

# Neural Synchronization and Consciousness

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Funded by



# Main points

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- Synchronized neural network associated with perceptual consciousness
- Network augmented when consciousness changes
- Brain-wide rhythm of neural activity associated with consciousness arises from interaction of theta and gamma frequency brain oscillations.
- Evidence:
  - Previous studies
  - Current analyses of synchronization between oscillations of activity, within and across frequency bands, in various brain loci, inferred from EEG data collected during an experiment in binocular rivalry.

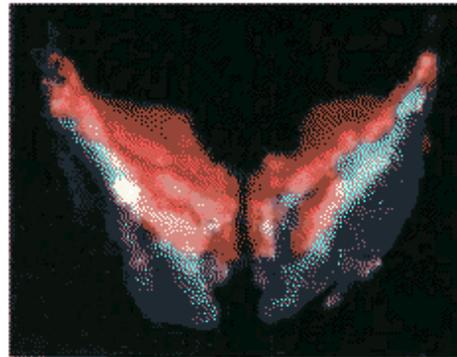
# Why study the neuroscience of consciousness?

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- Consciousness is a fundamental aspect of human life.
- Understanding its neural correlates (NCC) is important for our knowledge of what it is to be human.
- Vital to understanding and dealing with syndromes like vegetative state, brain death, autism, and so forth.
- Will demystifying consciousness "ruin" it?

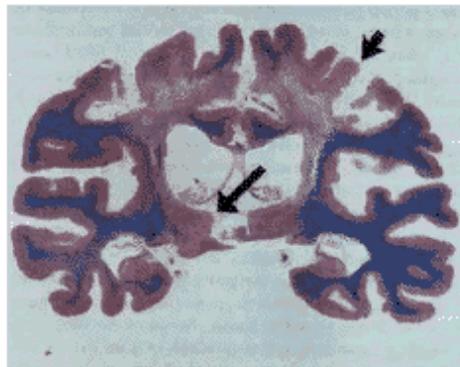
# Karen Ann Quinlan - one face of vegetative state

Karen Ann Quinlan's Brain at Autopsy (see Kinney et al 1994)



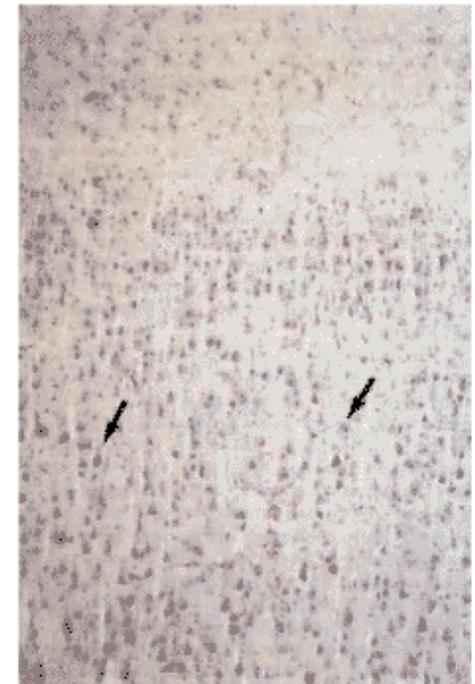
A

Drug/alcohol reaction;  
permanent vegetative  
state for 14 years



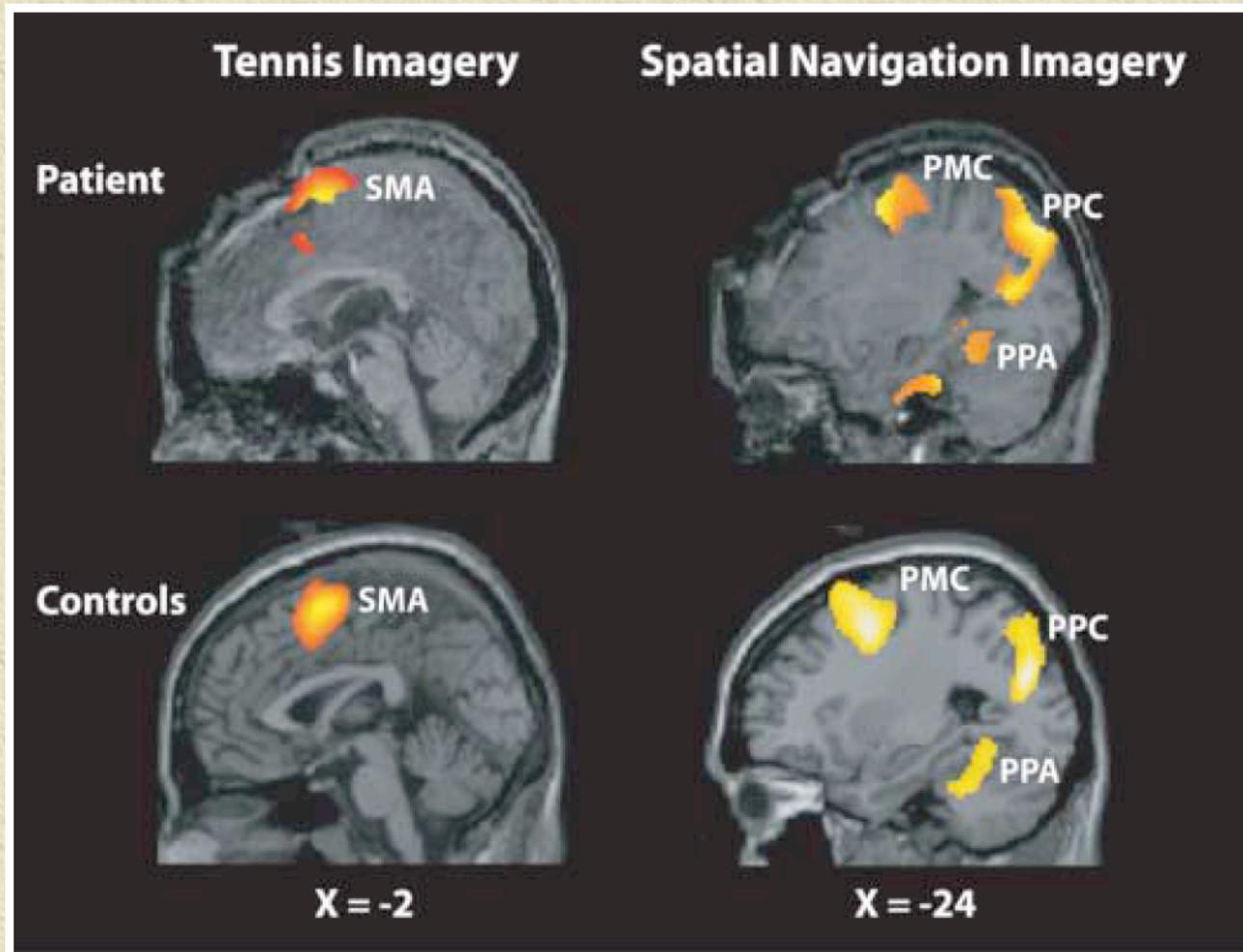
B

Thalamus-massive loss



Cortex-little loss

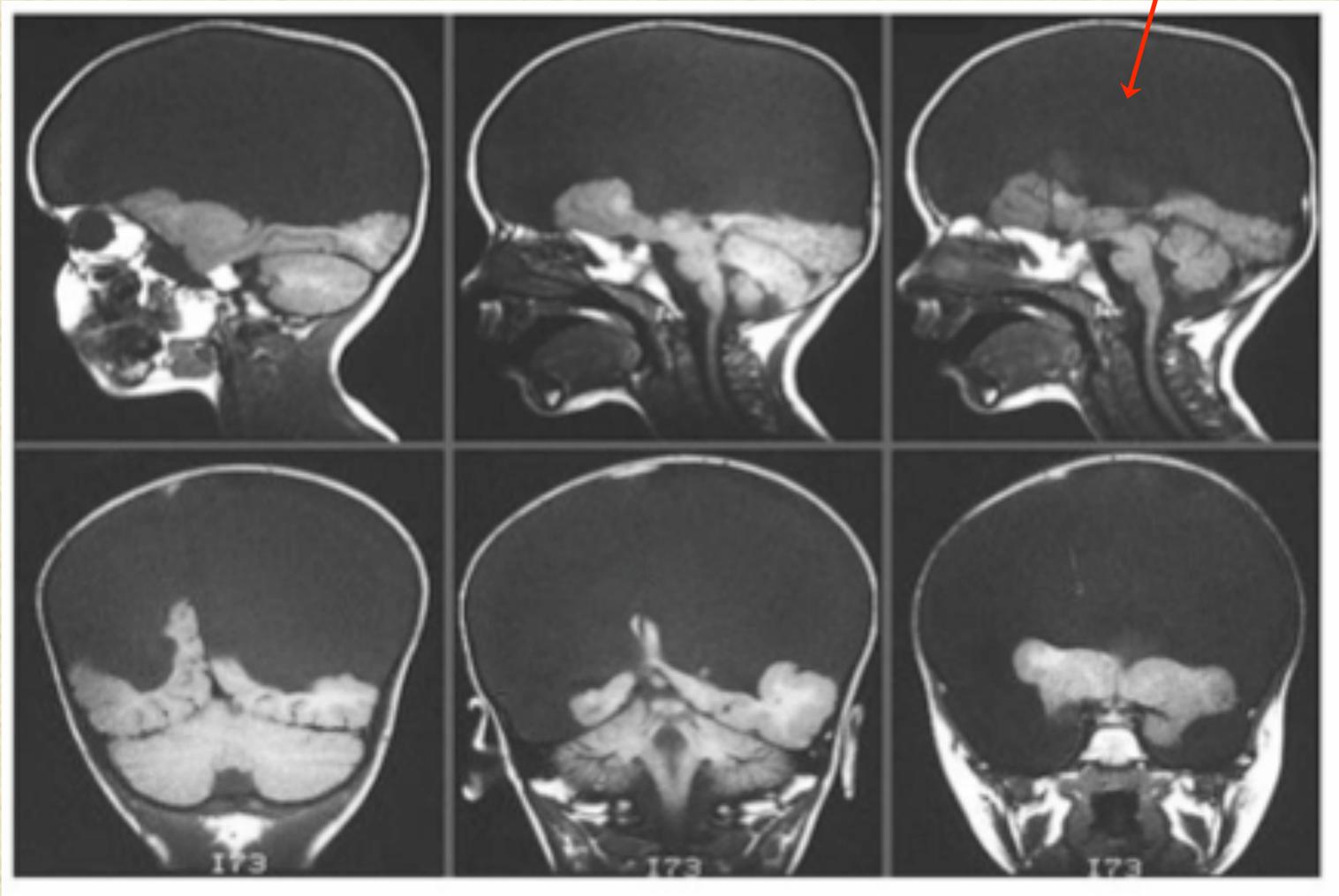
She is vegetative. Is she conscious?  
fMRI reveals "normal" activity - she could  
be locked in



Owen et al, 8 Sept 2006, *Science*

# Massive cortical deficiency (hydranencephaly)

Cerebrospinal fluid



# Conscious? (one study says yes)

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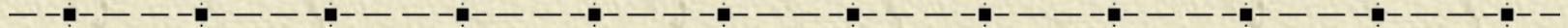


Merker, BBS, 2006

# Conscious?



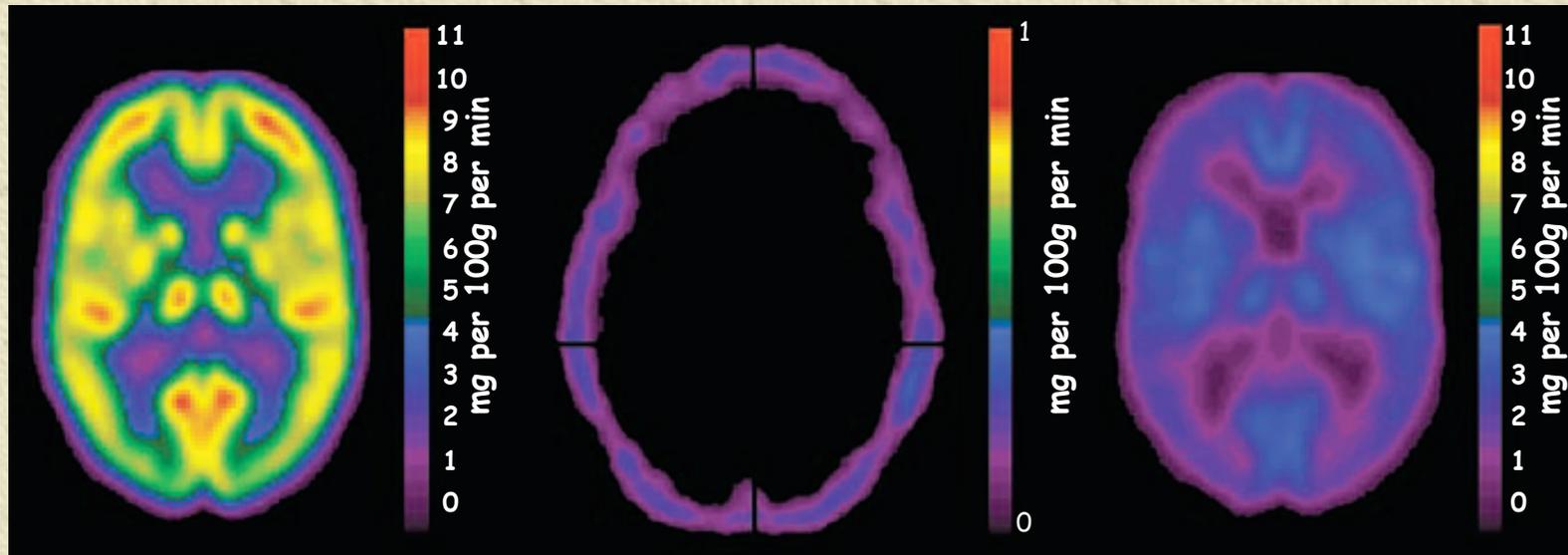
# Brain death is "easy," vegetative state is difficult



Healthy control

Brain death

Vegetative state

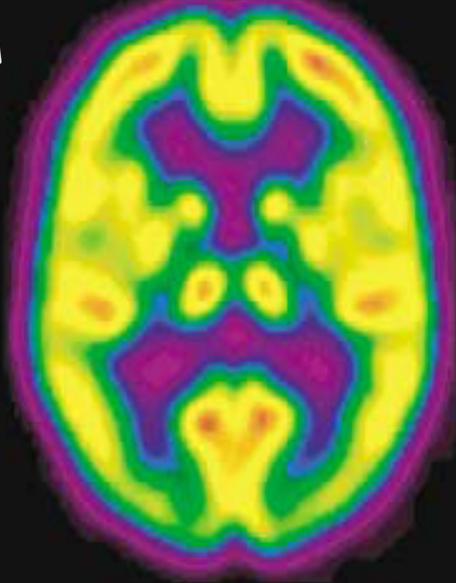


Glucose metabolism

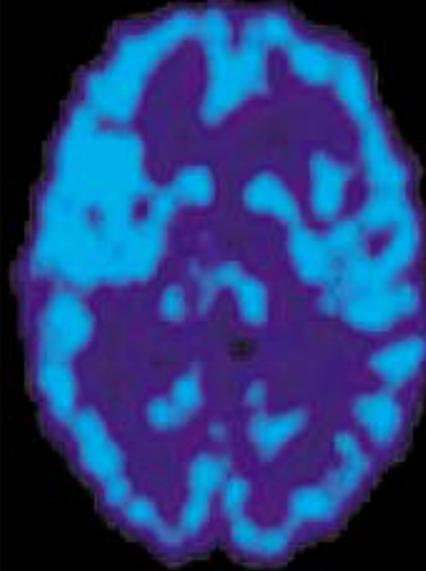
From Laureys, 2005, Nat Rev: Neuroscience

Glucose  
metabolism

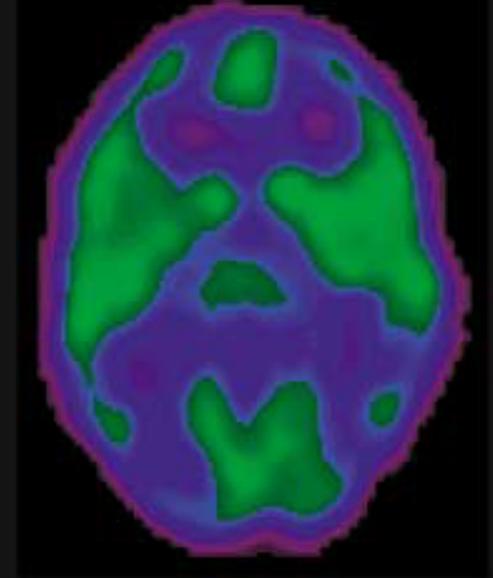
Normal awake



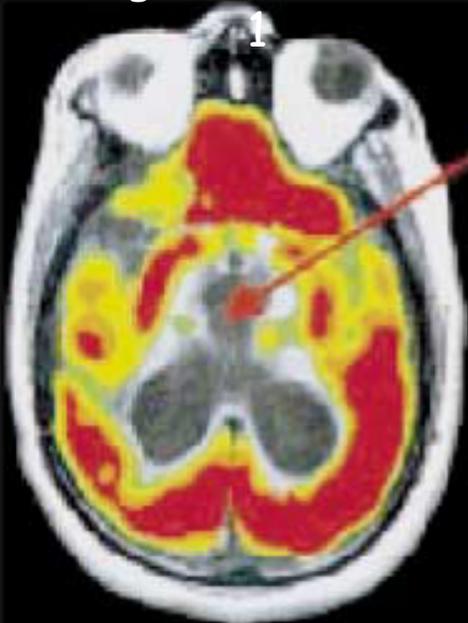
Surgical anesthesia



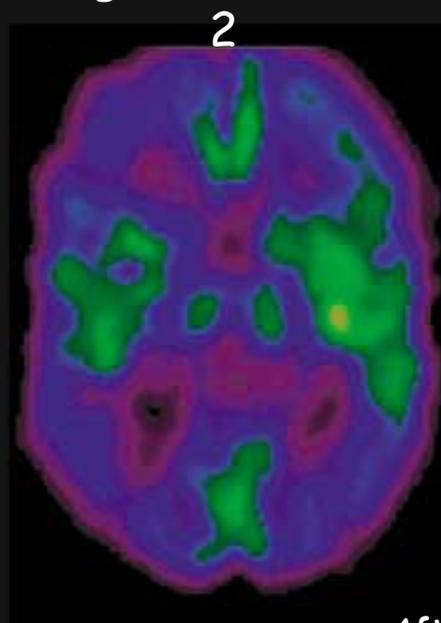
Deep sleep



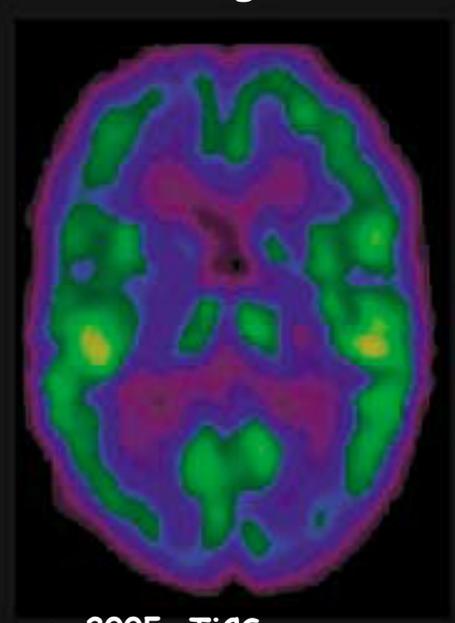
Vegetative state  
1



Vegetative state  
2



Recovered vegetative 2



After Laureys, 2005, TiCS

# But, we need to know more.....

- 
- ✦ PET/metabolism useful in confirming brain death (need other tests too)
  - ✦ fMRI is helping (recent news stories) but activation not sufficient - consciousness likely depends on networks of active areas communicating (Changeux/Deheane?)
  - ✦ So....

# Binocular rivalry: a window to the neural correlates of consciousness

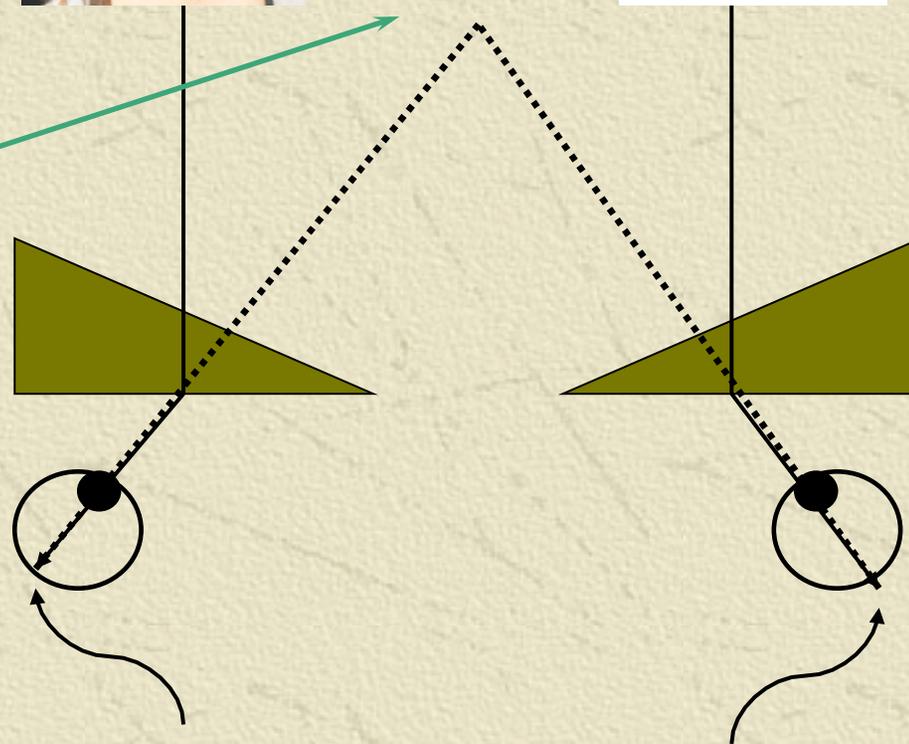
Stimuli



Apparent  
locus of  
fused  
object

Prisms

Eyes



Constant  
stimulation,  
*involuntarily*  
alternating  
experience

Corresponding retinal areas

Rivaling images from  
Cosmelli et al, (2004)  
NeuroImage

Gray & Singer's cats



Neural synchrony occurs when neural activity, spiking or dendritic currents, in disparate locations, rise(s) and fall(s) in a fixed relationship

Ward et al's humans

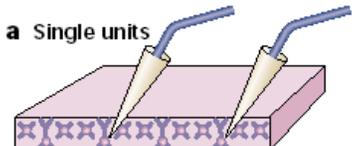


Varela et al, 2001

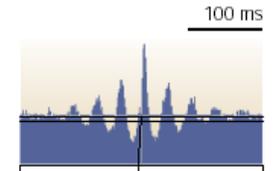
**A Local scale**

Spatial resolution

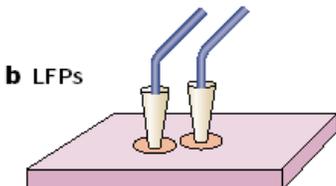
• ~1  $\mu$ m



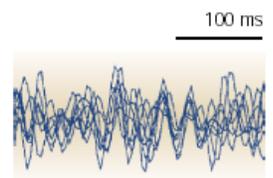
**a Single units**



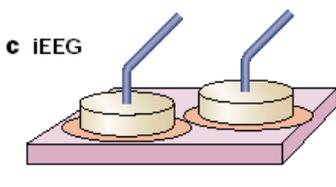
• ~1 mm



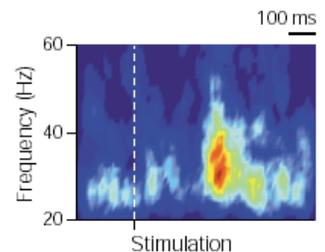
**b LFPs**



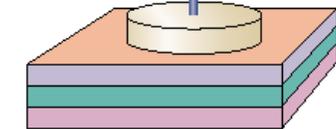
• ~1 cm



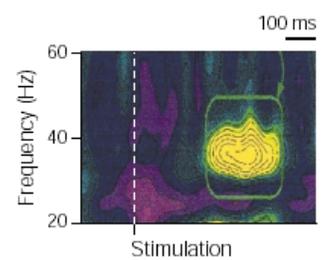
**c iEEG**



• ~1 cm

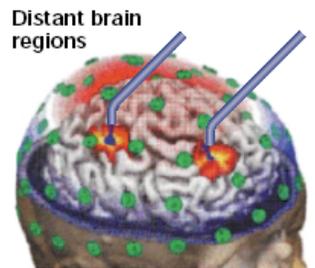


**d EEG electrode**



**B Large scale**

>2 cm

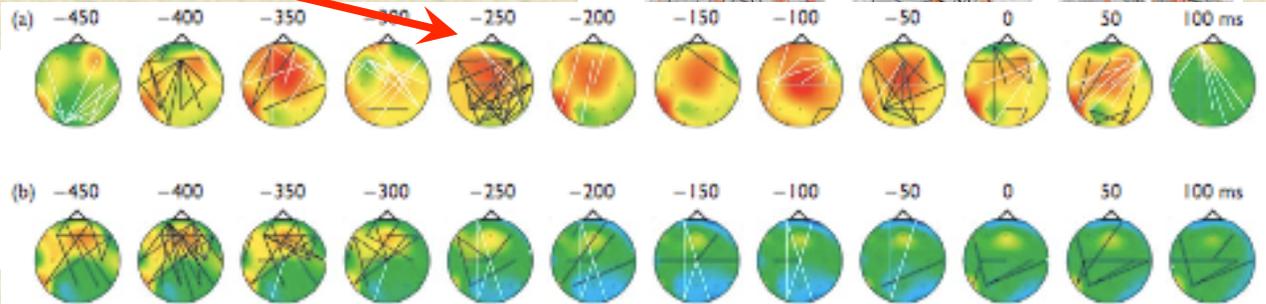
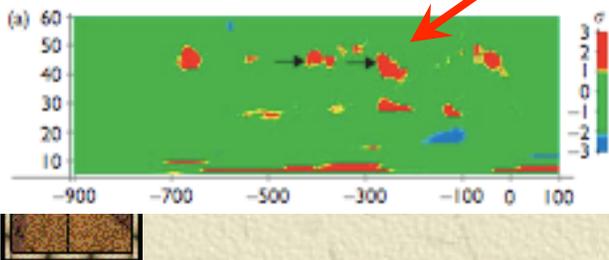
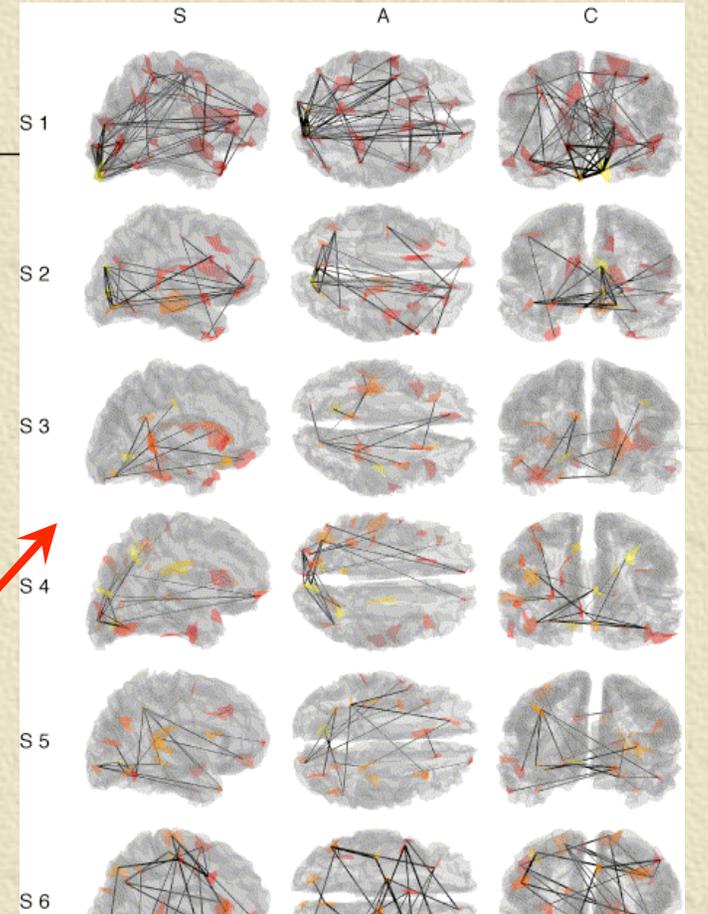


Distant brain regions



# Neural synchrony and binocular rivalry (BR)

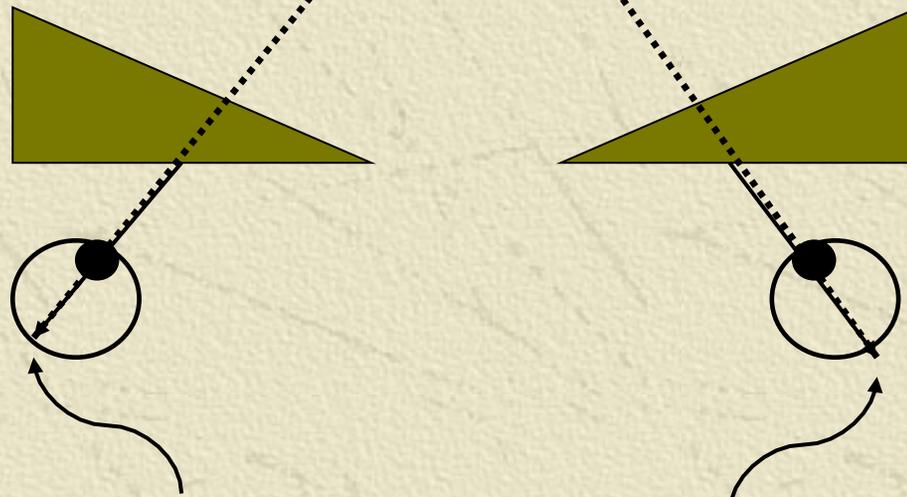
- ✦ **Logothetis & Schall, 1989**: single neuron activity in monkey STS specific to seen image during BR
- ✦ **Fries et al 1997**: demonstrated increased gamma-band (30-50 Hz) neural synchrony for seen vs suppressed drifting grating in cat early visual cortex
- ✦ **Tononi, Edelman et al 1997-1998**: more scalp-wide MEG-sensor coherence at driven frequency of seen grating in humans
- ✦ **Cosmelli et al 2004**: 5 Hz synchrony between diverse areas when 5 Hz driving stimulus seen by humans
- ✦ **Doesburg Kitajo & Ward 2005**: endogenous gamma-band synchrony between diverse electrodes at change in awareness in humans



# Binocular rivalry: a window to the neural correlates of consciousness



Constant stimulation,  
*involuntarily*  
alternating  
experience



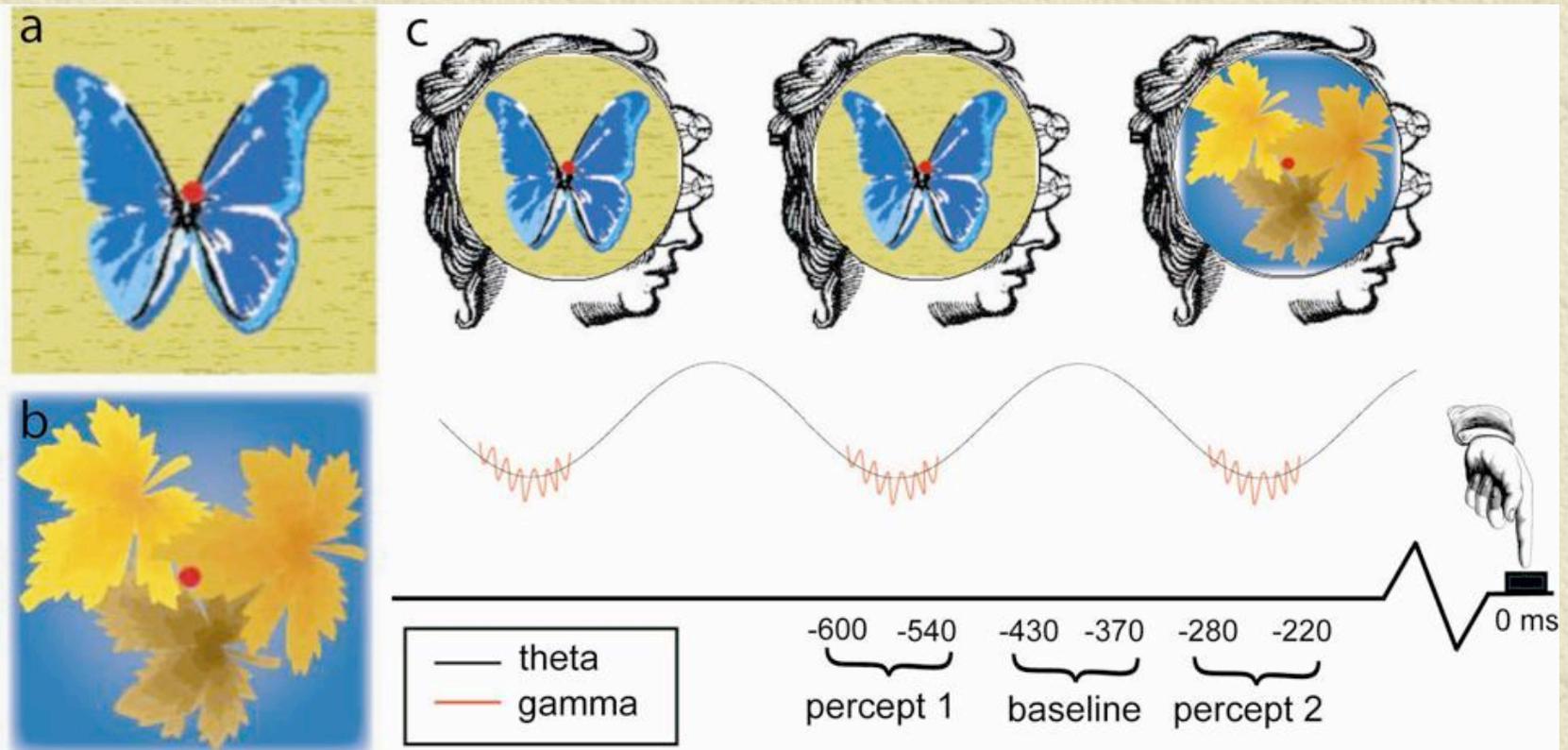
Corresponding retinal areas

Rivaling images from  
Cosmelli et al, (2004)  
NeuroImage

# BR experiment: Rhythms of consciousness

(Doesburg, Green, McDonald & Ward, *PLoS One*, 2009)

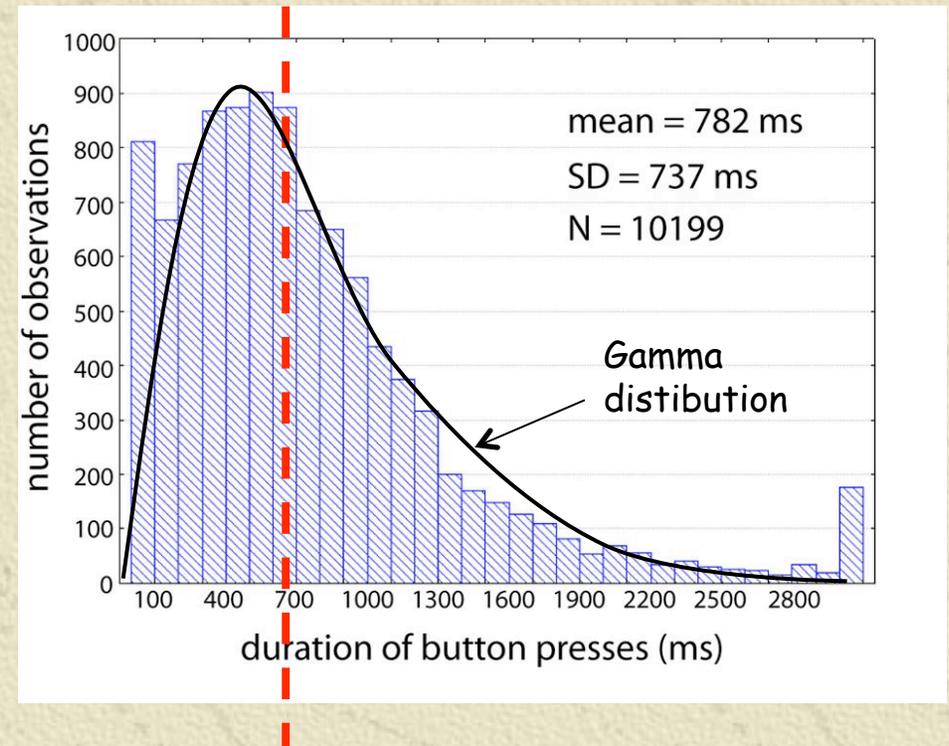
- \* 64-channel EEG recorded at 500 Hz while 9 subjects viewed rivaling stimuli in 4-min blocks
- \* Subjects ran for 2-6 hours depending on rivalry patterns
- \* Subjects pressed indicated button for butterfly or for maple leaves with fingers of right hand when *only* that image seen; neither button for fragmented or blended image



# Behavioral rivalry data

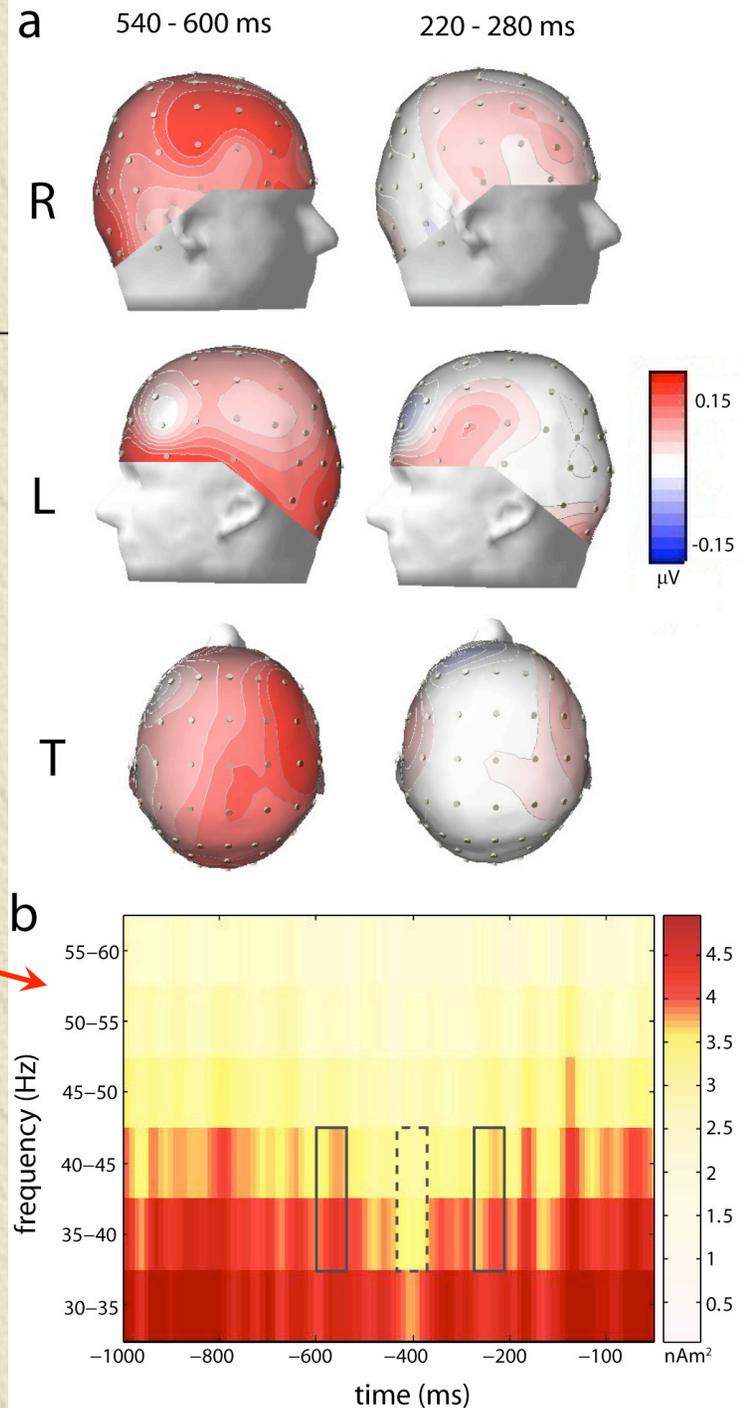
✦ Analyzed only artifact-free epochs where stable percept followed button press for 700 ms or more

✦ 3281 such epochs (1805 left eye; 1476 right eye )



# Gamma band activity (35-45 Hz)

- ✦ Gamma-band activity at scalp fronto-central; more prominent on right side
- ✦ Analyzed time windows indicated by solid rectangles relative to that indicated by dashed line (baseline)
- ✦ Windows chosen based on previous work, esp. -220-280 ms re Doesburg et al, 2005, and gamma-power relationships.

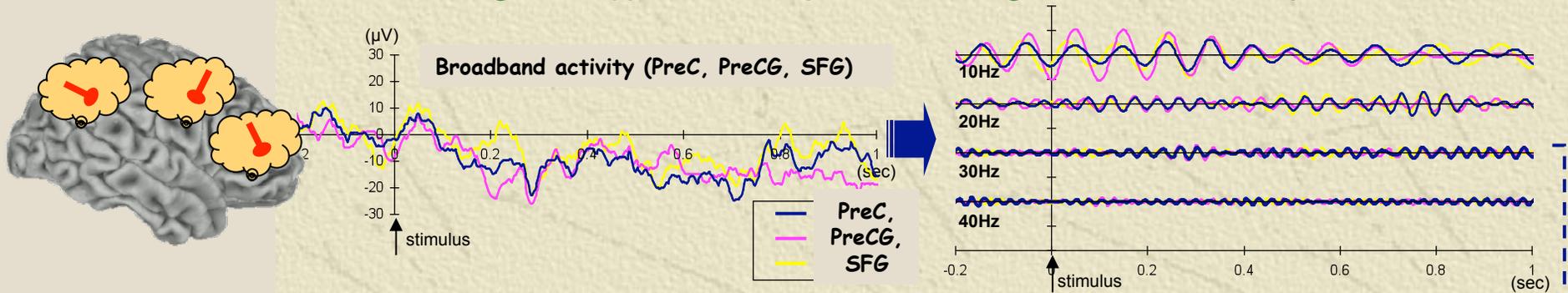


# BESA Beamformer-> dipole source montage->analytic signal for instantaneous phase and amplitude

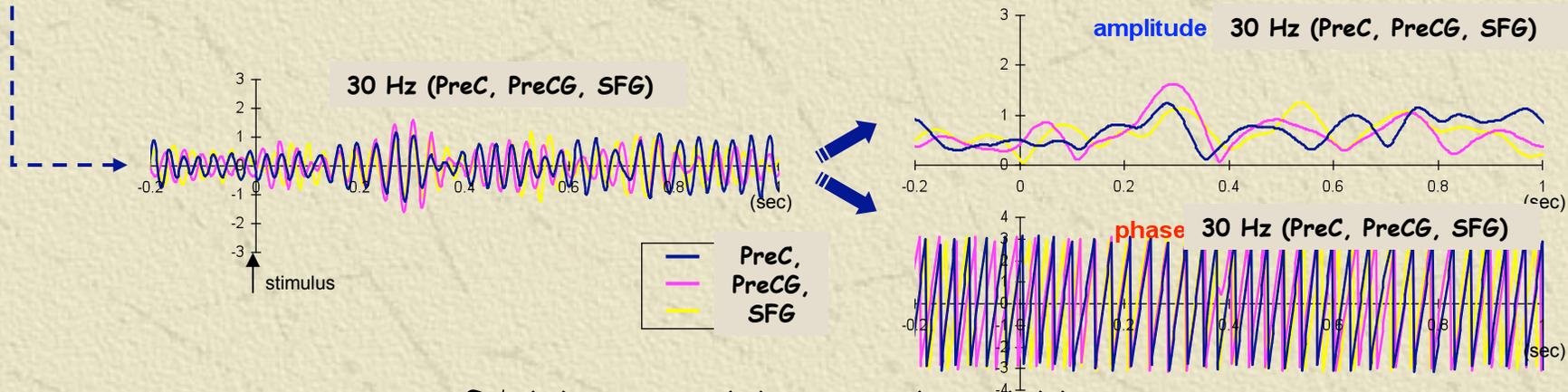
- ✦ BESA beamformer: spatial filter voxel-wise using BESA MRI average brain
- ✦ Seeded dipoles at peak voxel of each significant region and computed broadband signals for this source montage (BESA)
- ✦ Filtered dipole activations into narrow bands at 1 Hz intervals 1-60 Hz; bandwidth =  $f \pm 0.05f$
- ✦ Computed analytic signal via Hilbert transform epoch-wise (1600 ms epochs; discarded 300 ms at each end) at each center frequency
- ✦ Computed normalized phase locking value (re baseline) from instantaneous phase
- ✦ Used normalized amplitude and un-normalized phase for other analyses

# EEG synchronization analysis: calculation of phase locking value (PLV)

**Step.1** Obtain filtered signals  $f(t)$  via bandpass filtering at chosen frequencies



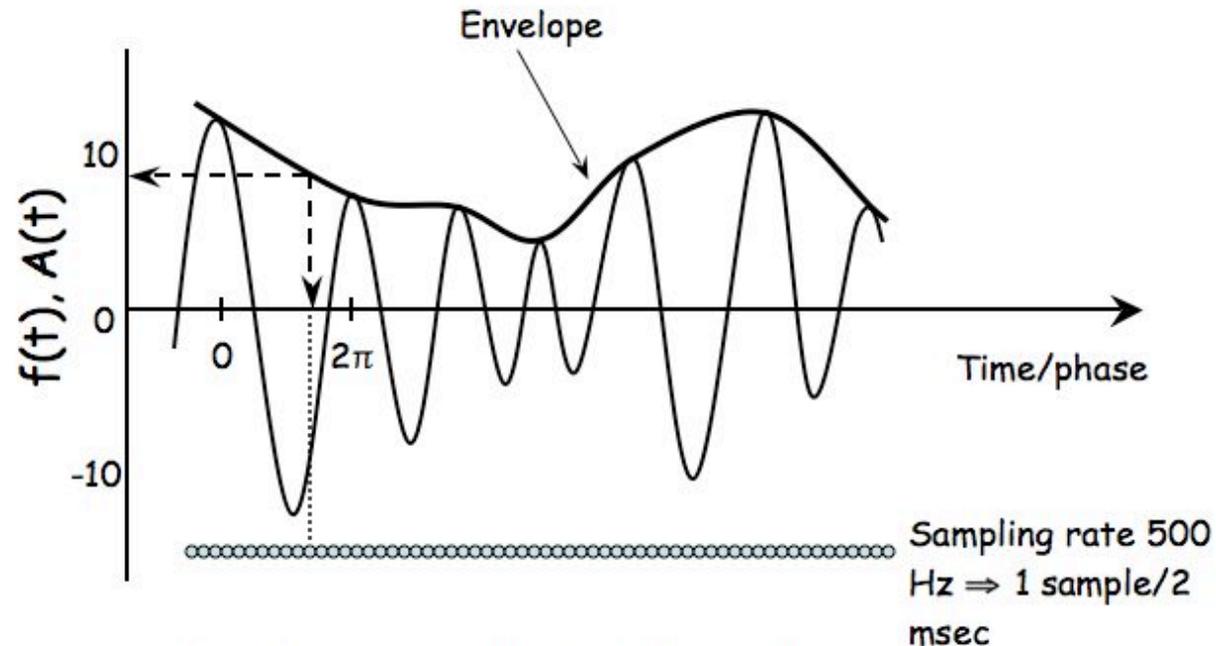
**Step.2** instantaneous phase and amplitude



$$\zeta(t) = f(t) + i\tilde{f}(t) = \underbrace{A(t)}_{\text{amplitude}} \exp(i \underbrace{\phi(t)}_{\text{phase}})$$

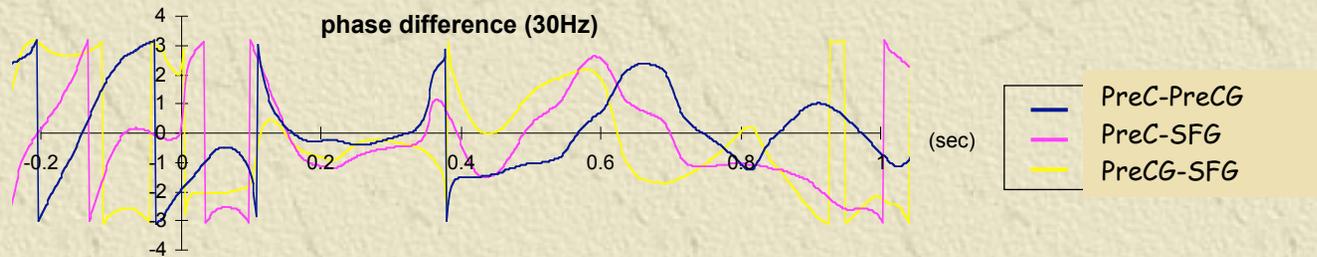
where  $\tilde{f}(t)$  is Hilbert transform of  $f(t)$ ,  $\tilde{f}(t) = \pi^{-1} P.V. \int_{-\infty}^{\infty} \frac{f(\tau)}{t - \tau} d\tau$

# Analytic signal via Hilbert transform



Instantaneous amplitude,  $A(t)$ , and phase,  $\phi(t)$ ,  
available for each sample point (dots below graph)  
by projecting envelope to  $x$  ( $\phi(t)$ ) or  $y$  ( $A(t)$ ) axis

### Step.3 Calculation of phase locking value (PLV) for each time point



$$PLV(t)_{1,2} = \frac{1}{N} \left| \sum_{n=1}^N e^{i\theta(t,n)} \right|$$

⇒ [ complete synchronization:1  
random phase difference:0

where

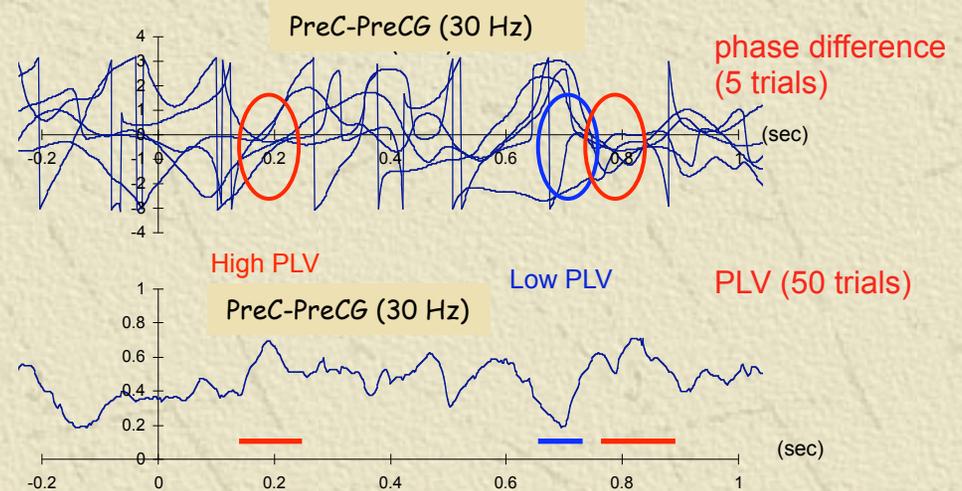
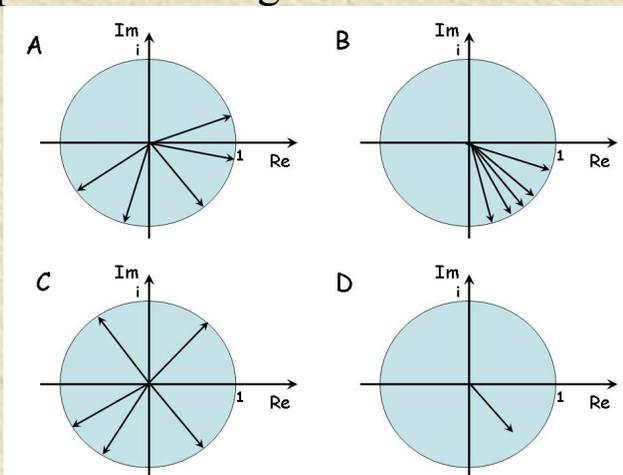
$\theta(t, n) = \phi_1(t, n) - \phi_2(t, n)$  (phase difference)

$N$  : the number of trials

$t$  : time points

$\phi_1$  : the phase of the signal from electrode 1

$\phi_2$  : the phase of the signal from electrode 2



## Step.4 standardization of PLV

To reduce the effect of volume conduction of stable sources and compare between electrode pairs at different distances

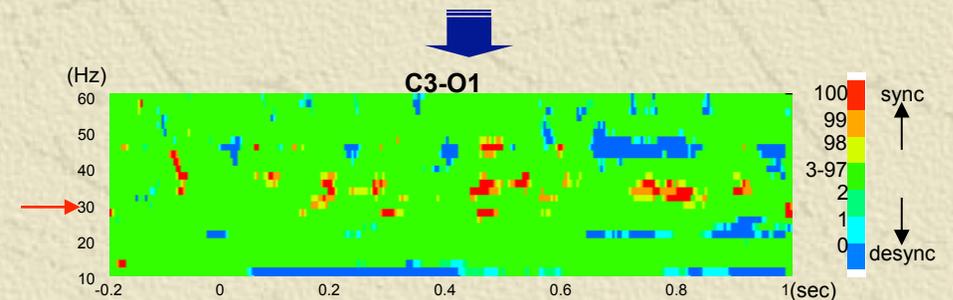
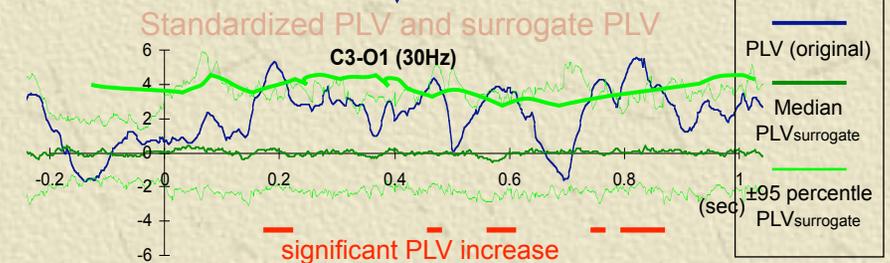
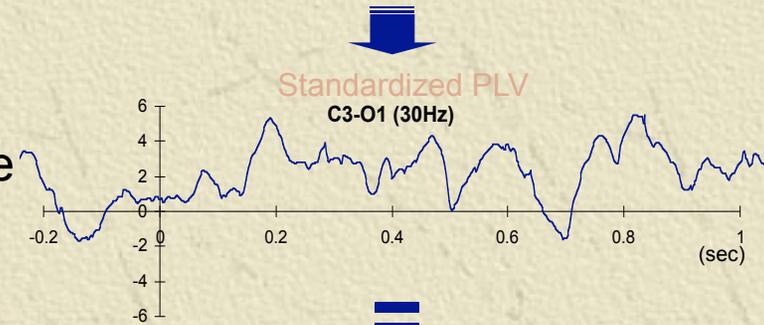
$$PLV_z(t) = \frac{(PLV - PLV_{Bmean})}{PLV_{Bsd}}$$

$PLV_{Bmean}$  : the mean of PLV in the baseline period (400ms)

$PLV_{Bsd}$  : the standard deviation of PLV in the baseline period (400ms)

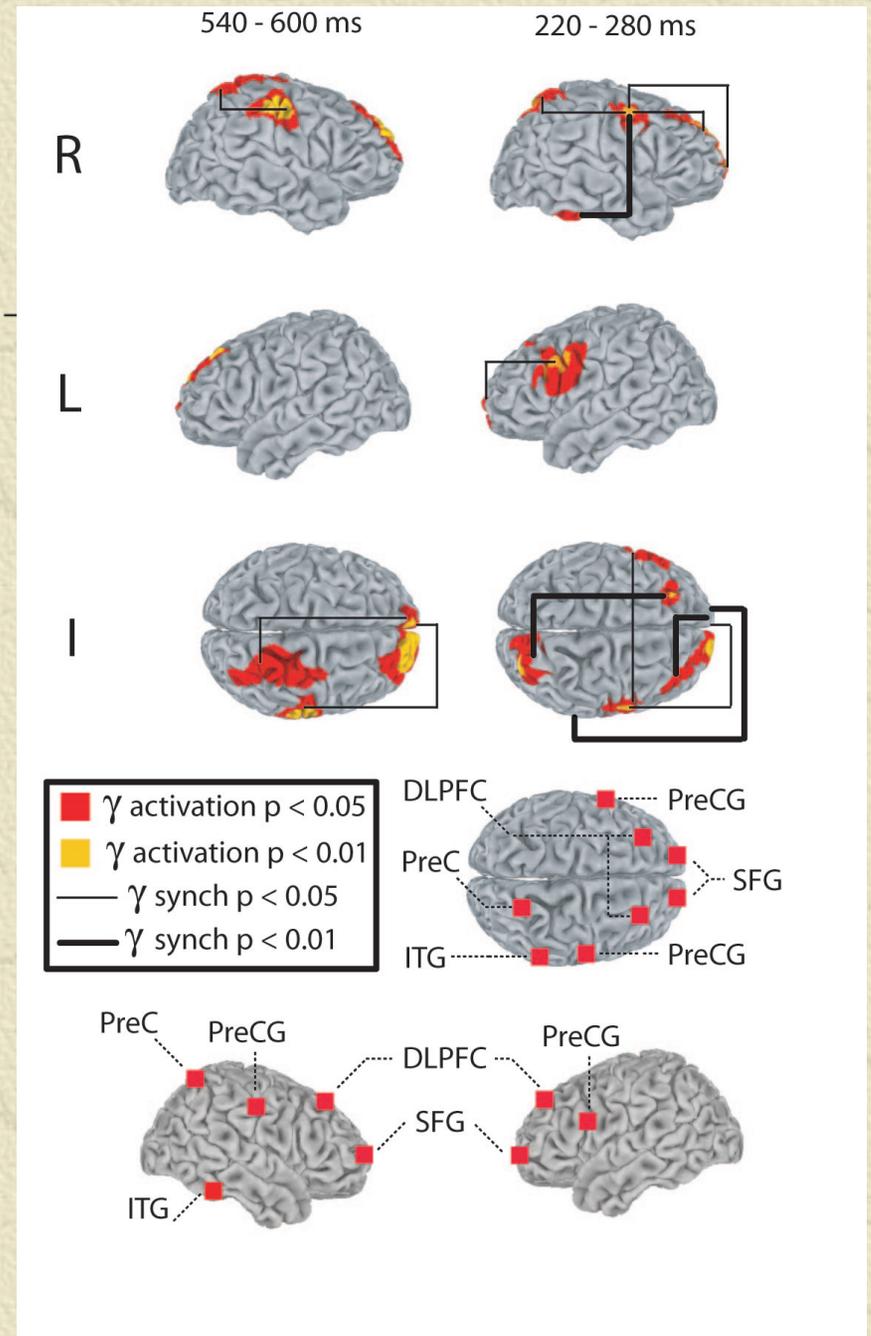
## Step.5 statistical test using surrogate data

Note: Amplitude and long-range  $PLV_z$  must change together for spurious synchronization to be indicated (Doesburg, Roggeveen, Kitajo, Ward, *Cerebral Cortex*, 2007)



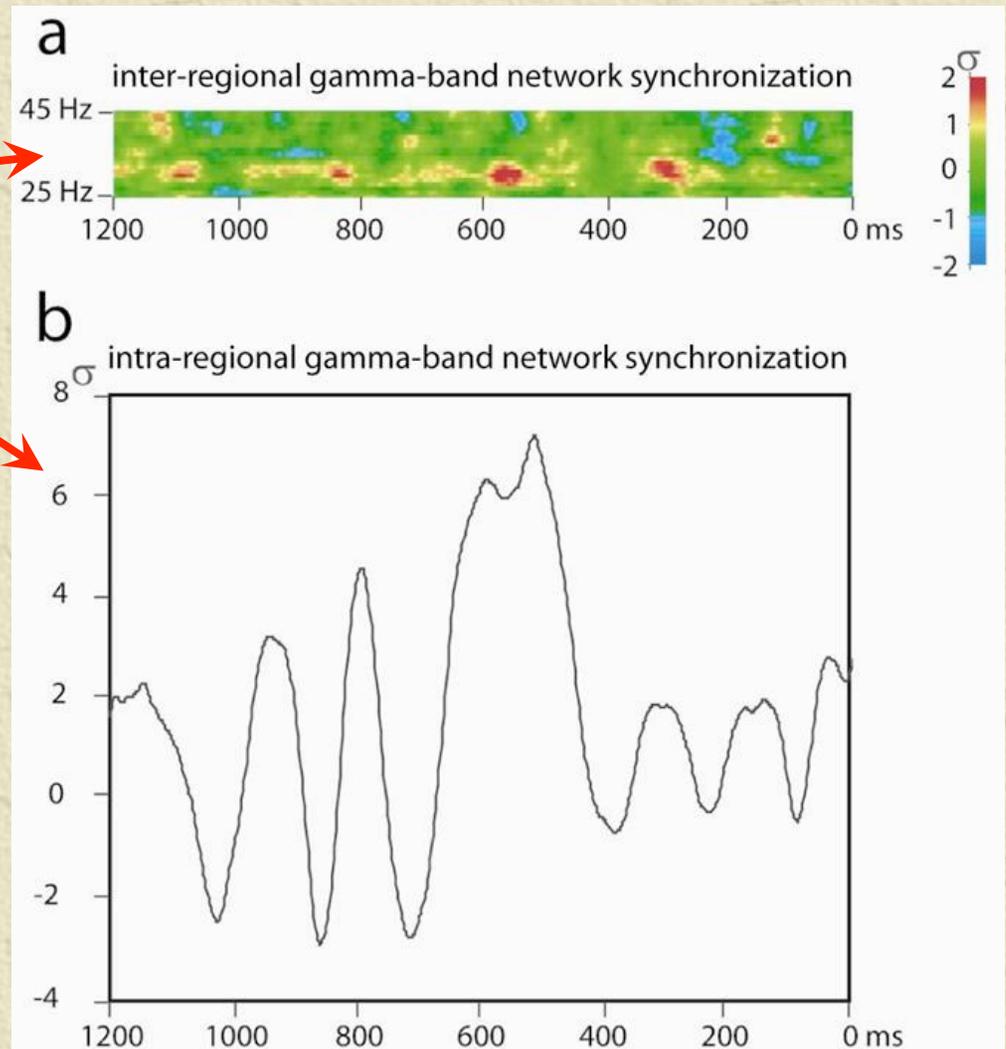
# Gamma-band consciousness network

- ✦ biSFG, biDLPFC, RPreC and RPreCG active with some inter-regional synchrony at 540-600 ms constitute a consciousness maintenance network
- ✦ RITG (visual pattern) and LPreCG (RH response) also active at 220-280 ms  $\Rightarrow$  switch of percept
- ✦ Widespread synchrony in this network during perceptual switch



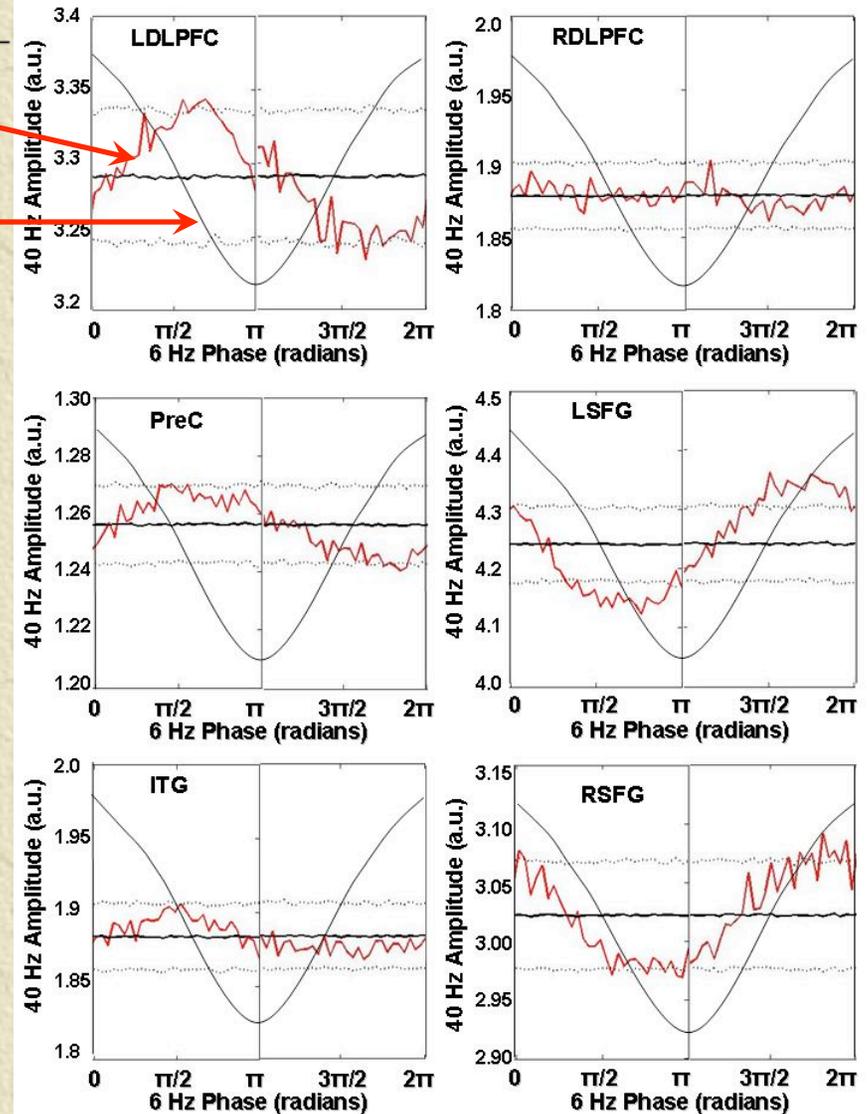
# Rhythms of consciousness

- ✦ Bursts of inter-regional synchrony roughly every 167-250 ms  $\Rightarrow$  4-6 Hz rhythm
- ✦ Bursts of intra-regional synchrony (local power) roughly every 167 ms  $\Rightarrow$  6 Hz rhythm
- ✦ Consistent with other consciousness results, e.g. attention blink strongest at T1-T2 interval of 225 ms  $\Rightarrow$  4.4 Hz
- ✦ Cross-frequency theta-gamma coupling?



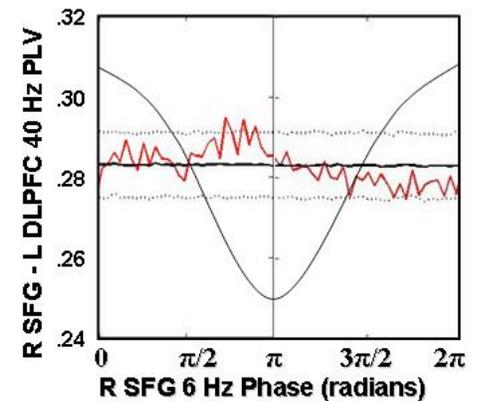
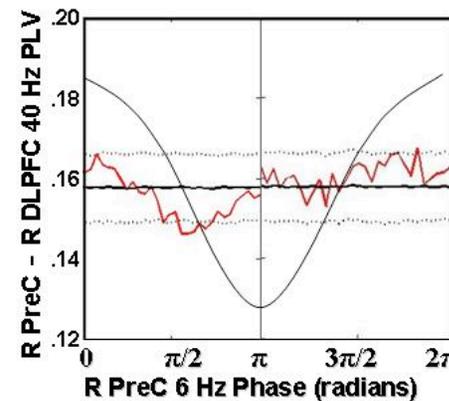
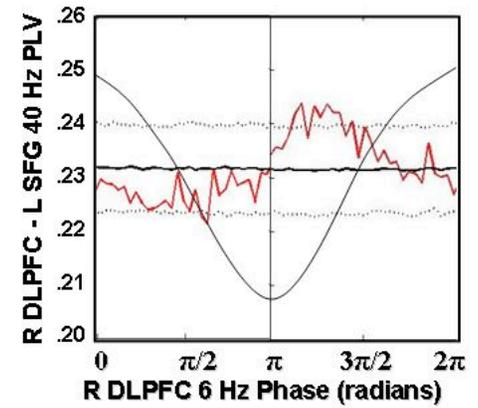
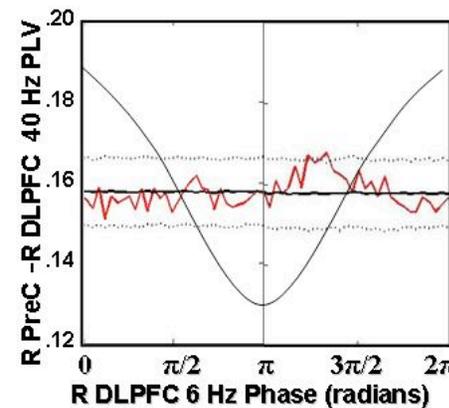
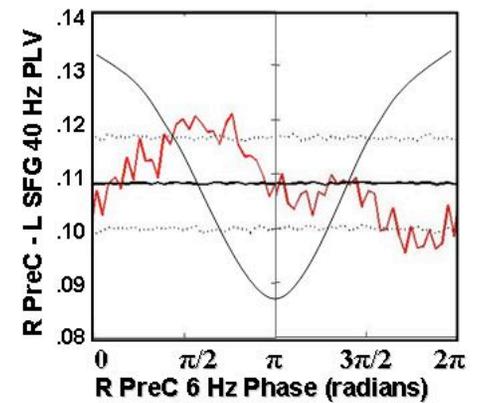
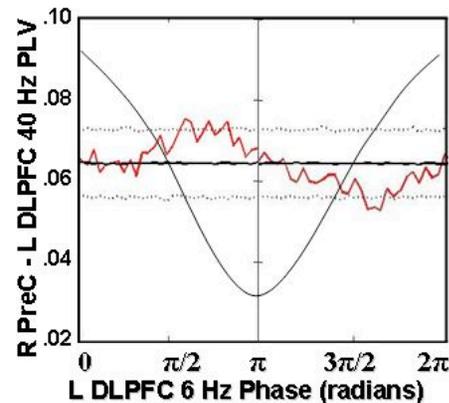
# Theta phase-gamma amplitude coupling

- ✦ Jagged red lines are gamma amplitude
- ✦ Smooth black curves are one theta cycle (theta phase)
- ✦ Thick black line is mean of surrogates; thin lines are 2.5<sup>th</sup> and 97.5<sup>th</sup> percentiles of surrogates
- ✦ Clearly gamma amplitude waxes and wanes with theta phase in most areas shown (does *not* in RDLPFC, biPreCG)
- ✦ Gamma maximum *not* at theta trough as it is for 80-150 Hz gamma (Canolty et al, 2006)
- ✦ Theta-gamma relationship differs in biSFG from the others by  $\pi$  radians



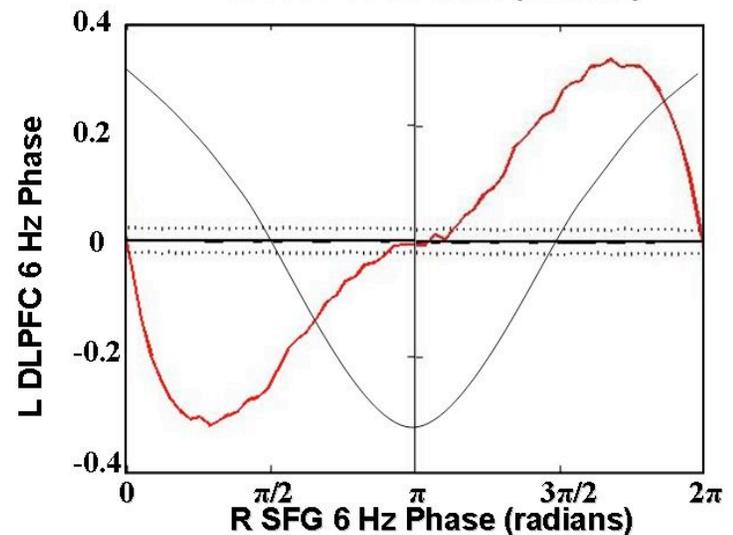
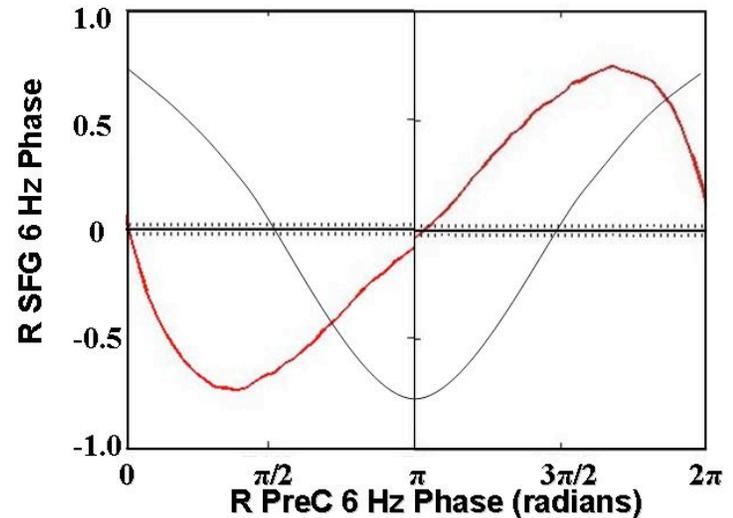
# Theta phase - gamma PLV coupling

- ✦ Here jagged red lines are gamma PLV
- ✦ Again, significant modulation of gamma PLV by theta phase
- ✦ Again, different modulations in different pairs
- ✦ Ten of 15 pairs modulated by at least one area's theta phase, five by both (see Table 2 in paper)



# Theta-theta phase coupling

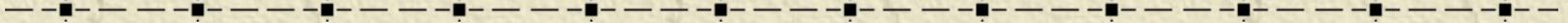
- ✦ Here jagged red lines are theta phase in y-axis area
- ✦ Significant theta phase locking between all areas modeled
- ✦ Implies phase-locked theta rhythm everywhere but not all same phase
- ✦ Perceptual awareness, mediated by gamma synchrony, follows a theta rhythm



# Take this home

- 
- ✦ Synchronized frontal-parietal gamma-band network associated with ongoing perceptual awareness
  - ✦ Change in perceptual awareness associated with augmented, more synchronized network
  - ✦ Gamma-band synchronization linked to theta cycle, the rhythm of consciousness

To come 25 May



4. le mardi 25 mai 2010 à 17 heures:  
**The role of the thalamus in human consciousness**