Abrupt drainage cycles of the Fennoscandian Ice Sheet

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Continental ice sheets are a key component of the Earth's climate system, but their internal dynamics need to be further studied. Since the last deglaciation, the northern Eurasian Fennoscandian Ice Sheet (FIS) has been connected to the Black Sea (BS) watershed, making this basin a suitable location to investigate former icesheet dynamics. Here, from a core retrieved in the BS, we combine the use of neodymium isotopes, high-resolution elemental analysis, and biomarkers to trace changes in sediment provenance and river runoff. We reveal cyclic releases of meltwater originating from Lake Disna, a proglacial lake linked to the FIS during Heinrich Stadial 1. Regional interactions within the climate-lake-FIS system, linked to changes in the availability of subglacial water, led to abrupt drainage cycles of the FIS into the BS watershed. This phenomenon raised the BS water level by ~100 m until the sill of the Bosphorus Strait was reached, flooding the vast northwestern BS shelf and deeply affecting the hydrology and circulation of the BS and, probably, of the Marmara and Aegean Seas.

ice dynamics | meltwater routing | European hydrographic network

Despite the prominent role of large continental ice sheets in past climate changes (1), our understanding of ice dynamics is still insufficient to predict the retreat of modern ice sheets (2–4). Reconstructing the deglacial demise of former ice sheets is thus of crucial interest to further understand the mechanisms underlying modern ice-sheet dynamics and can be done by studying sediment archives retrieved off large river systems that drained the decaying ice sheets during the last deglaciation (5–7).

The Eurasian Fennoscandian Ice Sheet (FIS) formed the second-largest ice mass of the Northern Hemisphere (8) (Fig. 1*A*). Early deglacial history of the FIS southwestern flank has been improved through studies of sediment archives collected in the Bay of Biscay. Between 20 ka and 17 ka (all ages are reported in calendar age before the present), meltwater emanating from the decay of FIS southwestern margins was routed toward the North Atlantic through the "English Channel mega-river" (6, 7) (Fig. 1*A*). At around 17 ka, rapid motion of the ice tongue over the present North Sea diverted meltwater flow toward the Nordic Seas, bringing about the cessation of the English Channel mega-river activity (7).

By contrast, despite numerous field investigations (8, 9) and extensive morainic dating (10), little is known about meltwater routing for the FIS southeastern flank (11). The potential of Black Sea (BS) sediments as an archive of the deglacial history of this FIS sector (Fig. 1A) was recently suggested by the discovery of peculiar sedimentary structures known as the Red Layers (RLs). RLs are a series of four individualized intervals of reddishbrown clays and are thought to represent the sedimentary imprints of the meltwater inputs (12–15) that occurred during Heinrich Stadial 1 (HS1) (16). To date, however, the genesis and origin of the RLs remain enigmatic, even if three main hypotheses have been proposed to account for their occurrence in BS sediment sequences.

The first, and traditional, hypothesis suggests that the RLs were deposited in response to the deglacial spillover of the Caspian Sea into the BS via the Manych Depression and the Sea of Azov (12, 17, 18). In this scenario, the Caspian spillover would

have been mainly caused by high surface runoff within the Volga catchment area due to the combination of reduced vegetation cover, increased seasonality favoring snow accumulation during long winter and rapid spring melting, and widespread permafrost (19, 20). This would have resulted in enhanced Volga River runoff, raising the water level of the Caspian Sea and causing its outflow into the BS. The FIS contributed to only a minor extent in the Caspian transgression (19-21). The second hypothesis suggests that deposition of the RLs was directly linked to FIS recession north of the Dniepr drainage basin. Indeed, early in the last deglaciation, the retreat of the FIS led to the formation of proglacial Lake Disna, which developed within a basin where it was constrained to the north by the FIS and to the south by the northern limit of the BS drainage basin (22) (Fig. 1B). During HS1, the possible drainage of proglacial Lake Disna through the headwaters of the Dniepr River could have supplied meltwater to the BS (23) (Fig. 1B) and led to the deposition of the RLs. Therefore, reconstructing the activity of the Dniepr River from sediments of the BS could provide a continuous record of FIS deglacial history. Alternatively, and as a third hypothesis, the HS1 recession of the Alpine Ice Cap (24, 25) could also have released volumes of meltwater to the BS via the Danube River (Fig. 1A), potentially making the RLs alpine in origin (further information is given in SI Text).

To constrain the geographical origin of the RLs and to ascertain their meltwater-induced deposition, we measured inorganic tracers for sediment provenance [X-ray fluorescence (XRF) Ti/Ca ratio and ε_{Nd} signatures] and biomarkers as proxies for terrigeneous supply to the BS [branched and isoprenoid tetraether (BIT) index and C₂₅-alkane/total organic carbon (TOC)] in the well-dated core MD04-2790 (16, 26) collected in the near vicinity of the mouths of the Danube and Dniepr Rivers (Fig. 1*A*). By focusing on the temporal organization of the RLs, we highlight the dynamic interplay within the climate–FIS–Lake Disna system that led to the cyclic drainage of the lake into the BS.

Before 15 ka, XRF-Ti/Ca records from BS sediments represent a qualitative tracer for changes in sediment provenance (13). The ε_{Nd} signature of terrigenous sediments is a powerful and sensitive tracer for sediment provenance because it is retained during continental weathering and subsequent transport (27, 28). The BS drainage basin displays highly contrasted ε_{Nd} signatures (indicative values in Fig. 1*A*; a more detailed map is shown in Fig. S1). Thus, large changes in ε_{Nd} are expected in our sedimentary archive, making for easier identification of the geographical source of RLs. The BIT index is a proxy for terrestrial vs. aquatic organic matter supply to sediments and can be useful in investigating changes in the delivery of soil organic matter

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Zoom on FIS southeastern flank

Fig. 1. (A) The LGM hydrographic network of the Eurasian continent. Baltic rivers were diverted westward by the FIS, creating the "English Channel mega-river," which flowed into the Bay of Biscay. In northeastern Europe, the FIS reached the northern limit of the BS drainage basin; hence, no substantial meltwater release seems to have reached the BS before FIS early deglacial retreat. During the last deglaciation, the Alpine Ice Cap potentially delivered meltwater to the BS via the Danube River. To trace meltwater contribution to the BS, representative ϵ_{Nd} signatures of the Dniepr and Danube basins, as well as of the Baltic region, are indicated (Fig. S1 shows a more detailed map). The main rivers draining European ice masses are represented in thick white. The BS drainage basin is represented by a thick black line. Basin water levels are lowered by 120 m to account for LGM water levels. Core MD04-2790 (red circle) was taken during an ASSEMBLAGE cruise aboard RV Marion Dufresne. (B) Compiled ice-margin positions of the FIS southeast of the Baltic Sea (9, 22). The LGM moraine, the HS1 moraine belt (Pomeranian), and the post-HS1 ice sheet (Middle Lithuanian) are shown. Lake Disna is represented in blue.

fluvially transported to an aquatic system (6, 29). In combination with the BIT index, we measured the C_{25} -alkane/TOC profile. Odd midchain C_{25} -alkane was found to be a biomarker for *Sphagnum* moss species, a dominant vegetation component in wetlands and peats (30, 31). C₂₅-alkane/TOC measured in the sediment is therefore expected to reflect terrestrial organic matter transported by rivers and surface runoff and thus provide additional information to trace terrestrial organic deliveries into the BS.

Results and Discussion

As shown in Fig. 2, the BIT index and C25-alkane/TOC ratio display very similar patterns, implying that both markers successfully trace terrestrial organic matter inputs to the BS. Before 15 ka, both proxies show a baseline suddenly disrupted by four prominent peaks during HS1 (orange bars in Fig. 2 A and B). Subsequently, both proxies show a decreasing trend throughout the Late Glacial (between 15–10 ka) with lower values than during the Glacial (before 15 ka) (Fig. 24). This pattern suggests that terrestrial input to the BS was lower during the Late Glacial than during the Glacial, probably as a result of higher glacial surface runoff owing to reduced vegetation cover and widespread permafrost (20, 32). The proxy values peak within the RLs (orange bars in Fig. 2A and B) and return to glacial background values in between, suggesting that throughout HS1 terrestrial input was similar to that of the Glacial, except for four episodes of substantial additional delivery of terrestrial organic matter to the BS. Because each RL is associated with a 1% negative excursion in water δ^{18} O (12, 13, 15), these phases of increase in river runoff, called here BS water pulses (BSWPs), are associated with large releases of meltwater related to the decay of the surrounding ice masses.

Our ε_{Nd} record reveals the geographical origin of the BSWPs. Whereas throughout the record ε_{Nd} signatures remain remarkably constant (average -11.3 ± 0.3 , 1σ , n = 53), each RL is characterized by a prominent drop in ε_{Nd} values (Fig. 2 *A* and *B*). Such negative ε_{Nd} values reveal the presence of one very unradiogenic component within the sediments. Among the possible geographical sources proposed for the BSWPs, only the Baltic and Dniepr



Fig. 2. Deglaciation records of the activity of rivers flowing into the BS and of the provenance of the transported sediments, compared with global paleoclimatic changes. Climatic cold spells are labeled as follows: HE2, Heinrich Event 2; HS1, Heinrich Stadial 1, as defined by ref. 48, which is equivalent to the Mystery Interval of ref. 49; YD, Younger Dryas. (A) The upper panel shows $\delta^{18}\text{O}$ in NGRIP ice core (50) and summer insolation at 65°N (51). Curves below the upper panel refer to records obtained from core MD04-2790. The blue curve is the BIT index (data previously presented in ref. 52 only to correct TEX₈₆ paleotemperatures). The green curve is the C25-alkane/TOC. The orange curve is XRF-Ti/Ca (16). The pink curve is the ϵ_{Nd} record of the clayey fraction. The four RLs and corresponding BSWPs are labeled from 1 to 4 and are represented by orange bars. (B) Detail of the RLs between 15–17.5 ky B.P. The same records are presented. Red and black arrows show the duration of each BSWP as well as the duration of periods of regular runoff (inter-BSWP). The chronology of core MD04-2790 is based on 28 radiocarbon ages and was refined by varve counting and tuning to climatic series of reference (16, 26).

(including the lower course crossing the Ukrainian Shield) terrains are characterized by such a signature (Fig. 1A and SI Text). In this region, the only meltwater reservoir that could have been connected to the BS watershed was proglacial Lake Disna, and it drained via the headwaters of the Dniepr River (23) (Fig. 1B). Interestingly, in the Baltic and Upper Dniepr areas, reddish tills deposited during the Last Glacial epoch are regionally widespread (33) and overall are present along the course of the Berezina River (22). The Berezina River is a large tributary of the Upper Dniepr River and was directly connected to Lake Disna, lending strength to the suggestion that the clay fraction of RLs originates from drainages of Lake Disna (Fig. 1B). Both the geochemical signatures of our records and the regional occurrence of reddish till thus suggest that sudden drainages of Lake Disna delivered large volumes of meltwater that were responsible for the BSWPs \sim 1,200 km away (Fig. 1A). The meltwater floods would thus have led to the erosion of the uppermost glacial sedimentary deposits and subsequent transport into the BS of the reddish clays via the Berezina and Dniepr Rivers. RLs therefore represent the southernmost sedimentary imprint of the deglacial history of the southeastern flank of the FIS.

A close up of the RLs (Fig. 2*B*) provides insights into the dynamic interplay between climate, FIS, and proglacial Lake Disna. First, abrupt transitions in the XRF-Ti/Ca signature of each RL (Fig. 2 *A* and *B*) imply instantaneous onset and cessation of each associated BSWP. As revealed by microscopic investigations of thin sediment sections, each BSWP is composed characteristically of ~220 successive seasonal floods, as shown by our detailed study of the chronology of core MD04-2790 (16). This feature implies that each BSWP represents repeated seasonal drainages of Lake Disna over ~220-y-long periods. BSWP periods are then followed by ~200-y-long periods of regular runoff (Fig. 2*B*). This pattern, together with the lack of random distribution of BSWPs in the sedimentary sequence, calls for dynamic interactions within the FIS–lake system causing cyclic drainages of Lake Disna during HS1.

Field investigations (Fig. 1*B*) provide additional key clues to understanding the sequence of events that led to the cyclic drainages of the lake. Lake Disna was constrained by the Last Glacial Maximum (LGM) moraine to the south and dammed by the HS1 margin of the FIS to the north (Fig. 1*B*). It has been suggested that Lake Disna led to a faster regional decay of the FIS through passive glacier thinning and calving (22). This passive regime of ice retreat was followed by a prolonged phase of ice-front stagnation leading to the formation of the HS1 moraine belt (22) (Fig. 1*B*). Ice stagnation was interrupted by a series of short pulses of ice advance, as is suggested by the formation of pushed moraine ridges within the HS1 moraine belt (22). Concomitant with the BSWPs, the pulses of ice advance may have triggered cyclic spillovers of Lake Disna toward the BS.

We propose that cyclic drainages of Lake Disna were triggered by changes in the basal buoyancy of the ice-sheet margin, which itself relied upon the availability of subglacial water (Fig. 3 shows a schematic view of the proposed mechanisms). Indeed, changes in the basal effective pressure (ice overburden minus subglacial water pressures) lead either to enhanced basal buoyancy and subsequent ice-sheet gravitational collapse when subglacial pressure approaches ice overburden pressure or, conversely, to ice-sheet stabilization (34–37).

An early retreat of the FIS from its LGM maximal extent occurred due to increasing Northern Hemisphere summer insolation and led to the creation of proglacial Lake Disna ("ice margin retreat" in the "filling loop" of Fig. 3). Lake Disna initially increased in size over ca. 3,000 y between ~ 20 ka (10) and \sim 17 ka, at which time the first BSWP occurred (16). Lake level rise caused the formation of a calving wall at the ice front. After the lake level was sufficiently high, the calving front was set afloat, turning it into a short ice shelf and resulting in the retreat of the grounding line (35). Then, lake water spread into the glacier, causing an increase in basal buoyancy and lubrication upstream of the grounding line (Fig. 3). This triggered ice-margin thinning and acceleration (Fig. 3) and the attendant increased calving rate (34-37) (Fig. 3). The initial filling of Lake Disna was then suddenly disrupted during HS1, suggesting that this climatic cold spell played a key role in the FIS-lake system by triggering centennial cyclic drainages of Lake Disna.



Fig. 3. Schematic representation of the HS1 cyclic drainages of Lake Disna. Filling loop: the retreating ice margin causes growth of the proglacial lake, leading to increased subglacial buoyancy. This thereby increases ice velocity and the associated calving rate. When calving exceeds iceberg melting within Lake Disna, the FIS–lake system switches to the drainage loop: The ice margin advances, flushing lake water into the BS drainage basin (BSWP). This decreases subglacial buoyancy, thus diminishing both ice velocity and the calving rate. The drainage phase persists until the rate of iceberg melting exceeds the rate of iceberg input (calving rate).

The shortening of the HS1 melting season (38) altered the balance between the rates of ice input and melting of ice in Lake Disna. When ice input through calving exceeds loss through iceberg melting, the FIS-lake system switched from the filling loop to the drainage loop (Fig. 3). Lake Disna filled with icebergs, leading to ice-margin buttressing (39, 40). Consequently, the ice margin advanced (Fig. 3). The partial refilling with ice of the proglacial depression caused the spillover of unfrozen water, leading to drainage of Lake Disna and the attendant BSWP (Fig. 3). Additionally, the ice-margin advance flushed out pressurized subglacial water from the glacier base, a phenomenon that occurs in modern settings (36) and that can be inferred from modeling (41). Through the reduction of subglacial water availability, both phenomena diminish subglacial buoyancy, leading to increased basal friction. In consequence, ice-margin advance ultimately decelerated (Fig. 3), further reducing FIS input of ice through calving to Lake Disna (Fig. 3). After the rate of ice melting exceeded the rate of ice input to the lake (Fig. 3), lake drainage ceased and the FIS-lake system switched to the filling loop (Fig. 3). We hypothesize that this mechanism ended when the FIS retreated far enough north to drain Lake Disna toward the Baltic basin (Fig. 1B). Indeed, the early stage of Baltic Sea filling occurred at ca. 16-15 ka (11, 23), which lends support to the concomitant disappearance of water pulses observed in the BS $(15.7 \pm 0.3 \text{ ka})$ (16).

The repeated large volumes of meltwater released from Lake Disna to the Dniepr catchment would have led to the progressive development of a pathway between the two basins. Interestingly, each RL is characterized by geochemical signatures that are higher in amplitude than the preceding ones (Fig. 2). Sedimentation rates also increase from one RL to the next (sedimentation rates from the oldest RL (RL4) to the youngest (RL1) are 260, 265, 280, and 305 cm/ky, respectively (16)). These observations very likely lend support to the idea that the pathway connecting Lake Disna to the Dniepr basin may have been progressively enlarged by the successive phases of erosion triggered by the four centennial periods of BSWPs. This connection would have been directly dependent on the water level in Lake Disna (centennial cycles linked to the above-described FIS-lake dynamic system) and, during the BSWPs, upon the physical state of the water (ice or liquid according to seasonal cycle, i.e., autumn-winter vs. spring-summer).

Our results reveal that ice-sheet dynamics can be extremely unstable depending on subtle changes within the climate-ice sheet-lake system. They could provide new clues to further understand the regional ice-sheet surges that characterized the late glacial history of both the Laurentide and Fennoscandian Ice Sheets (42, 43). Additionally, to the south, the hydrology of the BS was also strongly affected by the cyclic drainage of Lake Disna. The increase in runoff due to repeated seasonal floods over four successive periods of \sim 220 y raised the BS water level by around 100 m, until the sill of the Bosphorus Strait was reached (12, 13, 16, 44, 45), leading to the flooding of the vast northwestern shelf of the BS basin and the attendant drastic retreat of the coastline (SI Text). The resulting outflow of BS waters into the northeastern Mediterranean basins altered the hydrology of both the Marmara Sea (45) and the Aegean Sea (46, 47). In the Aegean Sea, a drop in deep-water oxygenation is recorded during HS1 (46, 47), suggesting that the reduction in the formation of North Aegean deep water could have been caused by the injection of fresh water from the BS. Further investigation in the Eastern Mediterranean Sea is needed to evaluate the complex interactions between the BS outflow and the Mediterranean thermohaline circulation. Finally, our results provide complementary information related to Eurasian meltwater routing and proglacial lake effects on climate and environment from regional to continental scales, and to the understanding of the last deglaciation on the global scale.

Materials and Methods

Studied Core. Piston core MD04-2790 was recovered in the upper slope of the northwestern BS (44°12.8'N, 30°59.6'E; 352-m water depth) in the axis of both the Danube and Dniepr rivers during the 2004 Assessment of the Black Sea Sedimentary System Since the Last Glacial Extreme (ASSEMBLAGE)-1 cruise, aboard the RV Marion Dufresne. The coring site was chosen on the basis of a seismic profile that had been determined during the Ifremer BlaSON2 survey in 2002 and was shot on the slope outside the Danube Canyon system. The seismic profile shows a thick sediment sequence that presents a regular succession of layers that are neither deformed nor structured by tectonic movements (53). Both the seismic profile and the careful inspection of the core sediments reveal continuous hemipelagic sedimentation. From the top of the core to a depth of 1.24 m, the sample revealed the typical marine stratigraphic units I and II (54). The lowermost limnic unit, unit III (54), was found from a depth of 1.24 m to the core base (16). The geochemical substratigraphy of unit III is extensively described in ref. 16 and is in full agreement with other cores recovered in the western BS (12-15, 17, 44, 55, 56). Core MD04-2790 chronology is based on 28 radiocarbon ages and was refined by varve counting and tuning to climatic series of reference (16, 26). The varve chronology concerns exclusively the RL interval. The varved pattern was initially suggested by the visual investigation of the core sediment and further studied by X-ray imagery and microphotography of sediment thin sections. Each RL (RL1 to RL4 in Fig. 2) consists of a succession of greenish and red laminations corresponding to X-ray bright and dark laminations, respectively (see figure 4 in ref. 16). The microphotographs of the sediment thin sections reveal that each red lamination is characterized by a high amount of scattered silt and sands embedded in a reddish clayey matrix, suggesting that the silt and sands represent ice rafted debris. Comparatively, each greenish lamination is characterized by rare silts and sands embedded in a "regular" greenish clayey matrix (see figure 4 in ref. 16). These features are interpreted as representing the expulsion of the so-called ice anchor (i.e., ice attached to the bed of rivers and including bed materials) by meltwater discharges of northwest BS rivers during the melting season (red laminations), alternating with regular river runoff during the rest of the year (greenish laminations). Radiocarbon age controls support seasonal deposition of the red laminations (16). This core continuously covers the last 40 ka, including the last deglaciation, on which this study is focused. Sedimentation rates are high, ranging from 0.2 to 0.4 m/ky during the Late Glacial (15-10 ka) to more than 3 m/ky during the Red Layer interval (RLs), the period corresponding to the water pulses. During the Glacial, the sedimentation rate reached 1 m/ky (16). We sampled 1-cm-thick slices of sediments for geochemical analysis (discussed below).

Total Organic Carbon, C25-Alkane Concentrations, and BIT Index. TOC was measured at the Centre Européen de Recherche et d'Enseignement des Géosciences de l'Environnement (CEREGE, Aix en Provence, France) with a gas chromatographic elemental analyzer as described in ref. 57. Data were presented in ref. 16. For lipid analysis, performed at CEREGE, 1-5 g of sediment was extracted for biomarkers using the accelerated solvent extraction method (ASE 200 system; Dionex) at 120 °C and 100 bars with dichloromethane/methanol (9:1 vol/vol). Aliquots were split and a third of each was directly injected into a gas chromatograph (GC) for n-alkane analysis. GC analyses (Table S1) were performed using a flame ionization detectorequipped Fisons Instruments GC8065 and Thermo Electron Trace GC, a 60-m imes0.25-mm \times 0.1- μm nonpolar fused silica column DB-5-MS (J&W) fitted with a 2.5-m \times 0.53-µm deactivated retention gap and hydrogen as a carrier gas. Molecular identification was checked by GC-MS (DSQ; Thermo) on selected samples. For analyses of glycerol dialkyl glycerol tetraethers (GDGTs) (Table S2), as described in ref. 52, the total lipid extract was subsequently separated into polar and apolar fractions by means of a column packed with Al₂O₃ using hexane/dichloromethane (9:1, vol/vol) and dichloromethane/methanol (1:1, vol/vol) as eluents, respectively. The polar fraction was then filtered through a 0.45-um, 4-mm-diameter polytetrafluoroethylene filter before injection. GDGTs were quantified at the CEREGE by HPLC/atmospheric pressure chemical ionization mass spectrometry using positive ions on an HP-LC-MS1100 Series. Analytical conditions were similar to those described in ref. 29. BIT-index values were calculated according to ref. 29. Mean analytical precision on the BIT-index values is 0.008. Results from our laboratory were found to compare favorably with data from other laboratories (58).

Neodymium Isotopes Measurements. After sieving for the clays, each carbonatefree sediment sample was dissolved by alkaline fusion following the method recommended by ref. 59. Organic matter was removed by leaching them with a solution of 4% (vol/vol) H_2O_2 . Neodymium was separated from other light rare earth elements by miniaturized extraction chromatography (60). Ratios of ¹⁴³Nd/¹⁴⁴Nd were measured by multicollector-inductively coupled plasma-MS at Institut Français de Recherche pour l'Exploitation de la Mer (Brest, France) with a Thermo Neptune. All ¹⁴³Nd/¹⁴⁴Nd ratios were corrected for mass discrimination using $^{146}Nd/^{144}Nd = 0.7219$ with an exponential law model (61). La Jolla Nd isotopic standard (143 Nd/ 144 Nd = 0.511858) measurements were performed to bracket two unknown samples for result normalization. Measurements of Japanese Neodymium isotopic -1 standard (JNdi-1, Geological Survey of Japan reference material) and Basalt Hawaiian Volcanic Observatory -2 (BHVO-2, US Geological Survey basalt reference material) were performed in every analytical session to assess accuracy and external repeatability. JNdi-1 solutions were prepared from a stock bottle, whereas BHVO-2 underwent the same chemical treatment as all samples for each measurement session. Results obtained for these materials are 143 Nd/ 144 Nd = 0.512113 ± 2 (2 σ_m , n = 64) and 143 Nd/ 144 Nd = 0.512991 ± 4 (2 σ_m , n = 16) for JNdi-1 and BHVO-2, respectively. These results are in agreement with previously published data (62, 63). Measured ¹⁴³Nd/¹⁴⁴Nd ratios are reported in ϵ notation (in parts per 10⁴) (Tables S3 and S4). ϵ_{Nd} represents the relative deviation of the sample ¹⁴³Nd/¹⁴⁴Nd ratio, from that of the CHUR reference

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(CHondritic Uniform Reservoir): [(¹⁴³Nd/¹⁴⁴Nd)_{sample}/(¹⁴³Nd/¹⁴⁴Nd)_{CHUR} - 1] × 10⁴. Here, ϵ_{Nd} is calculated relative to (¹⁴³Nd/¹⁴⁴Nd)_{CHUR} 0.512638 (64). Uncertainties for ϵ_{Nd} are reported as 2σ . The mean uncertainty is 0.13 ϵ unit for a single analysis.

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Supporting Information

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SI Text

Circulation and Water Level Variation in the Black Sea

Present-Day Hydrology. The Black Sea (BS) is a land-locked basin currently connected to the global ocean solely via the narrow and shallow Bosphorus Strait, resulting in restricted water exchanges with the Mediterranean Sea (1). The present-day hydrology is characterized by an estuarine-type circulation. In consequence, a permanent halocline separates the less saline [~18 practical salinity units (psu)] and oxic waters in the upper 100–200 depths (~13% of the sea volume) from the more saline (~22 psu) and anoxic waters (1).

The BS general circulation is mainly characterized by the basinscale cyclonic Rim Current. The Rim Current is a strong current running cyclonically along the continental shelf break from east to west, over the continental slope (1, 2). The Rim Current transports and redistributes suspended sediments from the northern shelf southwestward into the deep basin (3). The regional cyclonic wind pattern has been recognized as the main forcing for the basin surface circulation (1). Consequently, the Rim Current is likely to have persisted through the ages despite the drastic hydrologic changes that have occurred since 9 ka ago with the reconnection of the BS to the global ocean (4).

BS Surface Level Changes from the Last Glacial Maximum to Heinrich

Stadial 1. During the glacial period, and for most of the deglacial period and the associated oceanic low stand, the BS evolved like a giant lake. BS water level was controlled by regional climate and varied independently from global sea level (5).

The BS lake level changed drastically during the period focused on in this study, from the Last Glacial Maximum (LGM) to Heinrich Stadial 1 (HS1). During the LGM, the lake level was ~120 m below the present sea level, as evidenced from seismic imagery (6–8) and reservoir age reconstructions (9). During HS1, the period during which the Red Layers (RLs) were deposited, the drastic geochemical changes in the basin reservoir ages (9), in the water 87 Sr/ 86 Sr signature (10, 11), as well as in the water δ^{18} O from both sides of the Bosphorus Strait [in the Black Sea (11–13) and the Marmara Sea (14)], suggest a rapid lake level rise culminating with the BS overflowing into the Marmara Sea.

At that time, the depth of the Bosphorus sill was located $\sim 20-25$ m below present sea level (4). In consequence, the meltwater inputs that occurred during HS1 and that are linked to the retreat of the Fennoscandian Ice Sheet (FIS) raised the lake level by ~ 100 m. This led to the flooding of the northwestern shelf, constituting an inundated surface of $\sim 130,000$ km² (15). At the same time, the coastline retreated by ~ 100 km, deeply perturbing the basin geomorphology. Furthermore, it is likely that the Rim Current transported suspended sediments from the northern shelf along the coast at least as far as the southwestern basin, because the RL interval has been reported within the sediment of a core retrieved off the Sakarya River, north of Anatolia (13, 16).

Additionally, this drastic sea-level rise increased the distance between the coring site and the mouths of the Dniepr and Danube Rivers. This most probably affected our tracers of terrestrial organic deliveries [branched and isoprenoid tetraether (BIT) index and C_{25} -alkane/total organic carbon (TOC)] by reducing the amplitudes of the recorded signals. Indeed, in marine settings, high BIT values are noted near river mouths and decrease offshore, whereas low BIT values are observed in open marine settings (17, 18). In our core, however, even if the changes observed in both BIT and C_{25} -alkane/TOC are probably reduced owing to increased distance from the river mouths, these values are so prominent during HS1 that there is no doubt that they resulted from a huge increase in river activity, which delivered massive additional amounts of terrestrial organic matter to the BS.

Provenance of Red Layers

Short Review. The RLs were reported for the first time in two cores (BLKS-9809 and BLKS-9810) from the slope of the northwestern shelf of the BS (19). Since their discovery, their provenance has remained the subject of debate (10–13, 19–21).

It has traditionally been thought that the RLs originated from a spillover of the Caspian Sea into the BS via the Manych Depression and the Sea of Azov (Fig. S1) (12, 20, 21). This spillover from the Caspian Sea, and subsequent inflow into the BS, is thought to have been caused by high surface runoff over the Volga drainage basin, likely as the result of the combined effects of reduced vegetation cover, increased seasonality favoring snow accumulation during long winter and rapid spring melting, and widespread permafrost (22, 23). Most likely, the FIS contributed to this Caspian transgression to only a minor extent (22-24). This interpretation was proposed based on the color similarity between the BS RLs and the "chocolate" clays characterizing the glacial highstands of the Caspian Sea (22, 25). However, sediment color has no diagnostic value, and several observations are incompatible with Caspian outflow as the carrier of the RLs observed in the BS. Although Late Pleistocene spillover of the Caspian Sea lasted several millennia, its exact timing remains difficult to assess, mainly because of unconstrained reservoir age for the Caspian basin (22, 25-28). This leads to the impossibility of checking whether or not the deposition of the RLs and the Caspian spillover are concomitant. Nevertheless, in the case of concomitance, persistent Caspian inflow into the BS would have led to the deposition of a single massive reddish layer of clay in the BS. Instead, wherever RLs are observed (from the northwestern shelf to western Anatolia), they are always described as four discrete layers (9, 13, 19, 20) characterized by a centennial cyclic pattern of occurrence (9). It could be hypothesized that cyclic drainages of proglacial lakes linked to the Volga catchment allowed additional massive injections of meltwater to the BS via the Caspian Sea. However, these proglacial lakes are unlikely to have been significantly involved in the Caspian spillover because they mainly drained into the Arctic Sea (23, 24). Furthermore, initial investigations of cores retrieved in the northeastern BS off the Kerch Strait (south of the Sea of Azov, i.e., the point of injection of the Caspian waters) revealed the absence of RLs in the sediment (13). All these observations show that it is unlikely that the RLs were deposited by the Caspian spillover.

Alternatively, it has been proposed that deposition of RLs originated from the thawing of permafrost in the northern part of the BS drainage basin (19). However, the morphology of remnant meanders from Central Europe indicates high river runoff during the LGM as well as during HS1, likely due to the spread of permafrost and to low water losses, both of which increased surface runoff (22, 23, 29, 30). This requires stable permafrosts during HS1, the period during which RLs deposited. However, the thawing of permafrost would have occurred continuously on the centennial time scale and thus cannot account for the centennial-cyclic deposition of the RLs. Finally, permafrost thawing probably occurred mainly during the deglacial period, which was characterized by the dramatic climate warmings of the Bølling-Allerød and the pre-Boreal. These phases are not recorded as

RLs in the BS sediments, which rules out the contribution of permafrost during deposition of the RLs.

To date, there remain two possible provenances for the RLs. The early retreat of the FIS from its southernmost LGM position led to the formation of proglacial Lake Disna (31, 32), and it is possible that cyclic drainage of this meltwater reservoir through the headwaters of the Dniepr River led to the deposition of the RLs. Alternatively, HS1-recession of the glaciers established in the Alps (33–35) may have fed the Danube River with large volumes of meltwater, making the RLs alpine in origin, as has also previously been proposed (19).

To discriminate between these two hypotheses, we measured the ε_{Nd} signatures of the Baltic terrains in the vicinity of the former Lake Disna and of the Alpine terrains and then compared them to the ε_{Nd} signatures of the sediment of core MD04-2790.

Mean ϵ_{Nd} Signatures of Modern Rivers: A Benchmark for Selecting

Geographical Sources for the RLs. Although the use of ε_{Nd} cannot specifically identify a sediment source for any given stratigraphic unit (in our case, RLs interval), it does provide a powerful benchmark for assessing the likelihood that a potential source area supplied the sediments.

Numerous data documenting the neodymium (Nd) isotopic composition of individual rocks and soils exist in the literature. However, these ε_{Nd} data of individual material (e.g., rocks and soils) cannot be considered as representative for the average Nd isotopic composition of the sediment covering larger areas (regional scale). The ε_{Nd} signatures of detrital sources can be inferred from the analysis of modern fine-grained river sediments (36). Indeed, owing to sediment particle transport, rivers play the role of a natural integrator for the terrains composing their drainage basins. Measuring the ε_{Nd} signature of the clay fraction of sediment samples collected at the mouth of any river is therefore an elegant and robust way to determine the average Nd isotopic composition of its drainage basin. Additionally, ϵ_{Nd} is retained during continental weathering and erosion of rocks and subsequent transport by rivers (36–39). Thus, ε_{Nd} values obtained for modern river sediments can be taken as representative estimates of the average values of Nd isotopic compositions of the source areas.

With the exception of the Dniepr River sample, all modern sediment samples analyzed in this study were collected at the mouth of the rivers (delta or lagoon). The sample from the Dniepr River was collected in the upper part of the river course (river bank). For consistency with measured samples from the MD04-2790 core, and because clays are thought to be efficiently exported from source to sink over the greatest distance, river sediment samples were sieved to remove particles larger than 63 μ m. Then, samples were treated and measured for ϵ_{Nd} signature following the method described in *Materials and Methods*.

Fig. S1 shows the distribution of the mean ε_{Nd} of the drainage basin of the main rivers in Central and Eastern Europe. These results reveal the highly contrasted ε_{Nd} signatures that characterize the two potential sources of the RLs (Alpine Ice Cap via the Danube River or the FIS via the Dniepr River) and make the identification of their geographical origin easier. The Volga River drainage basin displays a value of -12. Rivers draining the Baltic area are characterized by very low negative values ranging from -17 to -14. The northernmost part of the drainage basin of the Dniepr River is characterized by a value of -14. Finally, samples from the Danube River, which drains the Alps, display a mean value of -9, which is very similar to other major rivers draining the Alps (Fig. S1 and Table S4).

However, for any river, the downstream average ε_{Nd} signature depends on the individual sediment contribution from the upstream tributaries. Thus, any change in the sediment load occurring in upstream regions (e.g., linked to climate-induced changes in precipitation, changes in mechanisms of erosion, or natural or anthropic river damming) could potentially affect the

downstream ε_{Nd} signature of exported fine-grained fractions. As a consequence, this phenomenon could call into question the representativeness of modern ε_{Nd} values when they are compared with past ε_{Nd} records.

Intuitively, rivers draining small drainage basins are unlikely to exhibit significant changes in their average Nd composition. As a consequence, ε_{Nd} signatures obtained from modern sediment samples are likely to remain constant through time. One way to ascertain this assumption is to compare the ε_{Nd} signatures of adjacent drainage basins. This is indeed the case for the upper course of the Dniepr River and its three adjacent Baltic Rivers (Fig. S1 and Table S4). Indeed, the Upper Dniepr displays an ε_{Nd} signature of -14, a value to some extent similar to ε_{Nd} signatures of the adjacent Neman, Daugava, and Narva Rivers from the Baltic watershed (-14.3, -15.5, and -16.4, respectively). We lack sediment from the lower course of the Dniepr River. However, the lower course of the Dniepr River crosses the Ukrainian Shield, which is composed of very old rocks characterized by very negative ε_{Nd} values ca. -30 to -40 (40, 41). Products of erosion of the Ukrainian Shield contribute to produce surface sediments that are composed of in situ sediment as well as transported, remobilized, and eolian inputs. In this region, surface sediments should display ε_{Nd} values rather similar to ε_{Nd} values from the Upper Dniepr. As an example, an individual ε_{Nd} value obtained from a modern soil near Kiev [Lower Dniepr region, Ukraine (42)] reveals a value of -13. It is thus reasonable to assume a variability of that range for the entire Dniepr basin around -13 to -14.

Rivers draining subcontinental scale areas, such as the Danube and the Volga Rivers, could be more likely to display variable average Nd composition through time. However, terrains drained by the Danube River are homogenous at the subcontinental scale because they all derive from the European Alpine orogenesis. Additionally, both the Rhône and Pô Rivers are smaller rivers that also drain Alpine terrains. Their average ε_{Nd} signatures (-9.7 and -10.8, respectively) are to some extent similar to that of the Danube River (-9). This suggests that all main rivers draining terrains derived from the European Alpine orogenesis can be characterized by average ε_{Nd} signatures ranging from *ca*. -9 to -11, representing the variability range expected for the Danube River through time.

The subcontinental Volga River (modern ε_{Nd} of -12) drains a more heterogeneous geology (from Carboniferous to Cenozoic sedimentary terrains in the west, to Paleozoic igneous and metamorphic rocks in the east) and is thus more likely to display higher variability in its average ε_{Nd} signature through time. However, other lines of evidence have enabled us to discard this source as the carrier for the sediments composing the RLs in the BS (see above).

All these considerations make it clear that the two most probable sources for RL deposition in the BS (the Danube and the Upper Dniepr and adjacent Baltic area) display highly contrasted ranges (-9 to -11 vs. -14 to -17, respectively), even when a certain range of variability is taken into account.

Finally, proglacial Lake Disna developed within the presentday drainage basin of the Daugava River (Fig. S1). ε_{Nd} signatures of the Daugava River (-15.5) and of the Dniepr River (-14) are very close of the mean ε_{Nd} signature of the RLs ($\varepsilon_{\text{Nd}} = -14.5 \pm$ 1.3; n = 24), lending strength to the suggestion that the clay fraction of RLs originates from drainages of Lake Disna.

A more extensive continental-scale study of the ϵ_{Nd} signatures of river and soil samples would be useful to our study. Such an investigation is out of the scope of the present paper, but we hope that the ϵ_{Nd} time series and modern ϵ_{Nd} database obtained in the present study will foster complementary work by other groups. In any case, the main regions potentially involved in the genesis of the RLs are now characterized with ϵ_{Nd} and our interpretations and conclusions are supported by several additional lines of evidence that are detailed in both the main text and *SI Text*.

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Fig. S1. Neodymium isotopic signatures of some European rivers discussed in the text. Rivers (in white) are represented with their catchment: vertical hashes for Baltic rivers and Upper Dniepr, slanted hashes for the Volga River, and horizontal hashes for rivers draining the Alps. Red circles indicate the location of the sediment samples. The name and associated ε_{Nd} signature (within parentheses) for each river are indicated in the white tags. The ε_{Nd} value represents the average ε_{Nd} signature of the terrains composing the river catchment. Position of the former Lake Disna is represented in blue within the drainage basin of the Daugava River. The yellow star represents the location of core MD04-2790.

Other Supporting Information Files

Table	S 1	(DOC)
Table	S 2	(DOC)
Table	S 3	(DOC)
Table	S 4	(DOC)