REVIEW SUMMARY

RADIOCARBON

Radiocarbon: A key tracer for studying Earth's dynamo, climate system, carbon cycle, and Sun

T. J. Heaton*, E. Bard, C. Bronk Ramsey, M. Butzin, P. Köhler, R. Muscheler, P. J. Reimer, L. Wacker

BACKGROUND: Radiocarbon (¹⁴C) has long been recognized as providing an essential dating method covering the past 55,000 years. However, the further role of ¹⁴C as a diagnostic tracer throughout the Earth and climate system is often less widely appreciated. Radiocarbon is formed by cosmic particles and then dispersed across multiple Earth system compartments. Consequently, accurate knowledge of past ¹⁴C levels directly enables new discoveries and provides connections across broad research areas. We present recent advances in knowledge of past ¹⁴C and the resulting insights that improve our understanding of climate processes, solar activity, geophysics, and the carbon cycle. Measurements providing improved resolution in the variations of ¹⁴C enable us to learn more about how these system components operate and interact.

ADVANCES: Recent years have seen a revolution in our ability to reconstruct detailed records of ¹⁴C. Advances include an explosion in measurements of single-year samples made possible by accelerator mass spectrometry (AMS) instrumentation; new detail of pre-Holocene ¹⁴C levels through use of speleothems, lake macrofossils, and subfossil trees; and improved modeling of marine radiocarbon reservoir ages to incorporate carbon cycle changes. Combined with advanced statistical methods, these developments have allowed the IntCal working group to estimate ¹⁴C levels with unprecedented accuracy for the Northern and Southern hemispheres, as well as the surface ocean, back to the limit of the technique ~55,000 years ago.

Accompanying this, interdisciplinary studies have provided a new framework in which to use such comprehensive ¹⁴C estimates. From the climate perspective, ¹⁴C provides not only a chronology in which to place and compare diverse paleoclimate records, but also constraints on key climate forcings, such as solar variations, and changes in the carbon cycle.

Radiocarbon production is modulated by magnetic properties of the solar wind, leading to lower production during phases of high solar activity, and making atmospheric 14C a mirror of solar activity. Conversely, brief ¹⁴C production maxima have recently been identified and attributed to short-term solar energetic particle bursts. Comparisons of ¹⁴C with other cosmogenic isotopes, such as ¹⁰Be and ³⁶Cl in polar ice cores, allow substantial progress in documenting past behavior of the Sun, previously poorly understood by astronomers. These recent astrophysical discoveries are important beyond academia because rapid solar and space weather events could severely damage current technology.

Radiocarbon also enables insight into Earth's magnetic field, from the near-reversal of the Laschamps geomagnetic excursion through to smaller perturbations including the drop over recent centuries. Again, comparison with other cosmogenic isotopes provides key inferences concerning paleomagnetic variations, which are still difficult to simulate with geodynamo models.

Finally, ¹⁴C offers increased understanding of the carbon cycle and its feedbacks and responses to climate change. Radiocarbon permits the identification of CO₂ fluxes such as the release of permafrost carbon. It also enables insight into the ocean's role in climate change via estimation of changes in the residence time of the carbon within it, and changes in the meridional overturning circulation during abrupt climate events.

OUTLOOK: Harnessing ¹⁴C's full potential involves addressing some key challenges. Current reconstructions of environmental ¹⁴C levels beyond the most recent 14,000 years rely on a synthesis of measurements, most of which only indirectly record atmospheric levels. The search continues for a fully atmospheric reconstruction extending back 55,000 years with sufficient resolution. Such a development would greatly enhance our ability to independently test and validate climate and carbon cycle models.

Additionally, whereas many periods of the record are now annually resolved, in other periods the temporal resolution is much coarser. A continuous annual atmospheric ¹⁴C record would enable examination of long-term trends in solar activity and provide insight into the nature and frequency of shorter-lived space weather events.

Further, accompanying improvements in our records of other cosmogenic nuclides and paleomagnetic reconstructions, in combination with modeling advances, will allow identification of key feedbacks within our Earth and climate system. This will elucidate causal chains and permit testing of key hypotheses, resulting in improved predictions of climate change.

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Knowledge of past ¹⁴C levels provides insight into solar activity, the geodynamo, and the carbon cycle. It also enables the synchronized dating of key environmental records that are fundamental for the study of climate. As our estimates of past ¹⁴C variation become more detailed and precise, we improve our understanding of the Earth and climate system.



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Radiocarbon: A key tracer for studying Earth's dynamo, climate system, carbon cycle, and Sun

T. J. Heaton¹*, E. Bard², C. Bronk Ramsey³, M. Butzin⁴, P. Köhler⁴, R. Muscheler⁵, P. J. Reimer⁶, L. Wacker⁷

Radiocarbon (¹⁴C), as a consequence of its production in the atmosphere and subsequent dispersal through the carbon cycle, is a key tracer for studying the Earth system. Knowledge of past ¹⁴C levels improves our understanding of climate processes, the Sun, the geodynamo, and the carbon cycle. Recently updated radiocarbon calibration curves (IntCal20, SHCal20, and Marine20) provide unprecedented accuracy in our estimates of ¹⁴C levels back to the limit of the ¹⁴C technique (~55,000 years ago). Such improved detail creates new opportunities to probe the Earth and climate system more reliably and at finer scale. We summarize the advances that have underpinned this revised set of radiocarbon calibration curves, survey the broad scientific landscape where additional detail on past ¹⁴C provides insight, and identify open challenges for the future.

adiocarbon (¹⁴C) is well known for providing chronologies and age estimates through radiocarbon dating, a technique first developed by Libby (*I*). However, its importance extends much further, allowing us to probe the fundamental relationships between multiple compartments of the Earth and climate system. It also provides a long-term perspective on past solar activity.

Excluding anthropogenic sources connected with nuclear research, industry, and weapons testing after 1940, ¹⁴C is predominantly produced in the upper atmosphere by a chain of reactions started by incoming galactic cosmic rays. The intensities of these rays, and hence ¹⁴C production rates, are spatially and temporally modulated by the Sun and Earth's magnetic field. Occasional substantial ¹⁴C production can also occur during extreme solar storms via highly energetic solar particles. After production, ¹⁴C is oxidized to ¹⁴CO₂ and redistributed through the carbon cycle (Fig. 1). Consequently, knowledge of past ¹⁴C levels in the various oceanic and terrestrial carbon reservoirs helps to quantify processes in astrophysics, geophysics, and biogeochemistry, with implications for climate science. This approach is enhanced when

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¹⁴C is considered alongside other cosmogenic nuclide records and recent advances in Earth system modeling.

This review focuses on pre-1950 levels of ¹⁴C and their nonanthropogenic influences. We do not discuss the post-1950 spike in ¹⁴C levels due to nuclear weapons testing (2), which has provided insight into both carbon transport and biology (3). Similarly, we do not discuss in detail the dilution of atmospheric ¹⁴CO₂ caused by the burning of ¹⁴C-free fossil fuel and cement production since the industrial revolution (4), the continuation of which will introduce future ambiguity in identifying the calendar ages of Holocene samples via radiocarbon dating (5). Regional measurement of this "Suess effect" allows estimation of local industrial CO₂ emissions (3).

Estimates of pre-1950 atmospheric and mean surface ocean ¹⁴C levels are provided by the International Calibration (IntCal) Working Group, which regularly collates ¹⁴C measurements on samples of known, or independently estimated, calendar age from a range of archives including tree rings, lacustrine and marine sediments, speleothems, and corals. These archives are assessed for quality control and integrated to provide the IntCal set of calibration curves. The latest IntCal calibration curves, released in 2020, comprise IntCal20 for the Northern Hemisphere (NH) atmosphere (6), SHCal20 for the Southern Hemisphere (SH) atmosphere (7), and Marine20 (8) for the surface oceans.

Recent interdisciplinary advances—including the ability to measure ¹⁴C efficiently in very small samples such as single tree rings (9), the availability of many new archives including those covering the last glacial period (10), and improved modeling (8, 11, 12)—provide new levels of accuracy, precision, and detail in the IntCal20 set of curves when compared to the previous IntCal13 estimates (13, 14). Consequently, there are new opportunities for using ¹⁴C to study the behavior of both the Sun and Earth's dynamo, undertake better absolute dating and synchronization of paleoclimate records, and obtain new insight into the carbon cycle and climate system.

When discussing ¹⁴C, calendar ages are expressed as cal BP (calendar years before present, defined as 1950 CE). Δ^{14} C denotes the (age-corrected) ¹⁴C/¹²C ratio compared to a standard, thereby showing relative changes in the ¹⁴C/¹²C ratio (*15*).

Recent improvements in our understanding of past $^{\rm 14}{\rm C}$

Tree rings: AMS evolution and annual resolution

Measurements of tree-ring sequences, independently dated by dendrochronology, are the gold standard for the reconstruction of past atmospheric ¹⁴C levels. The availability of new archives, as well as the higher capacity of newgeneration accelerator mass spectrometry (AMS) (16, 17), have enabled a rapid expansion in the availability of such data. We can now provide a precise estimate of NH atmospheric ¹⁴C from 14,000 to 0 cal BP solely from tree rings. This estimate draws on 9211 ¹⁴C measurements on tree rings of known age dated by either ring width or isotope dendrochronology extending from 12,308 to 0 cal BP, and on 1498 measurements on older tree rings for which calendar ages are estimated on the basis of 14C matching (18-20).

AMS has also enabled precise measurement of much smaller samples. Older decay counting methods require several grams of wood for a high-precision ¹⁴C measurement, typically limiting resolution to 10-year blocks. AMS is now able to provide similar precision but with only a few milligrams of material (9). This allows efficient and accurate measurement of ¹⁴C in single growth rings, giving insight into short-term (annual) fluctuations in ¹⁴C production (21).

Almost half (4952) of the tree-ring ¹⁴C measurements used to construct the IntCal20 NH estimate, covering 2731 individual calendar years, relate to determinations of single growth rings. Particular examples where annualresolution ¹⁴C data have provided new insight include the sharp sudden spikes in ¹⁴C production (Fig. 2B) in 774–775 CE (22) and 993–994 CE (23) caused by extreme solar proton events (SPEs) (24) and the extension into the Younger Dryas (Fig. 2C), a critical period of late-glacial climate change (19, 20).

The number of laboratories providing reliable ¹⁴C measurements has also increased, with 20 laboratories submitting data for the IntCal20 curves, reducing the previous reliance on datasets from single laboratories and associated dangers of systematic bias. The use of multiple

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Fig. 1. The production and subsequent distribution of ¹⁴**C and other cosmogenic radionuclides throughout the Earth system.** Production of ¹⁴C and other cosmogenic nuclides (such as ¹⁰Be and ³⁶Cl) occurs mainly in the stratosphere and upper layers of the troposphere driven by incoming galactic cosmic rays. Whereas the galactic cosmic ray flux is assumed to be constant and isotropic, nuclide production rates are spatiotemporally modulated by magnetic shielding influenced by both the Sun's activity and the strength of Earth's magnetic field. Further nuclide production can result from the release of solar energetic particles during extreme solar storms. After production, the nuclides are dispersed through the Earth system. In the case of ¹⁴C, this dispersal

occurs via the carbon cycle, resulting in different ratios of ^{14}C to stable ^{12}C in its various oceanic and terrestrial compartments; the blue color scale shows the approximate $^{14}\text{C}/^{12}\text{C}$ ratios relative to the northern troposphere. Past levels of radionuclides are recorded in a range of archives. For ^{14}C these archives include tree rings, stalagmites, corals, and lacustrine and marine sediments containing foraminifera; ^{10}Be and ^{36}Cl are recorded in ice cores and sediments. Measurements of ^{14}C levels over time in the different carbon cycle compartments, in combination with measurements of other cosmogenic nuclides, inform us about changes to the climate system and carbon cycle processes and provide insight into the Sun and the geodynamo.

laboratories has enabled interlaboratory comparisons to improve the accuracy of $^{14}\mathrm{C}$ measurements (25, 26).

Extending the NH atmospheric $^{14}\mathrm{C}$ estimates back to 55,000 cal BP

Further back in time, beyond 14,000 cal BP, insufficient tree-ring measurements exist to precisely estimate the levels of ¹⁴C from these samples alone. Instead, we must rely on combining data from a wider range of archives. The backbone of the IntCal20 ¹⁴C estimate in this older time period is provided by three stalagmites from Hulu Cave, China (10, 27). These stalagmites provide a continuous ¹⁴C record consisting of measurements at more than 400 unique (albeit imprecisely known) calendar ages, extending from 54,000 to 13,900 cal BP. They provide new insight into ¹⁴C levels before 30,000 cal BP, in particular around the Laschamps geomagnetic excursion (~41,000 cal BP; Fig. 2A). These data are augmented by additional ¹⁴C determinations from terrestrial macrofossils and foraminifera found in lake and ocean sediments, corals, and stalagmites from other locations (6).

We have also begun to find tree-ring sequences from before 14,000 cal BP for which relative internal ages are known by ringcounting but absolute ages are not (28-30). Radiocarbon measurements from these socalled "floating" sequences can be combined with the other archives to add resolution and detail to the NH estimate, as well as to enable assessment of modeling assumptions. In particular, three floating tree-ring sequences now cover the last deglaciation between 14,900 and 14,100 cal BP, revealing previously unseen ¹⁴C variations during this key warming period (*28*).

All these older data are more complicated because their calendar ages are estimated rather than precisely known. In the case of corals and stalagmites, these estimates are provided by uranium-thorium (U-Th) dating. Some of the sediment ¹⁴C archives can be provided with a relative calendar age chronology by lavercounting their annual varves (31-33). Other sediment archives (6) are provided with calendar age estimates by tuning abrupt climate shifts seen in their various proxies to highresolution δ^{18} O also recorded in the Hulu Cave stalagmites (34). Taking evidence for globally synchronous timing of the selected rapid paleoclimatic changes (35) into account, this allows transferral of calendar age information from Hulu Cave's U-Th time scale.

The necessity of including stalagmite and marine archives introduces further complexity because, unlike wood or terrestrial macrofossils in lake sediments, these archives do not record atmospheric ¹⁴C directly. Stalagmites contain carbon from a range of sources includ-

ing a "dead carbon fraction" from ancient limestone and soil carbon, which is devoid or depleted of ¹⁴C. Marine ¹⁴C records are also depleted relative to the contemporaneous atmosphere, as a consequence of the time it takes to exchange ¹⁴CO₂ at the ocean surface and mixing/exchange with "old" carbon from the ocean interior. To use these archives to construct an atmospheric ¹⁴C record, adjustment for this depletion must be performed. The dead carbon fraction within a speleothem is estimated by comparing its ¹⁴C depletion against ¹⁴C from dendrochronologically dated tree rings, whereas marine depletion can be estimated by the same approach and computer simulations (12). In total, the current IntCal20 estimate of NH ¹⁴C from 55,000 to 14.000 cal BP draws upon measurements from more than 1900 unique calendar ages.

Combining the diverse ¹⁴C archives to estimate past NH atmospheric levels

The varied ¹⁴C archives are carefully synthesized, recognizing their individual characteristics and potentially uncertain calendar ages, to provide a robust and reliable hemisphericaverage estimate. A Bayesian spline regression approach is taken, incorporating expert prior information where available (*11*). This provides a set of complete posterior ¹⁴C realizations, each representing a plausible ¹⁴C history.



Fig. 2. IntCal20 Northern Hemisphere estimate of atmospheric ¹⁴C variations (expressed as Δ^{14} C) over the past 55,000 years compared with the previous IntCal13 estimate. The additional ¹⁴C detail in the IntCal20 curve is due to the availability of new archives, combined with recent advances in measurement, statistical modeling, and computer simulation. (**A**) A plot of the posterior mean (solid line) and 2σ credible interval (shaded area) of the curves. Note in particular the large increase in Δ^{14} C identified in IntCal20 around the Laschamps geomagnetic excursion (~41,000 cal BP) observed in Hulu Cave. (**B**) The 774–775 CE event (1176–1175 cal BP) (22) showing the sharp increase in

These realizations allow access to covariance information on ¹⁴C levels in adjacent years for use in subsequent modeling studies, or they can be summarized to provide pointwise estimates and probability intervals in any given year (Fig. 2).

This approach to curve construction retains the critical detail and high-frequency variations needed to unlock the full interrogative potential of ¹⁴C from the large volume of finely resolved tree-ring data from 14,000 to 0 cal BP. However, from 55,000 to 14,000 cal BP, only a coarser-scale estimate is possible because of the sparser and less direct nature of the diverse archives used, together with their uncertain calendar ages. Radiocarbon features seen within multiple archives are identified and maintained while ensuring that individual outlying measurements, which may not provide an accurate atmospheric reconstruction, do not overly influence the estimate. Consequently, from 55,000 to 14,000 cal BP-a period containing important changes to both the carbon and climate systems—only the lower-frequency components of the ¹⁴C signal are identifiable. Higher-frequency signals, which could be key to fully understanding the processes by which these changes occurred, cannot currently be resolved and await recovery of new archives through ongoing and future fieldwork.

Obtaining SH atmospheric and global surface-ocean ¹⁴C estimates

Also available are 2094 ¹⁴C determinations on SH tree rings; these data enable the study of the variable ¹⁴C gradient between the NH and SH, which is likely a result of the greater expanse of the oceans and higher air-sea CO_2 flux in the SH. However, fewer than 15% are determinations of single growth rings, limiting our ability to identify small interhemispheric ¹⁴C-gradient changes. Further, their calendar-age coverage is uneven, and independent estimates of atmospheric SH ¹⁴C levels are available only in four distinct periods:

 $\Delta^{14}C$ identified with the annual data of IntCal20. This event was not observed in the lower-resolution IntCal13. Shown are a sample of individual posterior IntCal20 curve realizations that enable a user to access covariance information (variously colored lines), the summarized posterior mean (solid blue line), and the 2σ credible interval (shaded blue). (**C**) The extension of annually resolved data into the Younger Dryas provides a much more detailed ^{14}C estimate during a key period of climate change than was available with the IntCal13 curve. Individual IntCal20 curve realizations are plotted (variously colored lines) together with the posterior IntCal13 and IntCal20 means and 2σ credible intervals.

2140–0, 3520–3453, 3608–3590, and 13,140– 11,375 cal BP (20). Outside these periods, the interhemispheric ¹⁴C gradient is statistically modeled to construct a SH estimate extending from 55,000 to 0 cal BP (7).

A computer model-based estimate for ¹⁴C levels in the global-average surface ocean (8) has also been constructed. This is based on a Monte Carlo ensemble of model runs driven by individual atmospheric IntCal20 ¹⁴C realizations, CO₂ reconstructions from ice core records, and prior estimates for both air-sea CO₂ exchange and ocean circulation. It simulates large-scale changes in ocean surface ¹⁴C due to paleoclimatic and ¹⁴C production rate changes, and enables users to distinguish regional ¹⁴C ocean effects from variations due to such global changes (*36*).

Radiocarbon and the Sun

Changes in solar activity have the potential to generate direct impacts on Earth, notably on climate. Solar storms can also cause serious harm to telecommunications, navigation systems, air and space travel, and electrical power grids. Systematic solar activity measurements started in the early 17th century when observations of sunspots with telescopes began (*37*). For the past century, the sunspot record has been complemented with other instrumental records from ground-based observatories, space probes, and satellites. However, these shortterm instrumental records are insufficient for a complete understanding of the Sun, its magnetohydrodynamical behavior, and predictions on the full range of solar variability.

Cosmogenic radionuclide records, such as 14 C and 10 Be, provide the best "proxy" data for extending solar activity reconstructions beyond the period of instrumental measurements. Such extensions are needed to investigate longer-term solar variations and cycles that likely have most climatic importance (*38–41*).

Studies of ¹⁴C and other cosmogenic nuclides have also revealed massive past releases of solar particles in SPEs that exceed known solar storms of the instrumental era by an order of magnitude (22–24, 42). If repeated today, such events have the potential to catastrophically damage current communications, power, and satellite systems. Understanding the size and frequency of these huge solar storms is needed to mitigate their future risk. Radionuclide records provide the greatest potential to do so.

Probing solar cycles

During periods of high solar activity, a stronger solar magnetic shielding of galactic cosmic rays in the heliosphere leads to lower radionuclide production on Earth, and vice versa. This modulation of the radionuclide production rate by solar activity is well illustrated by comparison of radionuclide records and sunspot number observations over the past four centuries (Fig. 3) and can be modeled quantitatively (43, 44).

The geochemical behavior of radionuclides from production to deposition does, however, complicate their interpretation. As a result of efficient mixing, atmospheric ¹⁴C is not prone to large climatic impacts or weather noise on shorter (annual to decadal) time scales. However, atmospheric ¹⁴C has the disadvantage that short-term variations due to the 11-year solar cycle (21) are damped because of the carbon cycle (45). In contrast, the shorter atmospheric residence times of ¹⁰Be and ³⁶Cl largely preserve their cyclic 11-year variability in ice cores, but weather and climate influences on the transport and deposition add noise. Further, the relative geomagnetic modulation of cosmogenic production is maximized at the equator, whereas the solarinduced production variation is maximized at the poles. Although most production occurs in the stratosphere and is characterized by

Fig. 3. Direct and indirect data on past changes in solar activity.

(A) A reconstruction of the solar shielding of galactic cosmic rays based on neutron monitor measurements (129). (B) Group sunspot number reconstruction (48). (C) The IntCal20 NH Δ^{14} C estimate (mean $\pm 2\sigma$) (6). It mirrors the ups and downs in solar activity and shows the "14C Suess effect" (i.e., the decrease of atmospheric ¹⁴C in relation to the stable ¹²C that began at the start of the industrial revolution in 1850 and is due to the massive release of ¹⁴C-free CO₂ from the burning of fossil fuel) (4). (**D**) Annual ¹⁰Be data (130) show considerable weather noise but have a better potential to preserve the amplitude of the variations (±20%) connected to the 11-year solar cycle and show the cycle's influence on the shielding of galactic cosmic rays. The gray bands show the period of the Maunder minimum around 1700, the Dalton minimum around 1800, and the shorter period of low solar activity around 1900.



intense horizontal mixing and relatively long residence times, any deviation from complete homogeneous atmospheric mixing would affect the relative amplitudes of the geomagnetic and solar signals embedded in ¹⁰Be and ³⁶Cl ice-core records.

Longer-term radionuclide records over the Holocene reveal additional cyclic changes; the most prominent are the 207-year "de Vries" and 88-year "Gleissberg" cycles (46). Because ¹⁴C and ¹⁰Be records largely agree on these time scales (47), we can attribute common variation to production rate changes. Their solar origin is supported because there is no evidence of sufficiently large and rapid geomagnetic field changes to explain such centennial-scale cyclic changes. Further, the Maunder minimum, a 70-year period (1650 to 1715 CE) characterized by an almost complete lack of observable sunspots and coinciding with the middle of the Little Ice Age (37, 48), can be regarded as one of the latest expressions of the de Vries cycle (Fig. 3).

Radiocarbon and ¹⁰Be-based solar activity records allow reconstruction of solar irradiance variations used as inputs to global climate models alongside other natural (e.g., volcanic aerosols) and anthropogenic forcings (e.g., emissions of CO₂ and other greenhouse gases). The first attempt (40) was used for the IPCC AR4 report. These solar forcing curves have been improved through the use of complex models relating the ¹⁰Be and ¹⁴C records to solar irradiance to provide common inputs (49) for the IPCC AR5 and AR6 climate models.

Radionuclides also suggest a possible bundling of periods of low solar activity with a quasi-periodicity of ~2000 to 2500 years and potentially far-reaching effects on climate (50). However, very little is known about changes in solar activity with such long periodicities. Tree-ring ¹⁴C records and ice-core ¹⁰Be records do not agree well on time scales of 1000 years and longer, even after correcting for geomagnetic field influences and the different geochemical behavior (47). This could be a consequence of unknown carbon cycle effects on ¹⁴C, climate effects on ¹⁰Be transport and deposition, or uncertainties and biases within the paleomagnetic/ archaeomagnetic reconstructions used to correct the ¹⁴C and ¹⁰Be signals. Until these effects are resolved, inferences about solar activity changes on millennial or longer time scales remain speculative.

Higher-resolution and better-quality ¹⁴C data offer great potential to improve studies on solar

activity changes into the last ice age. This longer-term perspective might be crucial because memory effects due to the carbon cycle could affect atmospheric ¹⁴C long into the Holocene (*51*) and bias solar activity reconstructions. In parallel, improvements in the quality and resolution of ¹⁰Be measurements in ice cores provide the opportunity to study solar cycles several hundred thousand years in the past (*52*).

Massive solar proton events

The Sun also generates solar cosmic rays– energetic particles emitted from active regions on the surface of the Sun or accelerated in so-called coronal mass ejections. Study of solar storms during the instrumental period suggests that solar particles might increase the annual radionuclide production rate by only a few percent (53), far too small to have an effect on the smoothed atmospheric ¹⁴C levels or to be reliably detected in noisy ¹⁰Be and ³⁶Cl records.

However, past ¹⁴C records identify substantial interannual spikes, most clearly during an event where atmospheric ¹⁴C increased by 1.2% over the year 774–775 CE (22). Considering the smoothing effect of the carbon cycle, this indicates a huge spike in ¹⁴C production, generating almost four times the average yearly production. This cannot be explained by lower solar shielding of galactic cosmic rays. Co-occurring ¹⁰Be and ³⁶Cl spikes in ice cores allow the robust attribution of this event to one or several successive massive SPEs (24).

Subsequent high-resolution studies of cosmogenic radionuclide records have enabled the identification of additional SPEs, such as 993– 994 CE (23) and ~660 BCE (42), and a more detailed understanding of their nature (54). These SPEs not only provide evidence of the Sun's potential to produce extreme events; their unique global signature also offers the potential to precisely synchronize, to annual precision, climate records from tree rings and ice cores (55).

Radiocarbon and the geodynamo

The magnetic field observed at Earth's surface is generated by turbulent convective flows of an electrically conducting iron-nickel fluid in Earth's outer core, a process known as the geodynamo. Since Gauss's first measurements in the mid-19th century, the intensity of the geomagnetic field has continuously decayed; it is now almost 10% weaker than in 1840 CE (56). This recent evolution is unexplained and must be considered in the context of longerterm geodynamics. Documenting temporal variations in the intensity of the geomagnetic field is fundamental for understanding the dynamics of Earth's deep interior and the evolution of the Earth system.

Reconstructions of the past geomagnetic field intensity can be obtained from various archives. Thermoremanent magnetization of volcanic rocks and archaeological archives (e.g., baked clays) provides absolute field intensities (57, 58) but represents sporadic recording of the local and instantaneous, rather than global dipolar, field. By contrast, detrital remanent magnetization of marine and lacustrine sediments provides continuous records, which average short-term deviations. However, sediments provide only a relative estimate of the geomagnetic field. They must be normalized and calibrated to the present-day dipole intensity or absolute values for past periods based on volcanic or archaeological archives (59-61). Further, the geomagnetic field is fossilized at some depth below the sedimentwater interface (lock-in depth), leading to stratigraphic and dating uncertainties. Biases can also be introduced as a result of changes in the sediment composition, notably its magnetic mineral content.

Reconstructions of geomagnetic paleointensity over the past 100,000 years (62) using

these two sets of archives are characterized by high-amplitude variations, most notably the Laschamps geomagnetic excursion (~41,000 cal BP) (63). However, these reconstructions exhibit large uncertainties that impede the accurate estimation of the duration of excursions, the transitional trends into and out of excursions, and any rapid variations during the excursions themselves. These uncertainties hinder precise testing of magnetohydrodynamic models (64). Further progress is dependent on both advances in numerical modeling and improvements to the paleomagnetic database.

Radiocarbon and other cosmogenic nuclides also provide constraints on geomagnetic field intensity variations via integration of their production rates over the whole Earth (*65*, *66*). Periods characterized by weak magnetic shielding lead to increases in nuclide production (*67–70*). The largest anomaly in the atmospheric Δ^{14} C record, from 42,000 to 39,000 cal BP (Fig. 4), corresponds to the Laschamps geomagnetic excursion. This excursion also sees enhanced ¹⁰Be and ³⁶Cl deposition in Antarctica and Greenland ice cores (*69*, *71*, *72*) and



Fig. 4. Comparison of the IntCal20 atmospheric Δ^{14} C estimate with paleomagnetic and cosmogenic radionuclide model–based reconstructions. The measurement-based IntCal20 (blue) is shown alongside Bern3D model–based Δ^{14} C reconstructions for which ¹⁴C production rates were calculated using geomagnetic field intensity (orange and brown) and ¹⁰Be (purple) (75). Clear divergences are seen in the size of the atmospheric Δ^{14} C rise corresponding to the Laschamps geomagnetic excursion (shaded area from 42,000 to 40,000 cal BP) between the IntCal20 estimate and the paleomagnetic and ¹⁰Be-based reconstructions. The differences extend to the beginning of the Holocene. The paleomagnetic reconstructions are based on the Global Paleointensity Stack (GLOPIS) (76) and a high-resolution combination of measurements from the Black Sea (61). The ¹⁰Be reconstruction is based on a combination of radionuclide data from different ice cores including GRIP and GISP (77). All model-based reconstructions, it is not possible to conclude whether the differences from the measurement-based IntCal20 atmospheric Δ^{14} C estimate are due to limitations and uncertainties in the paleomagnetic and ¹⁰Be reconstructions of ¹⁴C production rate, or to a lack of knowledge in the ¹⁴C cycle during the last glacial period.

a prominent ¹⁰Be peak in marine sediment records (73, 74).

Although comparisons of ¹⁴C, ¹⁰Be, and ³⁶Cl with paleomagnetic intensity records exhibit several correspondences, agreement remains far from optimal. Most notably, during the Laschamps geomagnetic excursion (Fig. 4), the atmospheric Δ^{14} C rise between 46,000 and 41,000 cal BP is ~600‰ (6), twice the amplitude predicted by paleomagnetic and cosmogenic radionuclide reconstructions (*10, 61, 75–77*). This suggests serious weaknesses in existing paleorecords or in our understanding of the relationships between these geophysical and geochemical parameters.

A large discrepancy between different cosmogenic nuclides is also observed between 30,000 and 18,000 cal BP. Here, atmospheric Δ^{14} C stays above 400‰, whereas a polar ¹⁰Be ice record and the mean of the geomagnetic reconstructions indicate a reduction in cosmogenic nuclide production rates that should have led to Δ^{14} C values lower than 200‰ (75). This discrepancy could be due to major carbon cycle changes during the last glacial period (67, 69, 75, 78). However, interpretation remains challenging because of the spread of paleomagnetic-based Δ^{14} C reconstructions (75). Additionally, ¹⁰Be compiled from marine sediments (73, 79) provides better agreement with ¹⁴C, leaving less room for a long-term impact of the carbon cycle (80).

Radiocarbon and synchronization of records

Study of past environmental changes is reliant on combining information from a range of records on diverse aspects of the Earth system. These include not only climate variables such as temperature and rainfall, but also information on plant, animal, and human responses, habitat shifts, and long-term evolution. Each different record has its particular strengths, but their optimal use requires that they be placed on a time scale. However, various different time scales exist and the resultant chronological uncertainties can be considerable. This limits inference when multiple records need to be compared.

There is always the temptation to assume that changes seen in different records are synchronous, but this risks circularity if we are interested in possible leads and lags in the Earth and climate system that could inform on processes of change (*B1*). We therefore need methods of comparing records that depend on variables that we have good reason to consider globally synchronous.

Particularly key for study of the past 55,000 years are the ¹⁴C-based time scale and the various ice-core chronologies. The common stratospheric production of cosmogenic isotopes provides a powerful method for their synchronization. For both ¹⁴C and ¹⁰Be, while production is greatest near the

poles, intense horizontal mixing and relatively long residence times (82) mean that changes in production rates, including annual spikes from SPEs, will be visible in the ¹⁴C record of both hemispheres and ¹⁰Be deposited in ice cores in both polar regions.

As explained previously, although the two nuclides cannot be compared directly (Fig. 3), we can model variations in ¹⁴C levels from the production rate variations seen in ¹⁰Be. Match-ing common structure in the ¹⁰Be and ¹⁴C signals makes synchronization of ¹⁴C-based chronologies with the ice core time scales possible. During the Holocene, where highresolution dendrochronologically dated ¹⁴C measurements are available, it is possible to pick up very fine structure and obtain synchronization with uncertainties of just a few years (83); for SPEs, annual precision is achievable (55). For earlier periods, synchronization is limited to larger excursions in the signal due to potentially confounding effects of carbon cycle changes, dating uncertainties, and lower data quality and resolution. Here, synchronization is also more uncertain and precision is closer to being centennial (77).

Both the radiocarbon and ice-core chronologies have their strengths: Ice cores have very good internal relative precision in terms of the time gaps between succeeding events; the ¹⁴Cbased time scale has more precise absolute age control through both dendrochronology and U-Th dating methods. For this reason, neither time scale is currently used to correct the other, but rather a time-transfer function is used to convert one to the other. with associated uncertainties (77, 83, 84). Given the methods used for construction of the radiocarbon calibration curves (see above), the fundamental time scale underlying calibrated radiocarbon dates is dendrochronology from 14,000 to 0 cal BP, and prior to 14,000 cal BP is largely based on the highest resolution and accuracy provided by the U-Th chronology of the Hulu Cave speleothems (10, 27).

Radiocarbon calibration, potentially in combination with deposition modeling (*85–87*), enables further environmental records to be synchronized onto this same ¹⁴C-based time scale. With new high-resolution ¹⁴C data, it is possible to get calibrated chronologies for treering series approaching annual resolution, especially in those places where we have abrupt signals from SPEs. More typically, for records such as sedimentary deposits, decadal- to centennial-scale resolution is possible, except in the case of marine sediments where uncertainties in marine reservoir effects often limit our ability to synchronize records on the basis of radiocarbon alone.

Through the combined use of ¹⁴C and ¹⁰Be, it is possible to construct a synchronization framework to cover a broad range of environmental and archaeological records spanning the past 55,000 years (Fig. 5). This framework can be further enhanced with other methods. Between ice cores, the annual counting chronologies can be tied together using volcanic stratigraphic markers such as volcanic ash shards (tephra) or sulfur maxima (55, 88-94). Analysis of trace quantities of CH₄, another global signal, trapped within the ice (95, 96) allows further synchronization of these icecore chronologies. On a coarser scale, geomagnetic excursions such as the Laschamps allow linkages to longer Quaternary chronologies such as U-Th-dated speleothems (10, 77). However, these other synchronization techniques are limited to very specific time periods. The keystone of the framework remains the ¹⁴C-based time scale, which provides the continuous metric that can serve as the basis for studying changes over the Holocene and much of the last glacial period.

Radiocarbon and the carbon cycle

The global carbon cycle plays a crucial role in our climate system. Changes to the carbon cycle affect the concentration of atmospheric CO_2 , a key greenhouse gas and the main driver of current climate change. Since 1850 CE, the carbon cycle has removed nearly 60% of the anthropogenic CO₂ emissions from the atmosphere and stored them away in the ocean and terrestrial biosphere reservoirs (97). Understanding the potential for responses and feedbacks of the carbon cycle, and consequently changes to this CO_2 sequestration, is therefore critical for future climate projections. Past changes to the carbon cycle are, however, far from completely understood. Although ice core-based atmospheric CO2 reconstructions (98) are available, the changes they show await detailed explanation. Because ¹⁴C is dispersed via the carbon cycle after production, it can act as a unique tracer to help investigate.

On the 55,000 to 0 cal BP time scale relevant to ¹⁴C, the dominant roles in the carbon cycle are played by the ocean [with pre-industrial stores of ~37,000 petagrams of carbon (Pg C; $1 \text{ Pg} = 10^{15} \text{ g}$), the atmosphere (with ~280 ppm of CO_2 or ~600 Pg C), and the land carbon cycle (~4000 Pg C) (99). Land carbon consists of active carbon (~2400 Pg C) and inert carbon bound in permafrost soil (~1600 Pg C). Although small relative to the ocean stores, the role of this land carbon in determining atmospheric CO₂ cannot be neglected. From the Last Glacial Maximum to the preindustrial era, active carbon stores increased while inert carbon stores decreased (99), resulting in a net land carbon increase of 450 to 1250 Pg C (100).

The carbon cycle's reservoirs are characterized by different ${}^{14}C/{}^{12}C$ ratios related to their respective carbon exchange with the atmosphere. In measuring the ${}^{14}C$ content of fossil samples characterizing these reservoirs, we can reconstruct past carbon cycle changes. The





These synchronization methods can be used to enhance or replace climate-based tuning of chronologies. The central circle shows the records contained within the IntCal20 dataset and directly synchronized through the statistical processes involved in the compilation using ¹⁴C. Radiocarbon is also the primary method for relating terrestrial environmental and archaeological records to the primary IntCal ¹⁴C-based time scale. Variation in marine offsets means that other methods such as volcanic ash shards (tephra) and other event-based methods are normally used to synchronize marine records. The link to ice-core chronologies is provided by looking at the relationship between ¹⁰Be and ¹⁴C. Between ice cores, we can use a combination of local events and global signals, in particular CH₄, sulfur maxima, and ¹⁰Be. Volcanic tephra layers provide a check and give precise synchronization at specific points in the chronology; these can be found in sedimentary records, ice cores, and some archaeological sites.

interhemispheric ¹⁴C gradient can be studied by comparing ¹⁴C in subfossil trees collected in both hemispheres. Further, planktonic and benthic foraminifera, surface corals, and deepwater corals allow reconstructions of ¹⁴C gradients at different depths and locations of the world ocean. Probing ¹⁴C in terrestrial organic matter is more challenging because of the lack of large-scale exchanges between reservoirs and the intense mixing of carbon of different ages at local scale (e.g., in soils) (*101*).

Benthic-planktonic and benthic-atmospheric ¹⁴C differences have been used to constrain changes in mean ocean circulation. Recent research estimated an increase of ~700 ¹⁴C years in the average residence time of deep ocean carbon at the Last Glacial Maximum compared to the preindustrial era, which suggests that much of the reduction in atmospheric CO_2 levels seen in this glacial period may have been due to greater carbon storage in the middepth Pacific (102). However, some glacial marine ¹⁴C levels are so low that they suggest local influx of ¹⁴C-depleted hydrothermal CO₂ at particular sites (103, 104). Our understanding of highly depleted deep-ocean ¹⁴C data is therefore far from complete, requiring more data and the combination of climate- and process-based solid Earth models (105).

Most abrupt carbon cycle changes are identifiable by jumps in atmospheric CO₂. Across the last deglaciation, three events (~16,500, ~14,600, and ~11,500 cal BP) have been detected where CO₂ rose by more than 10 ppm in just 100 to 200 years (*106*). CO₂ behavior also changed at the onset of the Younger Dryas (~12,900 cal BP) when levels began to consistently increase after more than 1500 years of relative stability.

Marine data and box-model simulations attribute most centennial- and millennial-scale CO_2 changes in the past 70,000 years to ocean circulation, specifically invigoration or weakening of the Atlantic meridional ocean circulation and associated northward and southward shifts of the intertropical convergence zone (107, 108). Radiocarbon can shed further light on this. Recent ¹⁴C data suggest changes in the ¹⁴C interhemispheric gradient at the onset of the Younger Dryas (20) and reduced North Atlantic Deep Water formation rates (36). These temporal interhemispheric ¹⁴C-gradient changes and proposed ocean circulation changes need further understanding with high-resolution Earth system modeling.

The NH permafrost area was reduced by half across the last deglaciation (*109*), implying a massive permafrost thawing and related carbon release detectable by permafrost-specific

biomarkers in marine sediment cores bathed in runoff waters (110-115). Using ¹⁴C, the predepositional age of the permafrost carbon can be determined, helping to constrain sitespecific climate conditions in the catchment areas. Arctic permafrost thaw due to sea-level rise has been suggested as potentially responsible for the abrupt CO2 jumps around 14,600 cal BP, at the onset of the NH Bølling warming, and at 11,500 cal BP. As such thawing would have released large amounts of old (14Cdepleted) carbon, the contribution of permafrost can potentially be constrained by changes in atmospheric ¹⁴C levels (*111*, *116*). These two CO₂ jumps are accompanied by synchronous rapid jumps in methane. Because ¹⁴C measured in methane extracted from ice cores indicates no substantial methane releases from old carbon sources (117), it is possible that permafrost thaw may not be the only contributory process.

More detailed inference on climate-based changes to the ocean reservoir of the carbon cycle is available through ocean general circulation models. This is possible because the deep-sea ocean circulation time scale coincides with the ¹⁴C half-life. Typically, these models prescribe atmospheric ¹⁴C levels and focus on understanding its ocean dispersal, specifically the levels of oceanic ¹⁴C depletion. This depletion is location and time specific, and not only influenced by ocean circulation (Fig. 6). Variations in wind stress and sea-ice cover cause spatiotemporal differences in air-sea ¹⁴CO₂ exchange (118, 119). Glacialinterglacial variation in atmospheric partial pressure of CO₂ further affects this exchange (119, 120), while turbulent mixing within the ocean may also introduce 14C variations in the deep sea unrelated to ocean circulation changes (121).

Modern-day ¹⁴C measurements on seawater have been the primary means used to assess these ocean circulation models (*122*). However, incorporation of further constraints provided by marine ¹⁴C paleorecords holds promise to improve our understanding of the ocean's role in climate change and its response to rising atmospheric CO₂ (*118*, *123*). Unfortunately, this is complicated by the lack of resolution, among those global models that can run longterm simulations, near the ocean margins that provide the majority of ¹⁴C paleorecords (*124*, *125*). Global multiresolution models may provide a solution (*126*), ideally coupled with models of all other carbon cycle components.

Future work

Despite the developments in our understanding and use of ¹⁴C, considerable work still remains if we wish to harness its full potential as a tracer. This requires improvements to cosmogenic isotope and paleomagnetic records, as well as improved modeling techniques.



Fig. 6. Radiocarbon distributions in the past Atlantic. Depletion of dissolved ¹⁴C with respect to the contemporaneous atmosphere for meridional sections along 30°W at 21,000 cal BP (around the Last Glacial Maximum, top) and 42,000 cal BP (the onset of the Laschamps geomagnetic excursion, bottom) according to an ocean general circulation model (*12, 124*). This model was run from 55,000 cal BP to 0 cal BP, forced with IntCal20 atmospheric Δ^{14} C and ice core CO₂ (6). Each panel displays the median of nine simulations. Depletion is expressed in terms of ¹⁴C age. Low ¹⁴C concentrations translate to high ¹⁴C ages and vice versa. In both panels, the average ocean circulation is the same. The differences between 21,000 cal BP and 42,000 cal BP are instead due to changes in atmospheric Δ^{14} C levels in combination with different leads and lags between these atmospheric Δ^{14} C changes and their oceanic uptake and dispersal.

Improving our ¹⁴C estimates

Annual-resolution NH ¹⁴C measurements are currently available on less than 20% of the time scale back to 14,000 cal BP, and in some periods the underlying data remain sparse. Extending annual-resolution tree-ring ¹⁴C data would allow much longer-term research into past solar activity. Further, this would enable inference on the frequency and size of SPEs and potentially would provide a wider set of markers on which to precisely synchronize ¹⁴C and ice core records. Annual-resolution extensions to the SH ¹⁴C data sets would also help us to better understand the interhemispheric ¹⁴C gradient and constrain past air-sea CO_2 fluxes.

Additionally, open questions remain on potential intrahemispheric offsets in ¹⁴C due to differences in growing season, species, altitude, latitude, or location of the recording tree rings. Currently, deconvolution of these potential intrahemispheric influences is confounded by interlaboratory differences, which are typically of similar scale to any potential offsets (*18*). The current NH ¹⁴C record is predominantly reliant on trees from European oak and pine. An extension to other tree-ring records would be aided by the development of a broader set of dendrochronologically dated tree rings.

Most critically, we require a truly atmospheric ¹⁴C record extending back to 55,000 cal BP that also provides sufficient detail to reliably and precisely reconstruct the high-frequency component of the ¹⁴C signal. Extending annualresolution ¹⁴C records back before 14,000 cal BP would provide new information on Earth system processes in a very different climate regime. Further, it would enable ¹⁴C records that arise from different compartments of the carbon cycle, in particular the marine environment, to be used independently. This would improve our predictions and understanding of climate and carbon cycle changes through enhanced validation of relevant models.

Potential sources of such terrestrial ¹⁴C data include further macrofossil archives to add to those from Lake Suigetsu (*33*) and, ideally, the discovery of further floating tree-ring sequences. Both of these sources would, however, likely be complicated by the need to estimate their calendar ages. The most immediate hope for an extension perhaps lies in subfossil New Zealand kauri (*Agathis australis*) logs, which have been found to cover much of the ¹⁴C range, including the Laschamps geomagnetic excursion (*127*). Such logs, even though they would only provide information on SH ¹⁴C levels, would still offer unprecedented precision and resolution.

Improvements to other records and models

Extensions of ¹⁰Be and ³⁶Cl records to a wider range of archives would be valuable-in particular new polar ice cores, but also less used archives such as marine and lacustrine sediments, low-latitude glacier ice cores, and packrat middens (128). Special emphasis should be made to better understand the relationships among production signal, atmospheric transport and deposition, and the ¹⁰Be and ³⁶Cl concentrations in these archives. Radionuclide records obtained at different latitudes. combined with numerical modeling of their production and spread in the atmosphere, would enable checks that ¹⁰Be and ³⁶Cl records provide an accurate picture of the global solar and geomagnetic modulation. Work is required to resolve remaining differences and uncertainties in the relationships between the geomagnetic and heliomagnetic fields and absolute production rates of ¹⁴C, ¹⁰Be, and ³⁶Cl. These may be due to uncertainties in the galactic cosmic ray flux outside the heliosphere and the production cross sections for cosmogenic radionuclides.

Turning to the geodynamo, research is needed to improve databases on volcanic rocks and sediments, and to correct for the effects of non-dipolar components and various sources of blurring of individual paleomagnetic records (bioturbation, variable lock-in depth). Further, many paleomagnetic records based on marine sediments are not precisely dated, which could introduce biases when they are combined (stacked) to estimate global geodynamo changes. Improvements in carbon cycle modeling are also needed to better understand the differences that currently exist between measurement-based atmospheric $\Delta^{14}C$ estimates and model-based reconstructions using ¹⁴C production rates obtained from ¹⁰Be and paleomagnetic records.

Combined, such advances would provide a step-change in our ability to separate the geomagnetic, solar, and carbon cycle components of the ¹⁴C record. This would potentially permit detection of short-term geomagnetic events and the resolution of hypothesized long-term trends in solar activity and changes in the carbon cycle.

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Radiocarbon: A key tracer for studying Earth's dynamo, climate system, carbon cycle, and Sun

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Using carbon-14

Carbon-14 or radiocarbon, a radioactive isotope produced in the upper atmosphere by cosmic rays, is rapidly incorporated into the terrestrial carbon cycle and provides a way to calculate the age of carbon-bearing materials as old as 55,000 years. Heaton *et al.* review recent progress that has allowed the construction of better radiocarbon age calibration curves and discuss the new insights into climate processes, the Sun, Earth's geodynamo, and the carbon cycle that have emerged from these efforts. —HJS

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