation vs. memorization) & Decision Type.

## Moral

Finding dissociations between performance and awareness does not always entail that. performance was driven by unconscious contents...

This has implications for our concept of consciousness

# Conclusions



## Conclusions

We learn all the time, whether we intend to or not.

• All tasks involve both implicit and explicit processes.

- Sensitivity to some regularity does not necessarily imply that the regularity itself is represented in the cognitive system as an object of representation.
- There is a real challenge in figuring out how symbolic knowledge emerges out of subsymbolic processing

## Radical Plasticity!?!

#### Brain of a white-collar worker

#### Lionel Feuillet, Henry Dufour, Jean Pelletier

#### Lancet 2007; 370: 262

Department of Neurology (L Feuillet MD, J Pelletier PhD), and Department of Neurosurgery (H Dufour PhD), Faculté de Médecine de Marseille, Université de la Méditerranée, Assistance Publique hôpitaux de Marseille—Hôpital de la Timone, Marseille, France

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A 44-year-old man presented with a 2-week history of mild left leg weakness. At the age of 6 months, he had undergone a ventriculoatrial shunt, because of postnatal hydrocephalus of unknown cause. When he was 14 years old, he developed ataxia and paresis of the left leg, which resolved entirely after shunt revision. His neurological development and medical history were otherwise normal. He was a married father of two children, and worked as a civil servant. On neuropsychological testing, he proved to have an intelligence quotient (IQ) of 75: his verbal IQ was 84, and his performance IQ 70. CT showed severe dilatation of the lateral ventricles (figure); MRI revealed massive enlargement of the lateral, third, and fourth ventricles, a very thin cortical mantle and a posterior fossa cyst. We diagnosed a non-communicating hydrocephalus, with probable stenosis of Magendie's foramen (figure). The leg weakness improved partly after neuroendoscopic ventriculocisternostomy, but soon recurred; however, after a ventriculoperitoneal shunt was inserted, the findings on neurological examination became normal within a few weeks. The findings on neuropsychological testing and CT did not change.



*Figure*: Massive ventricular enlargement, in a patient with normal social functioning

(A) CT; (B, C) T1- weighted MRI, with gadolinium contrast; (D) T2-weighted MRI. LV=lateral ventricle. III=third ventricle. IV=fourth ventricle. Arrow=Magendie's foramen. The posterior fossa cyst is outlined in (D).



http://co3.ulb.ac.be