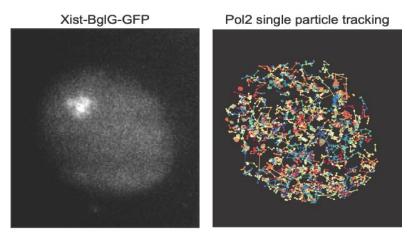
CHAIRE ÉPIGÉNÉTIQUE ET MÉMOIRE CELLULAIRE

Année 2024-2025 :

Nouvelles conaissances sur les mécanismes épigénétiques : l'inactivation du chromosome X et d'autres exemples d'expression monoallélique



Cours III, 26 mai 2025 Évolution de l'inactivation du chromosome X et

dynamique développementale

Steve Quake: 2nd Lecture "Understanding the Mysteris of the Cell: How do Mutations arise in our Bodies? GE Lundi 26 mai, 17.00-18.00

CE

E. Heard, May

COURS 2025

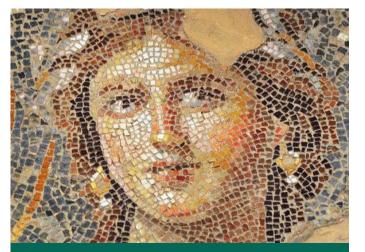
12 mai 2025 Découverte de l'inactivation du chromosome X (lyonisation)

19 mai 2025 La génétique et l'épigénétique de l'inactivation du chromosome X et d'autres exemples d'expression monoallélique

26 mai 2025 Évolution de l'inactivation du chromosome X et dynamique développementale

2 juin 2025 Implications de l'inactivation du chromosome X pour la biologie féminine

10-11 juin 2025 Colloque



Edith HEARD CHAIRE ÉPIGÉNÉTIQUE & MÉMOIRE CELLULAIRE

Nouvelles connaissances sur les mécanismes épigénétiques : l'inactivation du chromosome X et d'autres exemples d'expression monoallélique

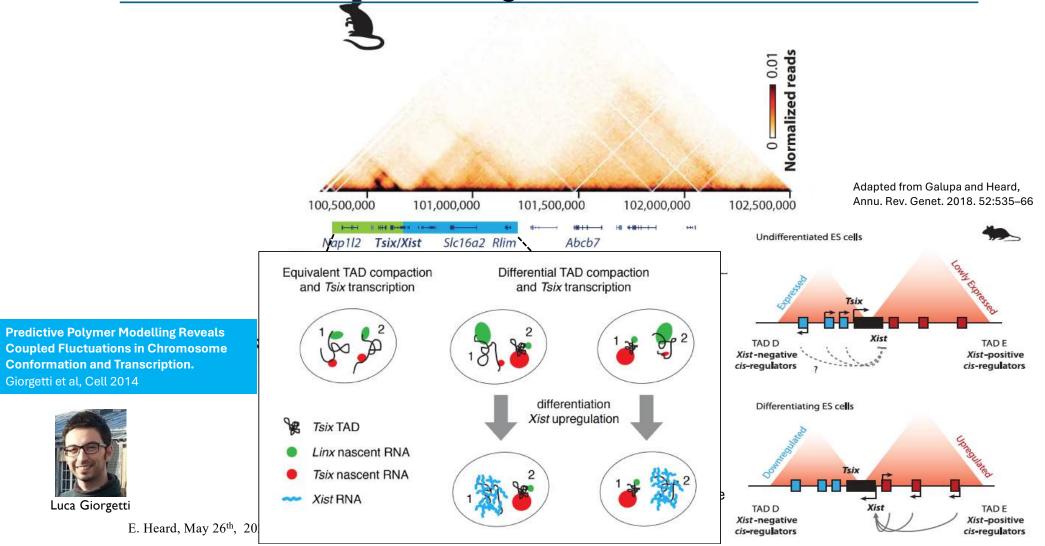
12 mai > 2 juin 2025

SUMMARY of COURS 2

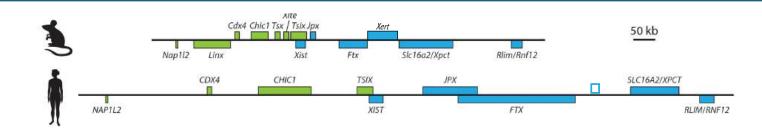
- Notion that the Xic not only has to trigger XCI in *cis*, but also enable XX cells to: Sense their X-chromosome number and trigger XCI if there is >1 X
 Count the number of X's relative to autosomes to ensure <u>one X</u> stays active per diploid autosome set Choose which X wil stay active (and/or which X will be silenced)
- Quest for the the X-inactivation centre (Xic): the region on the X that is both *necessary* and *sufficient* for initiation of X inactivation.
- Serendipitous discovery of *Xist* non-coding RNA within candidate XIC region in humans and mice (and other eutherians) and demonstration that its deletion prevents XCI *in cis* in mice.
- Discovery that multicopy Xist transgenes can trigger XCI in cis in mice and ESCs. However single copy Transgenes even up to 460kb in length <u>cannot recapitulate full</u> <u>Xic function</u> during random XCI in ESCs or in mice => search for missing sequences
- Discovery of Topologically Associating Domains (TADs) and implications for *Xist's* developmental and monoallelic regulation, as well as for gene regulation in general.
- Demonstration that Xist RNA can induce gene silencing during defined differentiation time windows and definition of the essential regions for its different functions (cis-silencing, chromosome coating, recruitment of chromatin factors etc). *More next week*
- Current understanding of the Xic and Xist regulation. E. Heard, May 26th, 2025



The Organisation of the X-inactivation Centre into TADs may help to ensure accurate monoallelic *Xist* Regulation via the *Tsix* TAD in the mouse?



Further definition of specific cis and trans regulators: the 5'Xist TAD



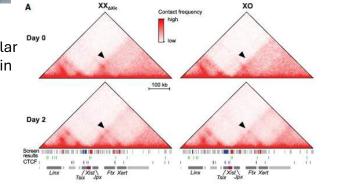


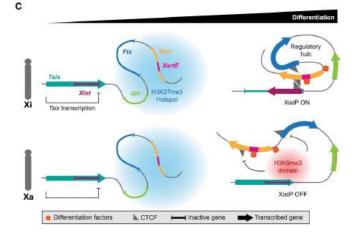
In the mouse Xic, promoter-proximal elements control female-specific Xist expression in a binary fashion
Some long-range repressors control Xist even across the TAD boundary eg Linx promoter(Galupa et al, 2020)
Long-range enhancer elements regulate developmental timing of Xist upregulation

- •Several distal enhancers are associated with a previously unannotated IncRNA, Xert
- •Xert is upregulated concomitantly with Xist and activates Xist in cis

•Xert IncRNA does not seem to be conserved in humans but an enhancer similarly bound by SMAD2/3 may be present

Edda Schulz MPI for Molecular Genetics, Berlin





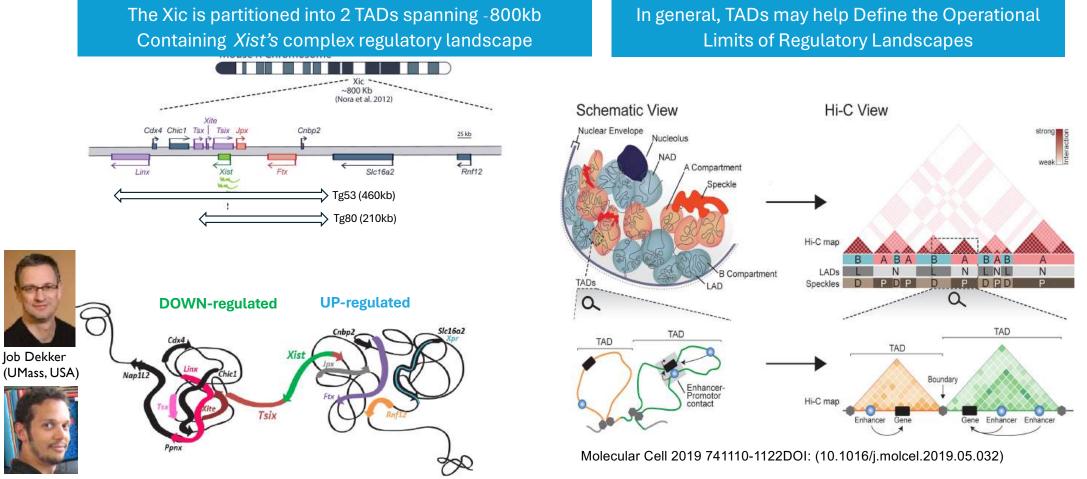


Article Distal

Distal and proximal *cis*-regulatory elements sense X chromosome dosage and developmental state at the *Xist* locus

Rutger A.F. Gjatema, ^{1,2} Till Schwämmie,^{1,2} Pauline Kautz,¹ Michael Robson,^{2,3} Robert Schöpflin,^{2,4,5} Liat Ravid Lustig,¹ Lernart Branderburg,¹ Ilona Durkel,¹ Carolina Vachatto,¹ Evgenia Ntini,¹ Verena Matzel,¹ Vera Schmiedel,¹ Annalisa Marsico,² Stefan Mundice,²⁺¹ and Edda G. Schulz ^{1,4,4} E. Heard, May 26th, 2025

Chromatin Folding into TADs Partitions the Xic and Xist's regulatory landscape



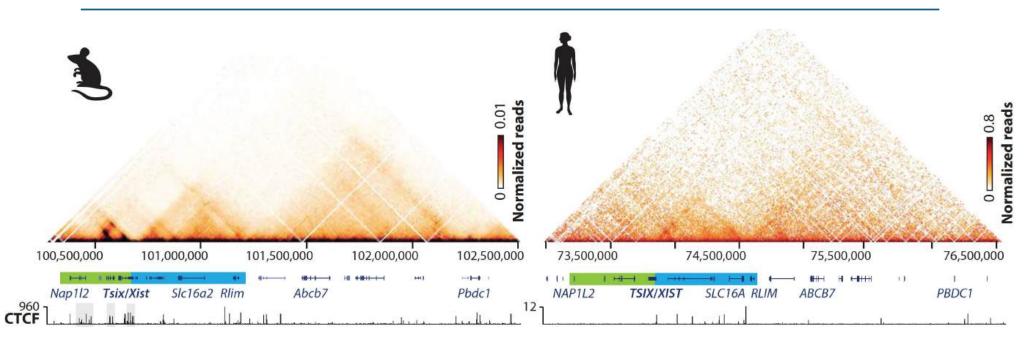
Elphege Nora

Nora et al "Spatial partitioning of the regulatory landscape of the X-inactivation centre". Nature, 2012

E. Heard, May 26th, 2025



How conserved is the X-inactivation Centre and *Xist* Regulation?



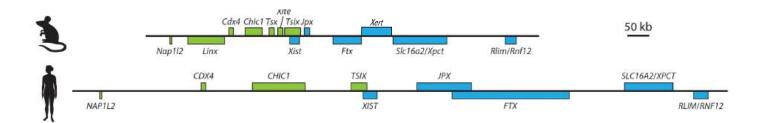
In the murine Xic region, the *Xist* promoter and the *Tsix* promoter are organised into two separate TADs within which direct regulators of *Xist*, and *Tsix* are located, respectively.

In the human XIC region, the *XIST* promoter is also within a **TAD** spanning similar loci as the mouse, but *TSIX* is not well conserved and the extent or role of a corresponding **TAD**, downstream of XIST, is not so clear.

Galupa and Heard, Annu. Rev. Genet. 2018. 52:535–66 E. Heard, May 26th, 2025



Current understanding of the mouse Xic and Xist Regulation during random XCI



Adapted from Galupa and Heard, Annu. Rev. Genet. 2018. 52:535-66

	DR 2 EAAT WITHIN THE FOR THE DR UKH INFORMATION ACT					Table 1 Loci within the Abr TAL		
Locus	Coding potential	KO phenotype in mice	Mechanism of action in XCI	Additional observations	Locus	Coding potential	T	
Tsix	Noncoding	XCI-related lethality (108, 118)	Repressive role on Xist through Trix transcription across its promoter (113, 133, 134, 143, 166, 187, 191)	Tsix IncRNA seems to be dispensable for Xist regulation (167, 177, 191)	Xin	Noncoding (lncRNA)		
Xite	Noncoding	Unknown	Deletion in female ESCs leads	Reported to be an enhancer of	8			
			to preferential Xist upregulation in cit (142)	Tsix (188) but unclear whether it can influence Xist independently of Tsix	Ĵþx	Noncoding (IncRNA)		
Tsx	Protein coding (44, 54) and noncoding (2)	Subfertility and	Trix and Xist expression are slightly affected in KO ESCs hut no skewing observed (2)	Testis-specific expression (2, 54)	-		4	
		neurological alterations (2)			Ftx	Noncoding (IncRNA)		
Chic1	Protein coding	Unknown	Unknown; harbors a structural element involved in the folding of the <i>Trix</i> TAD (77)	Expressed in ESCs and in brain (179)				
Cdx4	Protein coding	No significant phenotype (104)	Never implicated in XCI	Homeobox protein				
Linx	Noncoding (IncRNA)	Unknown	Unknown; levels of expression correlated with those of <i>Tsix</i> and with the compaction of the <i>Tsix</i> TAD (77, 138)	Expression restricted to the	Cnbp2	Protein coding	t	
				inner cell mass, absent from extraembryonic tissues (138)	Xpr	Within Xpct		
Ppmx	Protein coding	Unknown	Never implicated in XCI	Testis-specific expression (44); also reported in ESCs, but it shares exons with <i>Linx</i> :	Xper	Protein coding	T	
					Rnf12	Protein coding		
Nap112	Protein coding	Lethality associated with neural tube defects in embryo chimaeras (163)	Never implicated in XCI	Brain-specific expression (164)				

Locus	Coding potential	KO phenotype in mice	Mechanism of action in XCI	Additional observations	
Xist	Noncoding (IncRNA)	Female-specific lethality (119)	The key IncRNA for XCI; coats the X-chromosome in <i>cis</i> and triggers gene silencing, chromatin remodeling, and structural reorganization of the X chromosome	Xist RNA is essential to trigger XCI and becomes dispensable once the inactive state is maintained by epigenetic mechanisms (209)	
Jpx	Noncoding (IncRNA)	Unknown	Some studies describe the Jpx IncRNA as a trans-activator of Xist (199); this would be achieved by evicting CTCF from the Xist locus (192). A recent study reported no trans-activity for Jpx but rather a <i>cis</i> -effect on Xist (9)		
Ftx	Noncoding (IncRNA)	Viable mice, no apparent XCI-related phenotype (183)	Transcription of <i>Ftr</i> is required for <i>Xitr</i> activation and establishment of XCI during differentiation of female ESCs (71), but its RNA products are not required. KO in early differentiated male ESCs leads to reduced <i>Xitr</i> upregulation (43)	Hosts microRNAs in its introns (43), which do not seem involved in <i>Xist</i> regulation (71)	
Cnbp2	Protein coding	Unknown	Never implicated in XCI	Zinc-finger protein (44)	
Xpr	Kpr Within Xpct Unknown		Mediates X-chromosome pairing during early differentiation (4)	X-chromosome pairing, through Xpr or Tsix/Xite, is dispensable fo XCI (9, 128)	
Xper	Protein coding	Unknown	Never implicated in XCI	Transmembrane transporter (106)	
Rnf12	Protein coding	Female-specific lethality (178)	Rnf12 ubiquitin ligase targets Rex1 for degradation, thereby triggering and sustaining Xist activation (in trans) (8, 9, 80, 96)	$Ruf(2^{+/\Delta p})$ mice are viable (178) and some $Ruf(2^{+/-})$ cells undergo XCI (96), implying the involvement of other Xist activators during random XCI (126)	

Careful and the Careful And the Careful And the Careful And

Abbreviations ESCs, embryonic stem cells; KO, knockour; IncRNA, long noncoding RNA; TAD, topologically associating domain; XCI, X-chromosome inactivation.

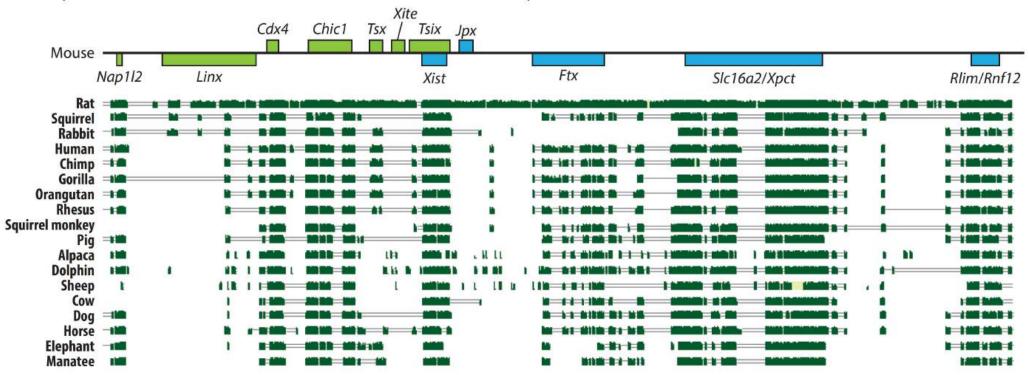


E. Heard, May 26th, 2025

Table 2 Loci within the Tsix TAD and their involvement in XCI

What is the Evolutionary Conservation of the Xic region across Eutherian mammals?

Sequence conservation of the X-inactivation center across placental mammals

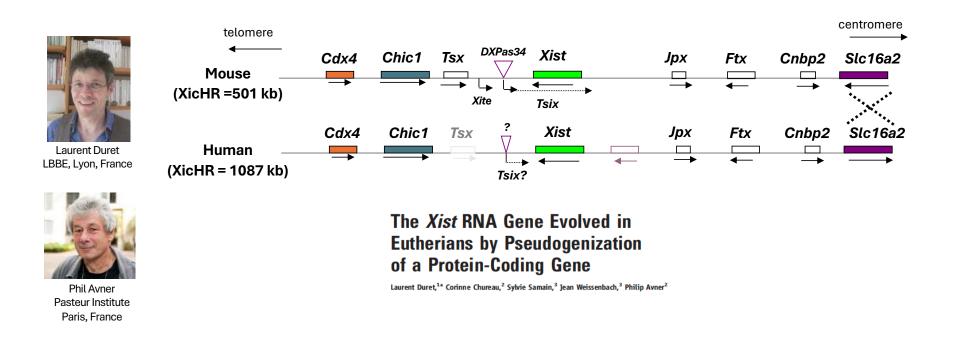


Galupa and Heard, Annu. Rev. Genet. 2018. 52:535–66



E. Heard, May 26th, 2025

Conservation of the Xic and evolution of *Xist*?



- Xist evolved only in eutherians (pseudogenisation of the protein coding Lnx gene)
- Two exons of Lnx3 are homologous to Xist (probability of this happening by chance is very low (5 x 10⁻⁵)
- In marsupials : there is no Xist gene, and the Xic region is broken up (in particular the Xist <u>upstream</u> region) *How is marsupial XCI controlled? Another locus?*

Carry over of meiotic sex chromosome inactivation (SEE LATER)

Chureau et al, 2002; Duret et al, 2006; Hore et al, 2007; Davidow et al, 2007; Zakharova et al, 2007; Elisaphenko et al., 2008

Conservation of the Xic and evolution of alternative strategies

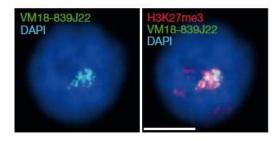


James Turner The Francis Crick Institute London, UK

Rsx is a metatherian RNA with *Xist*-like properties in X-chromosome inactivation

Jennifer Grant¹, Shantha K. Mahadevaiah¹, Pavel Khil², Mahesh N. Sangrithi¹, J John R. McCarrey⁴, John L. VandeBerg⁵, Marilyn B. Renfree⁶, Willie Taylor¹, Gi Mike J. Gilchrist¹ & James M. A. Turner¹

Grant et al (2012) Nature 487, 254-258



A single-cell transcriptome atlas of marsupial embryogenesis and X inactivation

Mahadevaiah et al (2020) Nature 586, 612-634

- Rsx is a non-coding RNA with no homology to Xist but potentially similar role
- The origin of Rsx is unknown
- The syntenic region in eutheria is flanked by *HPRT* and FAM122B and contains the placenta-specific gene *PLAC1*
- An antisense to *Rsx Xsr –* has also been identified and may play a role in its monoalleic control.
- Non-coding RNAs such as Xist, Rsx (and their antisense RNAs) may be easier to evolve for rapidly needed "dosage compensation strategies) than proteins
- Such ncRNAs are often driven by retransposon see COURS 2016)
- Easy to regulate dynamically in development
- Could be useful "triggers" or modulators for epigenetic processes



E. Heard, May 26th, 2025

(More about Marsupials later)

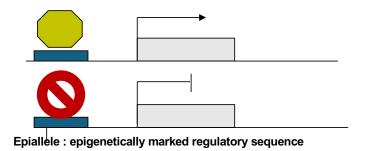
The Epigenetics of X-Chromosome Inactivation



E. Heard, May 26th, 2025

The Epigenetics of X-Chromosome Inactivation

- The two X chromosome can be genetically identical
- Yet one of them will have its genes "turned off" and this state will be maintained through tens to hundreds of mitotic cell divisions
- X inactivation is therefore a classic example of epigenetic regulation, monoallelic gene expression and heterochromatin formation on a chromosome-wide scale.



What are the epigenetic mechanisms that ensure the propragation of inactivity through cell divisions as well as in non-dividing cells?

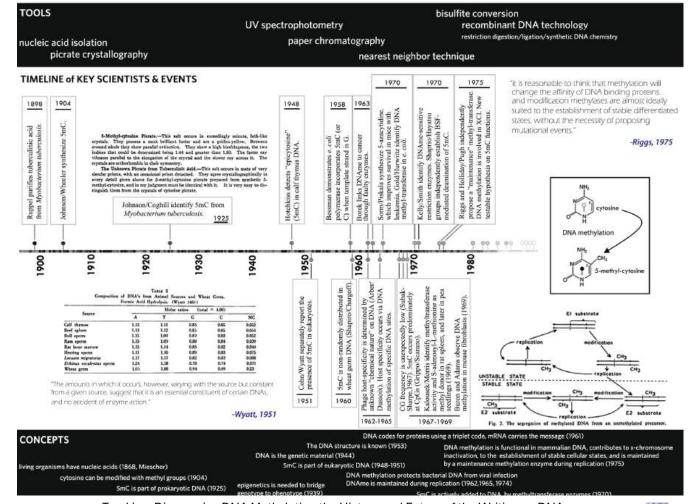
DNA Methylation was the first "EPIGENETIC MARK" proposed to account for spreading and maintenance of XCI

Riggs, A. D. 1975. X inactivation, differentiation and DNA methylation. Cytogellet. Cell Gellet. 14:9-25



E. Heard, May 26th, 2025

DNA Methylation: its discovery, its proposed role in epigenetic memory and XCI



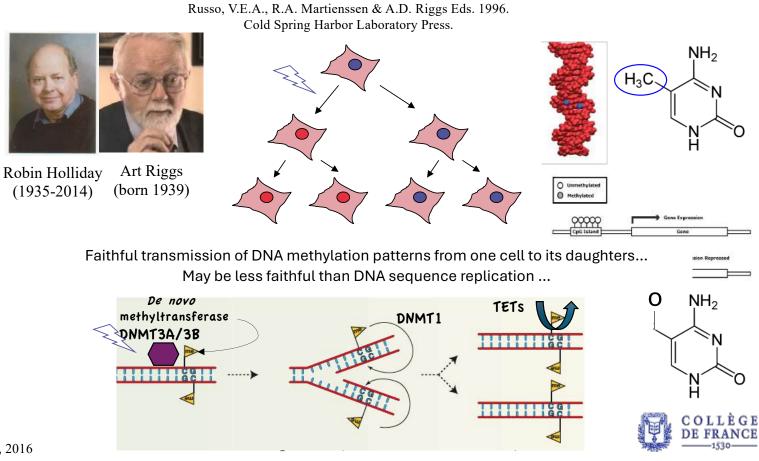
Tomkins, Discovering DNA Methylation the History and Future of the Writing on DNA Journal of the History of Biology (2022) 55:865–887; doi.org/10.1007/s10739-022-09691-8



E. Heard, May 26th, 2025

(Re-)Définition de l'épigénétique (Holliday – Riggs)

L'étude des changements d'expression des gènes transmissibles au travers des divisions cellulaires (voire des générations), sans changement de la séquence de l'ADN



Epigénétique et Mémoire Cellulaire

E. Heard, 2016

ART RIGGS – one of the fathers of modern Epigenetics

18



1939-2022

The maintenance

methylase model

1975

THE ORIGINS OF THE MODERN DEFINITION OF EPIGENETICS

X inactivation, differentiation, and DNA methylation

A.D. RIGGS

City of Hope National Medical Center, Duarte, Calif.

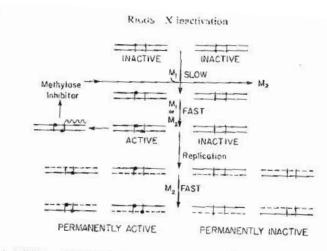
A model based on DNA methylation is proposed to explain the initiation and maintenance of mammalian X inactivation and certain aspects of other permanent events in cukacyotic cell differentiation. A key feature of the model is the proposal of sequencespecific DNA methylases that methylate unmethylated sites with great difficulty but easily methylate half-methylated sites. Although such enzymes have not yet been detected in cukaryotes, they are known in bacteria. An argument is presented, based on recent data on DNA-binding proteins, that DNA methylation should affect the binding of regulatory proteins. In support of the model, short reviews are included covering both mammalian X inactivation and bacterial restriction and modification enzymes.

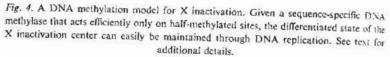
Cytogenetics and Cell Genetics. 2003;99(1-4):17-24. doi:10.1159/000071569



X Chromosome Xce 0.000 etc.

Figure 4 A "way station" model for the spreading of X-chromosome inactivation. The squares represent X-chromosome-specific DNA sites that function, by interacting with specific proteins, to stabilize and thereby enhance the spreading of the condensed and inactive state. The amplitude of the oscillating line represents the strength of the condensation signal, which at the molecular level depends on the stability of cooperative protein-protein and protein-DNA interactions.







model for the spread of X inactivation 1983 (in Gartler and Riggs, ARG 1983)

The "way station"

E. Heard, May 26th, 2025

Condensation Signal

ART RIGGS – one of the fathers of modern Epigenetics



Arthur D. Riggs 1939-2022

The maintenance methylase model • 1975

THE ORIGINS OF THE MODERN DEFINITION OF EPIGENETICS

- In the 1970s, Riggs played a key role in launching the field of modern epigenetics. Inspired by his earlier studies on the Lac
- repressor in bacteria, Riggs had become fascinated with DNA modifications, recognizing that these modifications may interfere with protein–DNA interactions, perhaps best exemplified by the bacterial restriction and modification systems. In a landmark conceptual paper published in 1975.
- Riggs proposed that in mammals, patterns of DNA methylation, which exist chiefly in the form of 5-methylcytosines at CpG dinucleotide sequences, can be faithfully copied during DNA replication by a DNA methyltransferase (DNMT1). This enzyme maintains fully methylated CpG sites by acting preferentially on hemi-methylated intermediates arising shortly after DNA replication.
- He also proposed that DNA methylation sites could control gene expression by interfering with the binding of regulatory proteins and could be involved in X-chromosome inactivation. model for the spread

of X inactivation Therefore, the heritability of DNA methylation provides a mechanism for maintaining epigenetic states during cell divisions.

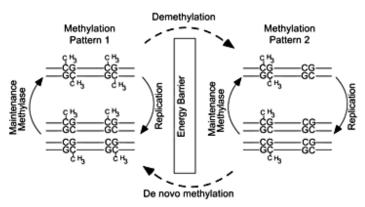
(in Gartler and Riggs, ARG 1983)

The "way station"

1983

- All these predictions turned out to be correct.
- A conceptually similar proposal for DNA methylation maintenance during replication was developed independently by Holliday and Pugh and published in that same year.

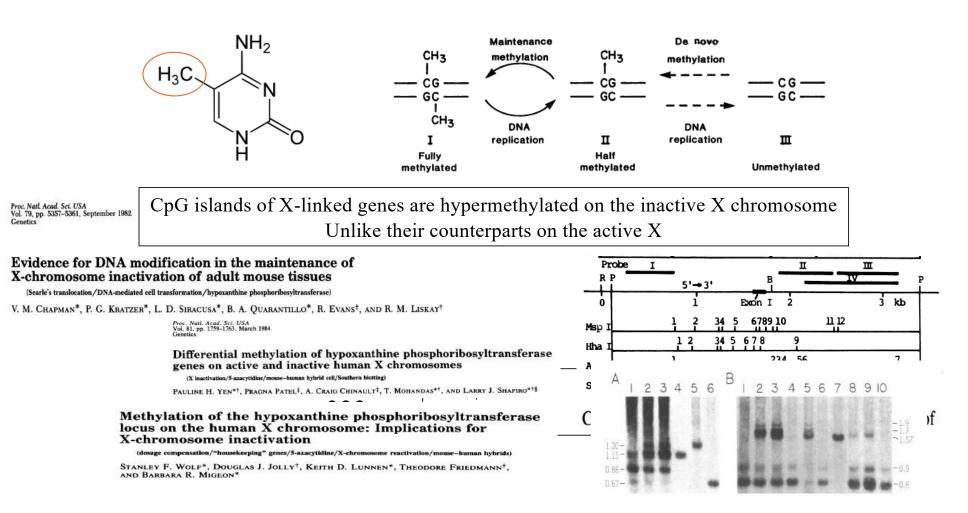






A role for DNA Methylation in X inactivation

First proposed by Riggs, 1975, Cytogenet. Cell Genet. 14, 9-25



Reactivation of an Inactive Human X Chromosome: Evidence for X Inactivation by DNA Methylation

Abstract. A mouse-human somatic cell hybrid clone, deficient in hypoxanthineguanine phosphoribosyltransferase (HPRT) and containing a structurally normal inactive human X chromosome, was isolated. The hybrid cells were treated with 5azacytidine and tested for the reactivation and expression of human X-linked genes. The frequency of HPRT-positive clones after 5-azacytidine treatment was 1000-fold greater than that observed in untreated hybrid cells. Fourteen independent HPRTpositive clones were isolated and analyzed for the expression of human X markers. Isoelectric focusing showed that the HPRT expressed in these clones is human. One of the 14 clones expressed human glucose-6-phosphate dehydrogenase and another expressed human phosphoglycerate kinase. Since 5-azacytidine treatment results in hypomethylation of DNA, DNA methylation may be a mechanism of human X chromosome inactivation.

- Frequency of HPRT-positive clones (per 10⁵ cells) Treatment 37-26R-A 37-26R-D A9 and concentration **Relative** plating II I I II I п efficiency (%) Control 0.1 0 100 0 0 0 Cytidine (10 µM) 0.1 0 136 0 0 0 6-Azacytidine (10 µM) 0 6-Azacytidine $(2 \mu M)$ 80 28.3 5-Azacytidine (10 µM) 5-Azacytidine (5 µM) 74.5 63 5-Azacytidine (2 µM) 117.4 5-Azacytidine (2 µM) 61 + cvtidine (10 μM) 5-Azacytidine (2 µM) 63 0.4 + cytidine (20 μM) Arabinosylcytosine $(2 \mu M)$ 0 5 5-Bromodeoxyuridine (10 μ M) 0 45
- DNA methylation is clearly involved in maintenance of X inactivation but there was no clear mechanism of action on the Xi: DNA binding proteins? Chromatin accessibility?
- Replication timing?
- Furthermore CpG island DNA methylation does not seem to be conserved in marsupials!
- And DNA methylation on the Xi appears to be a relatively late event during mouse development...

5-azacytidine treatment on cultured human/hamster hybrid cells with an inactive X chromosome revealed that X-linked genes (Hprt) could be reactivated by inhibiting DNA methylation maintenance.



E. Heard, May 26th, 2025

The Epigenetics of X-Chromosome Inactivation

Cell, Vol. 48, 39-46, January 16, 1987, Copyright © 1987 by Cell Press

Methylation of the *Hprt* Gene on the Inactive X Occurs after Chromosome Inactivation

Leslie F. Lock,*† Nobuo Takagi,‡ and Gail R. Martin*

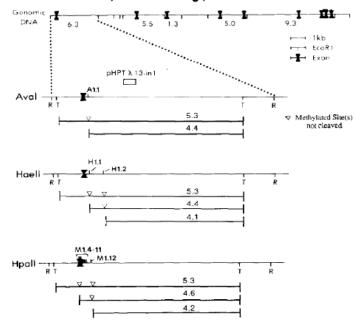


Figure 1. Map of the Mouse Hprt Gene Showing the Location of Restriction Sites in and near the First Intron That Are Methylated on Xⁱ and Unmethylated on X^a

The Hprt gene has nine exons that are contained within almost 40 kb of genomic DNA. Its structure, including the placement of exons and a map of EcoRI restriction sites, is shown (from Melton et al., 1984). Below, expanded maps show the locations of the Aval (A1.1). Haell, (H1.1, H1.2), and Hpall (Mspl) (M1.4-11, M1.12) sites in the EcoRI (R) fragment containing the first exon; the only restriction endonuclease sites depicted are those that have been shown to be differentially methylated on the Xⁱ and X^a (Lock et al., 1986). Beneath each of these maps are depicted the restriction fragments detected in Southern blots of female genomic DNA digested with Aval, Haell, or Hpall in combination with Tagl (T) and hybridized to the pHPTλ13-in1 (intron 1) probe. The location in the expanded map of the genomic DNA sequence represented by this probe is indicated by the stippled box. For each restriction fragment, the location of a differentially methylated site that has not been cleaved is marked by an open triangle.

Ava I + Taq I

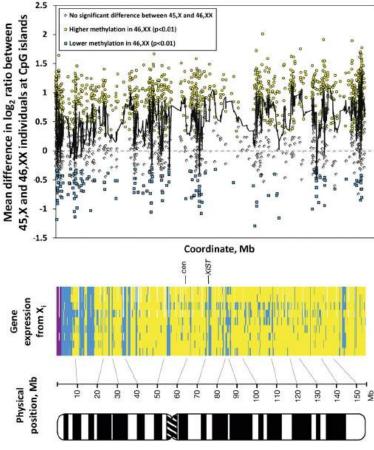


COLLÈGE DE FRANCE

E. Heard, May 26th, 2025

X-Chromosome wide DNA methylation status

X inactivation results in highly variable changes in methylation of CpG islands that correlate with the location of genes escaping X inactivation.



Sharp A J et al. Genome Res. 2011;21:1592-1600 E. Heard, May $26^{\rm th},\ 2025$

How exactly 5mC can regulate gene expression when present at promoters remains unclear, but classically it is thought to recruit methyl-binding domain-containing factors, which would execute its repressive function.

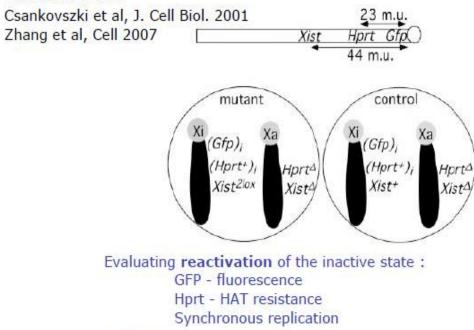
Alternatively, CpG methylation within binding motifs seems to change the binding affinity of multiple TFs.

A whole range of other chromatin marks are also associated with transcriptional silencing. These include not only repressive histone modifications (e.g. H4K20me1, H3K9me3, H3K27me3) but also histone variants that replace canonical histones (e.g. macroH2A).



Synergy of Multiple Epigenetic Mechanisms to maintain the Xi

Synergy between Xist RNA, DNA methylation Histone hypoacetylation, Polycomb - in maintaining the Inactive state



Reactivation frequences using	g GFP (1/10 ⁴) trar	isgenesis
Xist KO Treatment TSA Treatment 5-azadC Treatment 5-azadC + TSA <i>Dnmt1</i> KO Xist and <i>Dnmt1</i> KOs	-> 2 X -> no effect -> 20 X -> 30 X -> 1500 X -> 3000 X	primary and immortalised cells
Spontaneous reactivation o Xist KO 5-azadC	of Hprt (1/10 ⁹) -> 160 X -> 60 X	<i>Immortalised</i> cells

-> 10 000 X

Synergy between different marks maintains the inactive state

Xist KO:

lose Xist RNA coating => loss of macroH2A , HRK27me3 5-azadC or Dnmt1 KO : Lose DNA methylation Trichostatin A, (TSA, inhibitor of HDACs): Re-acetylation of X chromosome

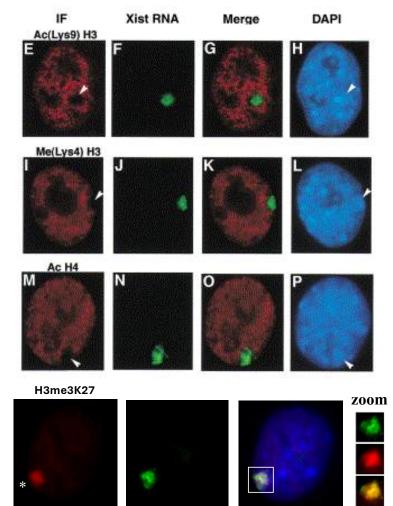
Csankovski et al, 2001 Zhang et al, 2007

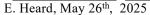
Xist KO + 5-azadC



E. Heard, May 26th, 2025

Xist RNA coating is followed by numerous chromatin changes on the X during ES cell differentiation





Exclusion of euchromatic marks from the Xist RNA-coated chromosome

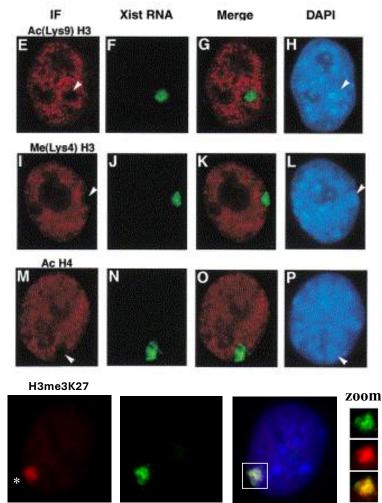
COURS 2013, 2015

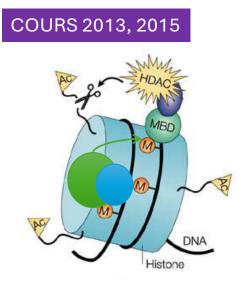
- Enrichment for H3K27me3, H3K9me2, H4K20me1, macroH2A Polycomb complexes PRC2, PRC1
- Chromatin modifications on the X(i) are Xist RNA dependent initially
 – some become Xist-independent eg H4Ac

Heard 2001, Chaumeil et al, 2002 Plath et al 2003, Silva et al 2003



Xist RNA coating is followed by numerous chromatin changes on the X





Histone 'readers' and 'writers' of the Xi?

So far, PRC2/H3K27me3/PRC1/H2Aub Polycomb group complexes can write certain marks (eg H3K27me3 by PRC2) (eg H2AK119ub by PRC1)

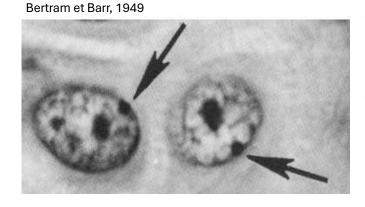
> that can be "read" by others (Cbx7 in PRC1 can bind H3K27me3) Jarid2 in PRC2 can bind H2AK119Ub)

E. Heard, May 26th, 2025

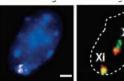
X inactivation: a classic example of facultative heterochromatin and a paradigm for epigenetic control

- Transcriptionally inert
- Compact chromatin
- Unusual 3D organisation
- Particular nuclear localisation •
- Silent nuclear compartment ٠
- Depletion of active chromatin marks (H3K4me3, H3K9ac, H4ac, H3K27ac)
- Enriched for repressive histone marks (H3K9me2, H3K27me3, H2AK119Ub)
- How is facultative heterochromatin 1. established?
- 2. How does chromosome organisation influence gene activity on the X?

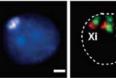
Also see COURS 2013, 2015, 2018



Giorgetti et al, 2001



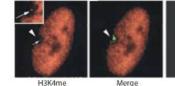
DAPI/Xist RNA Intradomain prob



DAPI/Xist RNA

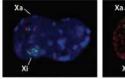
Interdomain probes

Heard et al, 2001 e Depletion of active chromatin mark on the Xi (2002)



Xist RNA

h Organization of repeats and genes (2010)





Xist RNA (areen) X-linked gene loci (red)

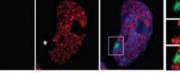
Xist RNA (blue) X-linked gene loci (green) Repetitive LINE-1 DNA (red)



E. Heard, May 26th, 2025

From Galupa and Heard, ARG 2018

Xist RNA



Merae

Chameil et al, 2002

Boggs et al, 2001

f Xist RNA silent nuclear compartment (2006)

H3K9me2

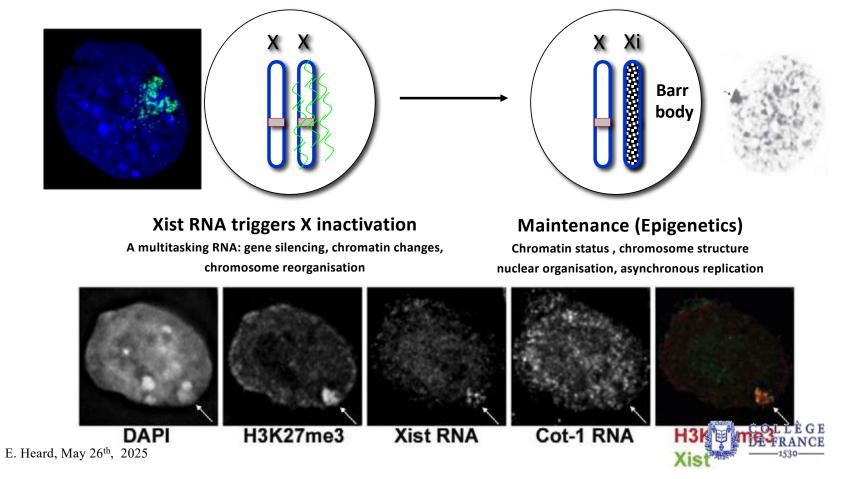
d Enrichment of repressive chromatin mark on the Xi (2002)

Xist RNA RNA Pol II Merge with DAP

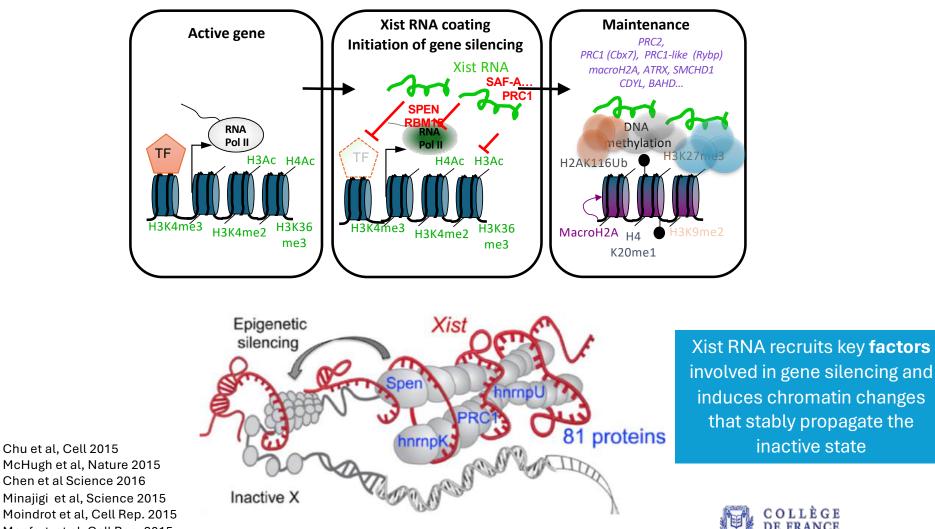
Xist RNA is the trigger for X-Chromosome Inactivation in *cis*

Differential treatment of the two X chromosomes in the same nucleus

This means that technologies that can distinguish the two X chromosomes have to be used!



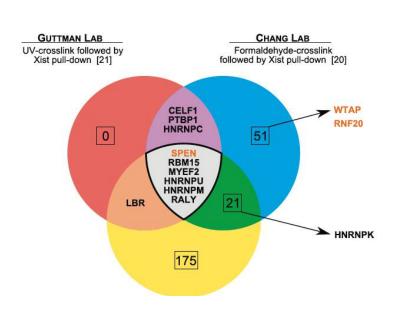
Xist RNA is the trigger for gene silencing *and* epigenetic marking of the Xi (Last week COURS 2)



1520-

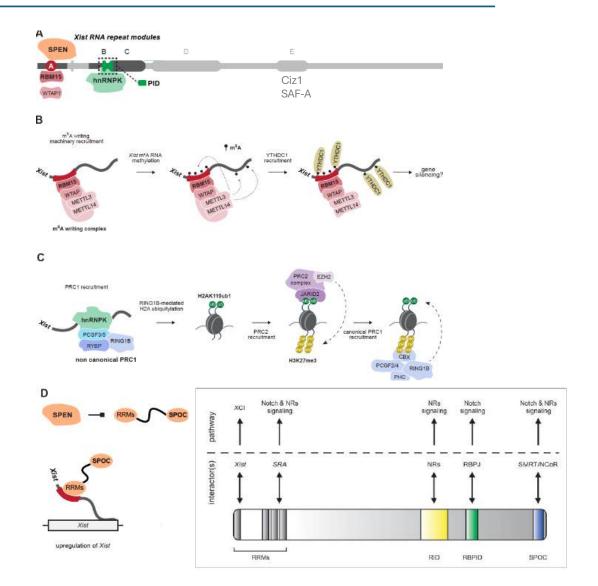
Chen et al Science 2016 Minajigi et al, Science 2015 Moindrot et al, Cell Rep. 2015 Monfort et al. Cell Rep. 2015 E. Heard, May 26th, 2025

Xist is a multi-tasking RNA that recruits gene silencing & maintenance factors

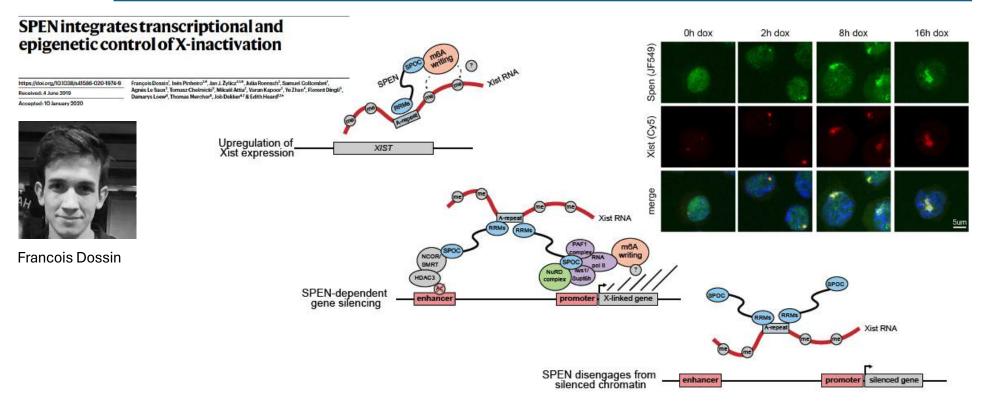


SPEN / SHARP : 3,664 a.a. protein Implicated in RNA-directed transcriptional regulation in the context of hormone responsive nuclear receptor pathways

Spen's SPOC domain interacts with the ubiquitous transcriptional co-repressors, SMRT/NCOR2 and NCOR1 and recruits histone deacetylases, including HDAC3.



SPEN is Recruited by Xist RNA and brings with it Transcriptional and Epigenetic Regulators



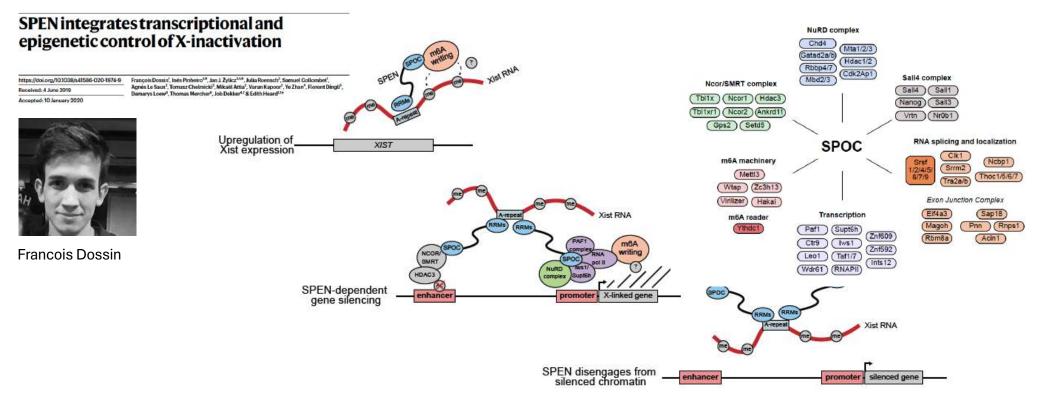
SPEN is an essential regulator of gene silencing in X inactivation

Xist RNA recruits SPEN through its RNA binding motifs

Through its SPOC domain, SPEN interacts with transcriptionally active promoters and enhancers SPEN disengages from chromatin as soon as gene silencing occurs SPEN remains associated with Xist RNA even after XCI is established

Dossin et al, Nature (2020) « SPEN integrates transcriptional and epigenetic control of X-inactivation »

SPEN integrates transcriptional and epigenetic control of XCI



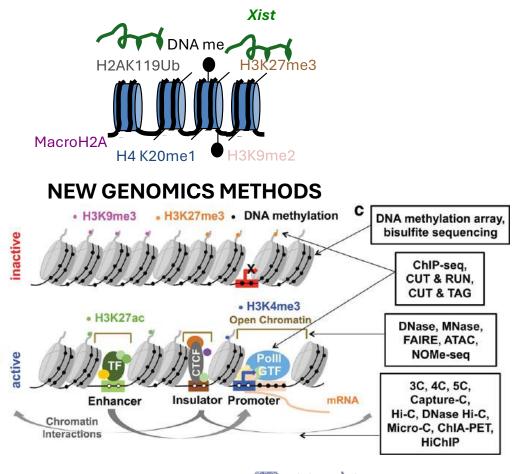
SPEN is an essential regulator of gene silencing in X inactivation

The SPOC domain of SPEN acts as a platform for recruitment of multiple protein complexes including SMRT/NCoR/HDAC3 (cf Oswald et al, 2016; Zylicz et al, 2019) the NuRD complex, the m6A machinery and RNA PolII machinery

Dossin et al, Nature (2020) « SPEN integrates transcriptional and epigenetic control of X-inactivation »

X inactivation: a classic example of facultative heterochromatin and a paradigm for epigenetic control

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- 2. How does chromosome organisation influence gene activity on the X?

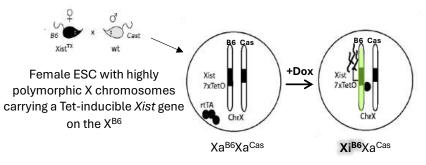


Kinetics of Epigenetic marks during X inactivation in vitro

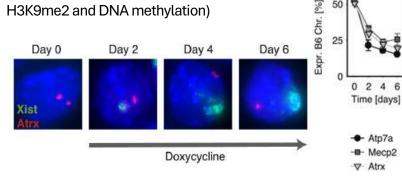
Mouse embryonic stem cells (mESCs) with inducible, non-random X-chromosome inactivation uncoupled from differentiation

Gene Silencing

50



- Gene silencing similar to in vivo kinetics ٠
- Rapid loss of euchromatic marks after Xist coating ٠
- Gain of early heterochromatin marks (but not later heterochromatic marks such as H3K9me2 and DNA methylation)

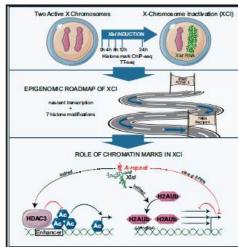


Schulz et al, Cell Stem Cell 2014

E. Heard, May 26th, 2025

The Implication of Early Chromatin Changes in X **Chromosome Inactivation**

Graphical Abstract



Highlights

- An epigenomic roadmap for initiation of X chromosome inactivation (XCI)
- Histone deacetylation and H2A ubiguitination are among the earliest XCI events
- HDAC3-mediated histone deacetvlation is required for efficient XCI
- PcG marks are first deposited intergenically and spread when gene silencing occurs

Authors

Jan Jakub Żylicz, Aurélie Bousard, Kristina Žumer, ..., Damarys Loew, Patrick Cramer, Edith Heard

Correspondence edith.heard@curie.fr

In Brief

Żylicz et al. provide a detailed characterization of the earliest stages of X chromosome inactivation, tracing chromatin modification dynamics and uncovering the key role of chromatin changes in initiation of gene silencing.

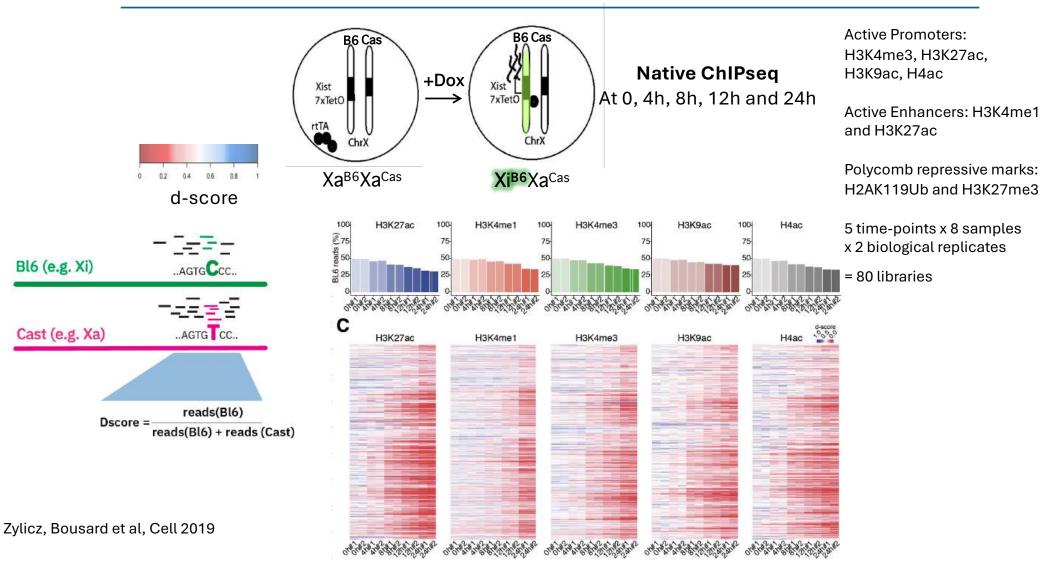


Jan Zvlicz

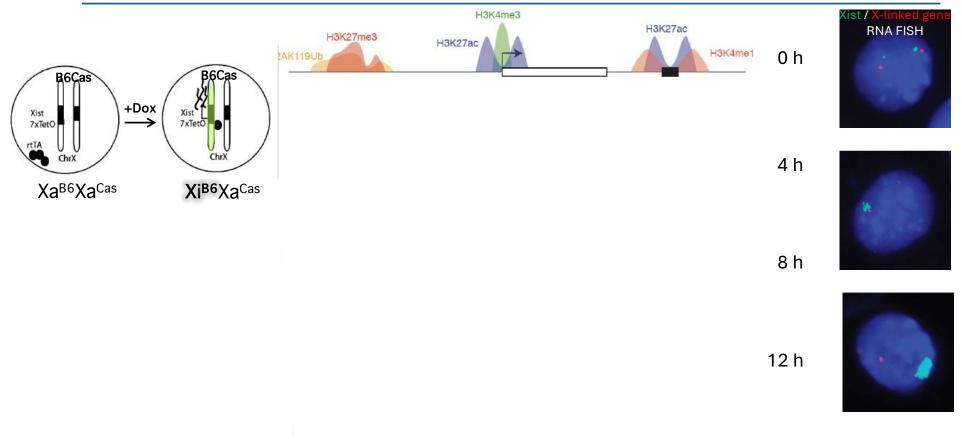


Aurelie Bousard

The Implication of Early Chromatin Changes in X Inactivation



The Implication of Early Chromatin Changes in X Inactivation



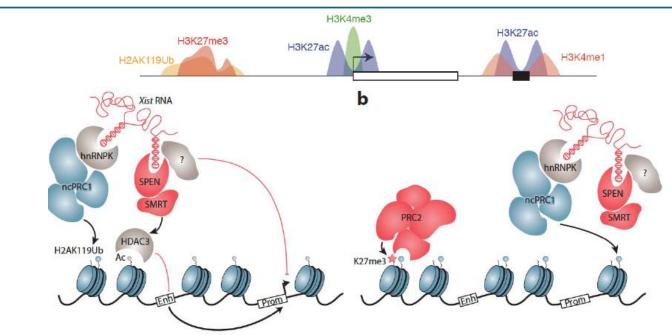
- Histone deacetylatic ٠
- HDAC3 is required for efficient XCI of most, but not all X-linked genes ٠
- PRC1-mediated H2AK119Ub precedes H3K27me3 (PRC2) on the Xist RNA-coated X ٠

Both Polycomb marks accumulate initially at intergenic regions, then spread to genic regions but only Zylicz, Bousard

Bousard et all, E

after gene silencing has occurred

The Implication of Polycomb Complexes in X Inactivation

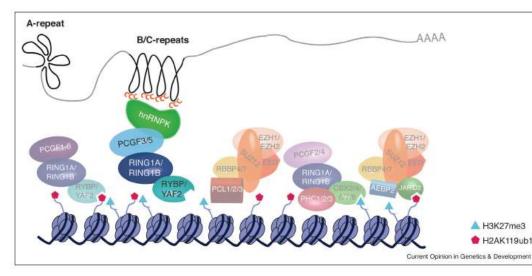


From Zylicz and Heard, Ann Rev Biochem 2020∂

- Histone deacetylation via HDAC3 is a very early event in XCI
- HDAC3 is required for efficient XCI of most, but not all X-linked genes
- PRC1-mediated H2AK119Ub precedes H3K27me3 (PRC2) on the Xist RNA-coated X
- Both Polycomb marks accumulate initially at intergenic regions, then spread to genic regions but only after gene silencing has occurred
- During Initiation of XCI PRC1 precedes PRC2; during maintenance both PRC1 and PRC2 are required
- Different genes may have different requirements for PRC1, PRC2 or both...

Zylicz, Bousard et al, Cell 2019 Bousard et al EMBO Reports 2019

Multiple Polycomb Combinations at Different Stages of Life May Contribute to the Silent State of the Inactive X Chromosome



- Expression of Xist RNA promotes enrichment of multiple subtypes of Polycomb complexes on the inactive X chromosome.
- This is mediated by the direct interaction between the Xist B/C-repeat region of the RNA and a nuclear matrix protein, hnRNPK, which specifically engages PCGF3/5-PRC1 complexes.
- Downstream of initial PCGF3/5-PRC1 catalytic activity, self-reinforcing loops of recruitment acting through recognition mechanisms involving all non-canonical PRC1 complexes (via RYBP binding H2AK119ub1), PRC2 (via JARID2 binding H2AK119ub1) and canonical PRC1 (via CBX binding H3K27me3 deposited by PRC2)
- Once established different genes on the inactive X have different Polycomb dependencies (for ex. in early extra-embryonic tissues) (Masui, Corbel et al, 2023 next week)

	Publication	Model(s)	Xist sequence for Polycomb recruitment	Effect on gene silencing	Identification of hnRNPK	Effect of hnRNPK KD
	da Rocha <i>et al.,</i> 2014 [52]	XY mESCs with Xist transgene largeted to the Hort locus	XN region: F-repeat, 8-repeat and C-repeat regions (3.8kb)	No defect in gene silencing by RNA-FISH after four days of ∆XN Xist induction and similar to WT in cell survival assay (five days)	n/a	n/a
	Chu <i>et al.,</i> 2015 [47]	XY mESCs with autosomal Xist transgene	n/a	nla	Xist CHIRP-MS in mESCs	Reduced H3K27me3/ H2AK119ub1 enrichment and gene silencing after four days of Xist induction
	Almeida <i>et al.</i> , 2017 [57**]	XY mESCs with autosomal Xist transgene	XN region: F-repeat, B-repeat and C-repeat regions (3.8kb)	Defect after three days of Xist induction in Pogf3/5 knockout mESCs compared to Pogf5 knockout	nia	n/a
	Pintacuda <i>et ol.,</i> 2017 [58**]	XY mESCs with autosomal Xist transgene	B-repeat + partial C-repeat (0.6kb)	Defect after three days of ΔB/C Xist induction	Quantitative MS comparison of binding to in who transcribed A versus B/C repeat sequences	Reduced H2AK119ub1 enrichment after one day of Xist induction
	Colognori <i>et al.,</i> 2019 [59*]	Tetraploid MEFs and XX mESCs	B-repeat only (0.3kb)	No defect in ΔB/C MEFs, major defect after fourteen days of ΔB/C mESC differentiation	LC-MS/MS of aptamer-tagged B-repeat RNA, EMSA confirming interaction in vitro	Loss of Xi enrichment In MEFs after two days (H2AK119ub1) or six days (H3K27me3) of RNAi
	Bousard et al., 2019 [60]	XY mESCs with inducible Xist	B-repeat + total C-repeat (2kb)	Little defect after two days of AB/C Xist induction with differentiation	ChIRP-MS comparison of full length versus ∆B/C Xist RNA	nla
	Nesterova <i>et al.,</i> 2019 [46°]	XX mESCs with inducible Xist	B-repeat + partial C-repeat (1.1kb)	Moderate defect after one day of AB/C Xist induction in mESCs or six days of AB/C Xist induction with differentiation	nia	nia
	Schertzer <i>et al.,</i> 2019 [70**]	Trophoblast stem cells (imprinted XCI)	n/a	nla	nla	Reduced enrichment of H3K27me3 on ChrX and other IncRNA-Imprinted regions

nESC, mouse embryonic stem cells; MEF, mouse embryonic fibroblasts; MS, mass spectrometry; ChIRP-MS, comprehensive identification of RNA plnding proteins by MS; LC, liquid chromatography; EMSA, electrophoretic mobility shift assay.

Almeida et al (2020) Curr. Op. Gen.Dev https://doi.org/10.1016/j.gde.2020.02.023

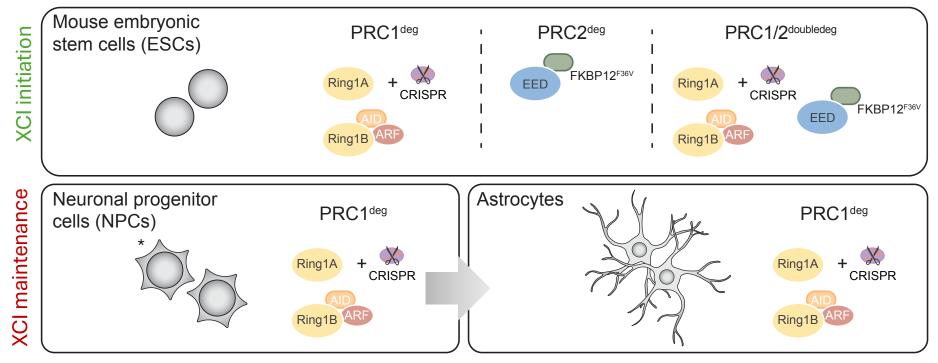
Dissecting the roles of Polycomb complexes during X-chromosome inactivation (XCI)

Knock out of PRC1 or PRC2 in vivo (NEXT WEEK)

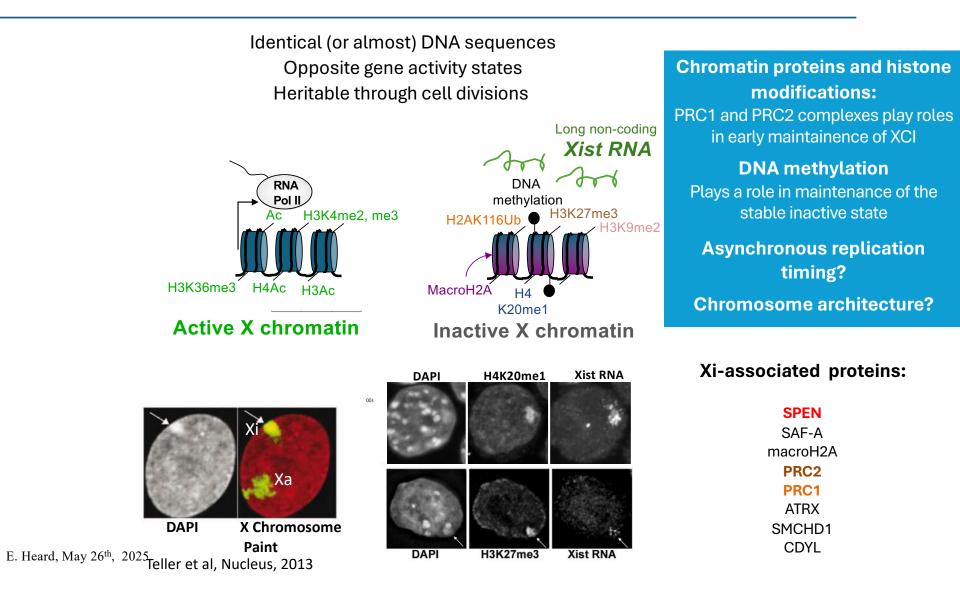
- Polycomb complex degrons in F1 hybrid Xist-inducible mouse embryonic stem cells, neuronal progenitor cells + astrocytes (ongoing work in Heard lab):
- Dox-inducible upregulation of *Xist* in ESCs or random XCI by cellular differentiation

.

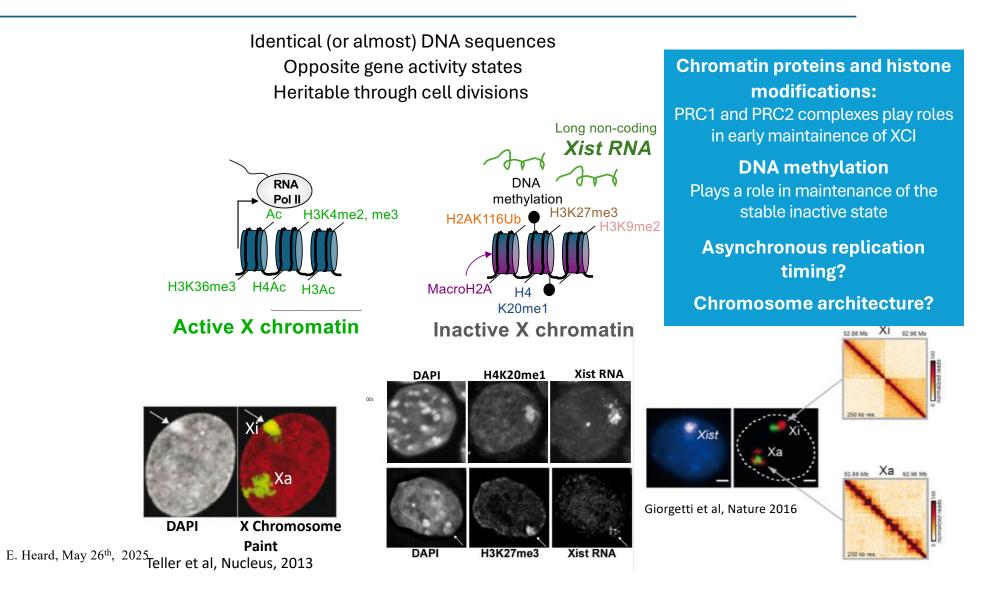
• Remove PRC1 and PRC2 acutely and reversibly via targeted proteasomal degradation



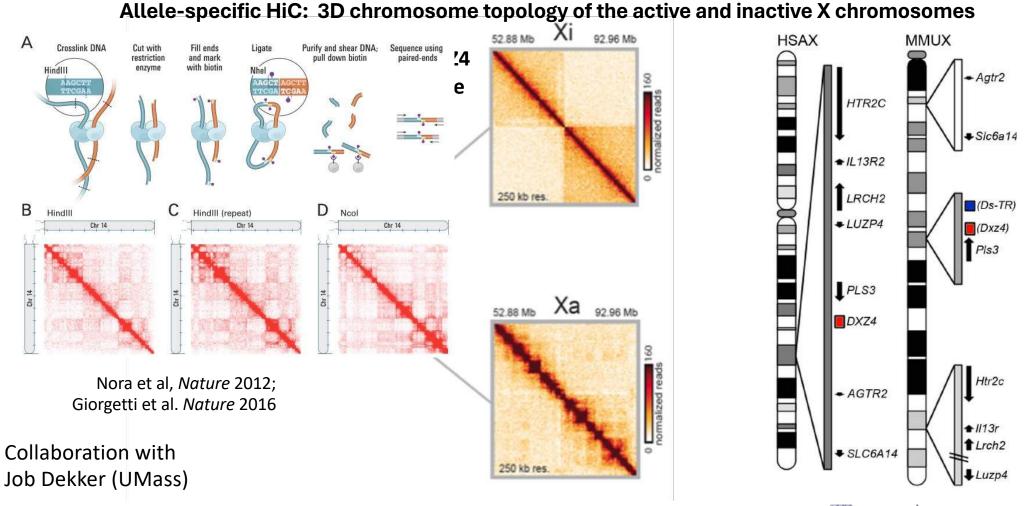
Chromatin Characteristics of the inactive X Chromosome



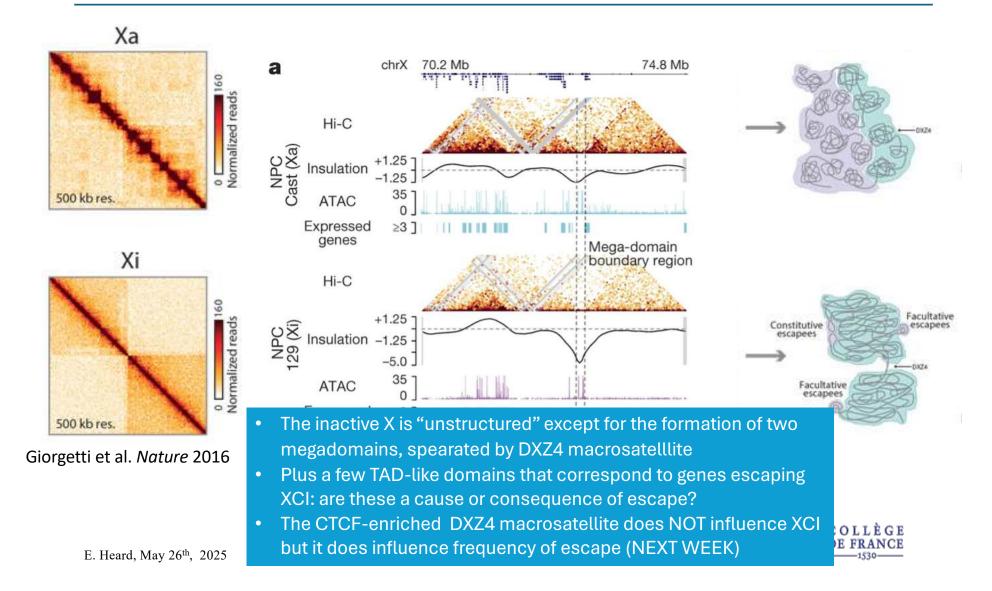
Chromatin and 3D Organisation of the Inactive X Chromosome

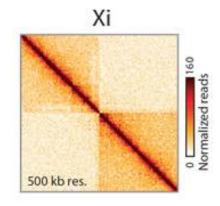


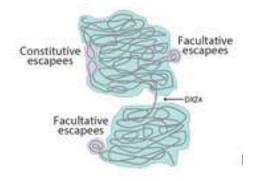
Inactive X-Chromosome 3D Organisation



E. Heard, May 26th, 2025







The non-canonical SMC protein SmcHD1 antagonises TAD formation and compartmentalisation on the inactive X chromosome

Michal R. Gdula¹, Tatyana B. Nesterova¹, Greta Fintacuda¹, Jonathan Godwin¹, Ye Zhan¹ Hakan Ozadam², Michael McClellan³, Daniella Moralli¹, ⁴, Felix Krueger¹, ⁵, Catherine M. Green⁴, Skirmantas Kriaucionis³, Edith Heard¹, Job Dekker¹, ² & Neil Brockdorff¹

- Non-canonical SMC family protein, SMCHD1 is essential for the maintenance of XCI (Gendrel et al 2012)
- It localizes to the Xi and may be involved in the hypermethylation of CpG islands, SMCHD1 contributes to the formation of H3K9me3 blocks on the Xi, which may also stabilize gene repression
- SMCHD1 may collaborate with Polycomb Repressive Complex 1 (PRC1) to reorganize the 3D structure of the inactive X chromosome (Xi) – eliminating compartments?

Smchd1-Dependent and -Independent Pathways Determine Developmental Dynamics of CpG Island Methylation on the Inactive X Chromosome

Anne-Valerie Gendrel,^{1,7,8} Anwyn Apedaile,^{3,8} Heather Coker,¹ Ausma Termanis,⁴ llona Zvetkova,^{3,9} Jonathan Godwin,¹ Y. Amy Tang,^{3,30} Derek Huntley,⁵ Giovanni Montana,⁶ Steven Taylor,² Eleni Giannoulatou,² Edith Heard,⁷ Irina Stancheva,⁴ and Neil Brockdorff^{1,*}

Cell Reports

Smchd1 Targeting to the Inactive X Is Dependent on the Xist-HnrnpK-PRC1 Pathway

Authors

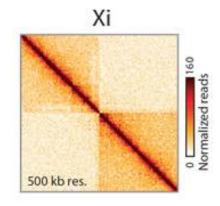
Natasha Jansz, Tatyana Nesterova, Andrew Keniry, ..., Neil Brockdorff, James M. Murphy, Marnie E. Blewitt

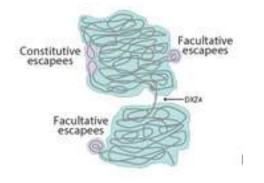
Article

SMCHD1 Merges Chromosome Compartments and Assists Formation of Super-Structures on the Inactive X

Chen-Yu Wang, 1.2.3 Teddy Jégu, 1.2.3 Hsueh-Ping Chu, 1.2.3 Hyun Jung Oh, 1.2.3 and Jeannie T. Lee 1.2.3.4.*



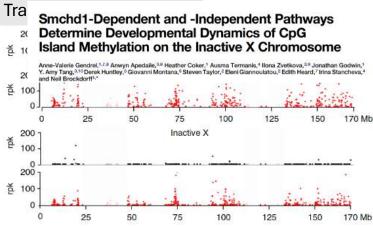




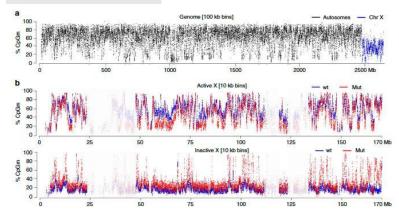
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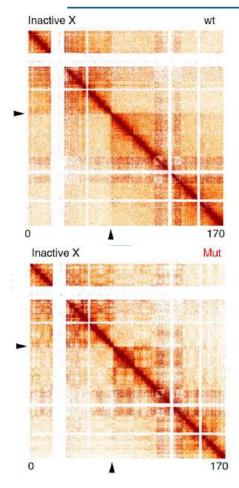
- Non-canonical SMC family protein, SmcHD1 is a key factor in defining the unique chromosome architecture of the Xi.
 - Specifically, allelic mapping of the transcriptome and epigenome in SmcHD1 mutant cells reveals the appearance of submegabase domains defined by gene activation, CpG hypermethylation and depletion of Polycomb-mediated H3K27me3.



DNA Methylomes



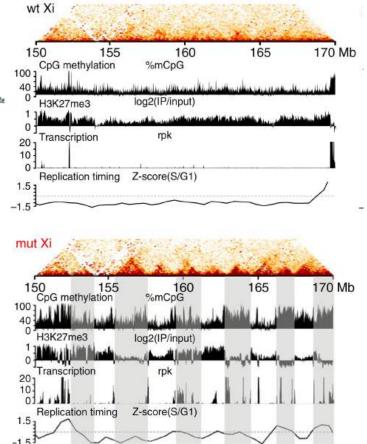




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- Specifically, allelic mapping of the transcriptome and epigenome in SmcHD1 mutant cells reveals the appearance of submegabase domains defined by gene activation, CpG hypermethylation and depletion of Polycomb-mediated H3K27me3.
- These domains, which correlate with sites of SmcHD1 enrichment on Xi in wild-type cells, additionally adopt features of active X chromosome higher-order chromosome architecture, including A/B compartments and partial restoration of TAD boundaries.
- Xi chromosome architecture changes also occurred following SmcHD1 knockout in a somatic cell model, but in this case, independent of Xi gene derepression.





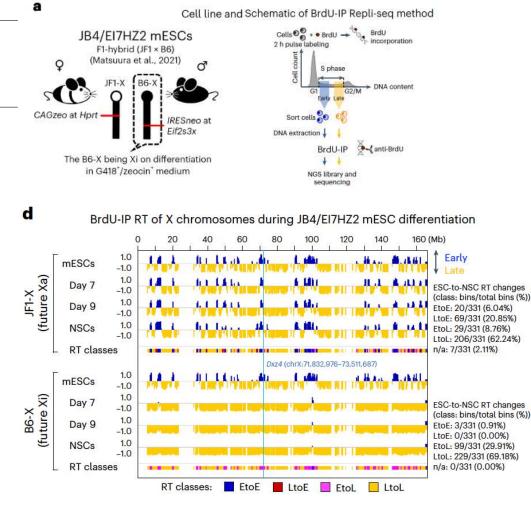
Gdula et al, Nat. Comm (2019) doi.org/10.1038/s41467-018-07907-2

Inactive X-Chromosome DNA Replication

Replication dynamics identifies the folding principles of the inactive X chromosome

Received: 20 September 2022 Accepted: 28 June 2023 Rawin Poonperm ©¹, Saya Ichihara ©²⁵, Hisashi Miura¹, Akie Tanigawa¹, Koji Nagao³, Chikashi Obuse³, Takashi Sado ©²⁴ & Ichiro Hiratani ©¹⊠

- Chromosome-wide late replication is an enigmatic hallmark of the inactive X chromosome (Xi). How it is established and what it represents remains obscure.
- By single-cell DNA replication sequencing, we show that the entire Xi is reorganized to replicate rapidly and uniformly in late S-phase during X-chromosome inactivation (XCI), reflecting its relatively uniform structure revealed by Chromosome Conformation Capture.
- Despite this uniformity, only a subset of the Xi became earlier replicating in SmcHD1-mutant cells.



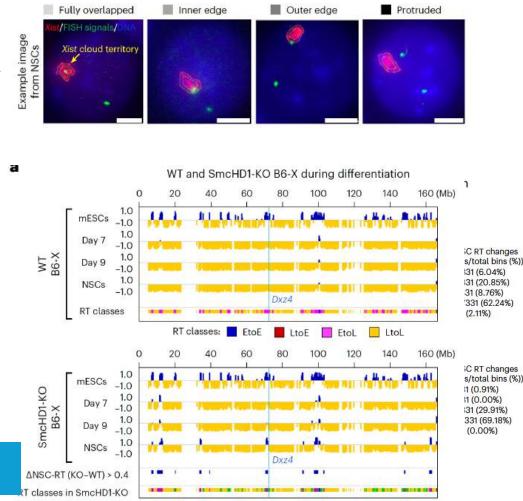


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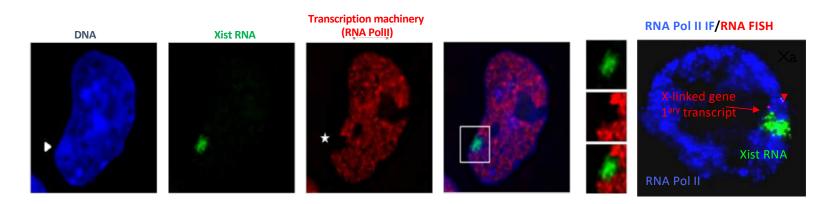
Received: 20 September 2022 Accepted: 28 June 2023 Rawin Poonperm©1, Saya Ichihara©²⁵, Hisashi Miura¹, Akie Tanigawa¹, Koji Nagao³, Chikashi Obuse³, Takashi Sado©²⁴ & Ichiro Hiratani©¹⊠

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- Despite this uniformity, only a subset of the Xi became earlier replicating in SmcHD1-mutant cells.
- In the mutant, these domains protruded out of the Xi core, contacted each other and became transcriptionally reactivated. 4C-seq suggested that they constituted the outermost layer of the Xi even before XCI and were rich in escape genes.
- This default positioning may form the basis for their inherent heterochromatin instability in cells lacking the Xi-binding protein SmcHD1 or exhibiting XCI escape.
- These observations underscore the importance of 3D genome organization for heterochromatin stability and gene regulation.



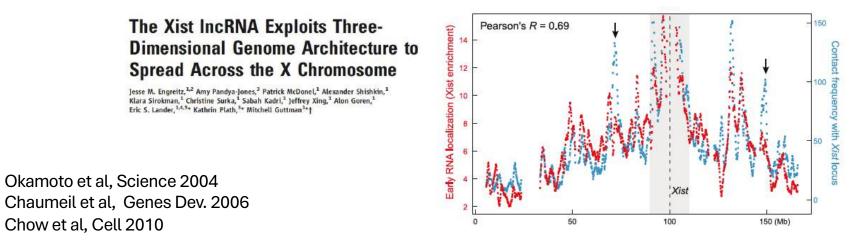
E. Heard, May 26th, 2025 Poonperm et al, NSMB (2023) https://doi.org/10.1038/s41594-023-01052 Tolasses in SmcHD1-KO: 📕 SD 📕 SI 📃 CL 📕 CE

Xist RNA forms a Nuclear Compartment depleted of Transcription

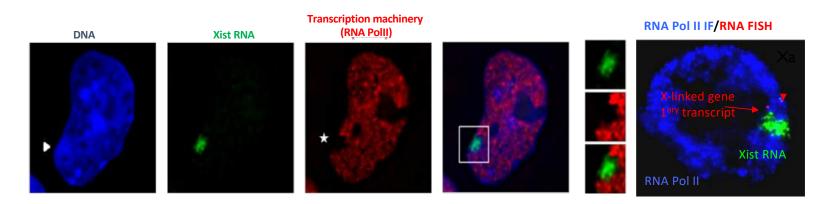


Xist RNA forms a silent "compartment" that is depleted for RNA PolII and transcription factors

Genes are positioned at the edge of the compartment but move into the Xist RNA domain as they are silenced. Genes that escape XCI remain external to the Xist domain...

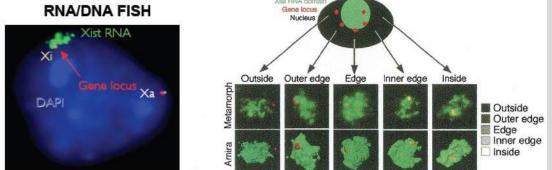


Xist RNA forms a Nuclear Compartment depleted of Transcription



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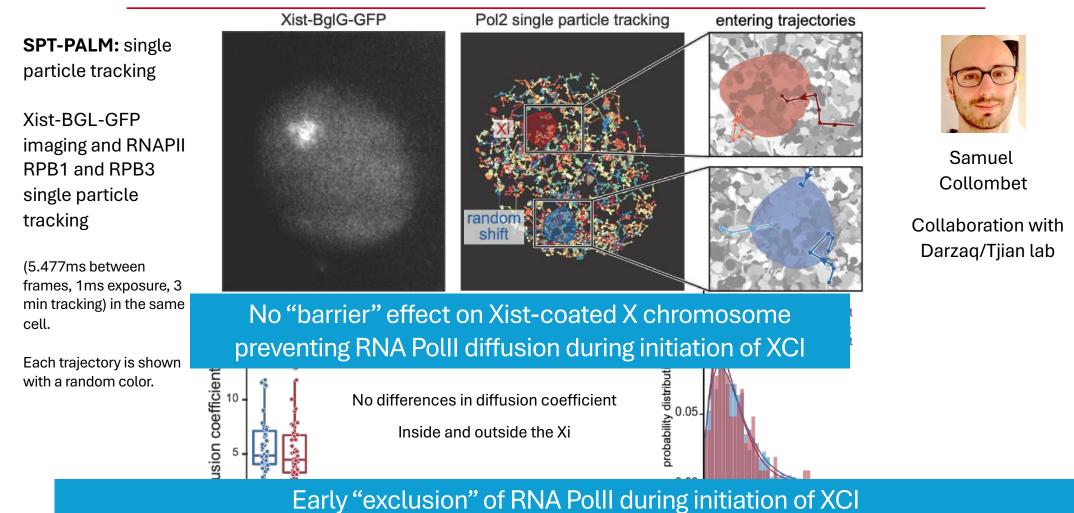
Genes are positioned at the edge of the compartment but move into the Xist RNA domain as they are silenced. Genes that escape XCI remain external to the Xist domain...



Does this RNA polymerase II depletion from the inactive X chromosome territory represent a physical compartmentalization?

Okamoto et al, Science 2004 Chaumeil et al, Genes Dev. 2006 Chow et al, Cell 2010

Does Xist RNA lead to RNA PolII physical exclusion/ phase separation?



is presumably due to the factors that Xist RNA recruits to silence genes

X inactivation: a classic example of facultative heterochromatin and a paradigm for epigenetic control

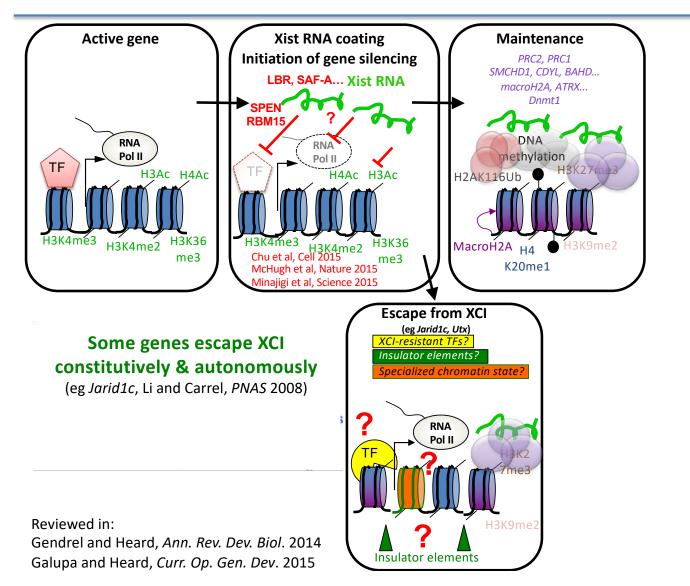
Kinetics of Random XCI in Embryonic Stem Cells **b** Mouse embryonic stem cells Differentiated cell Xist-independent maintenance Xist-dependent gene silencing of gene silencing ~2 days of differentiation Variable reactivation X-linked gene silencing^{81,92,93,120} of few facultative escapees Early silenced Late silenced Escapees Active histone modifications^{93,121,151} H3K27ac H3K4me3 H3K9ac (ChIP-seq) H4ac (ChIP-seq) Repressive histone modifications and variants^{93,117,150-153} H2AK119ub H3K9me2 (IF) H3K27me3 (ChIP-seq) (ChIP-seg) DNA methylation149,154,211 3D organization174 Escapees Timing of TAD loss TADs on both X chromosomes on the Xi?

E. Heard, May 26th, 2025

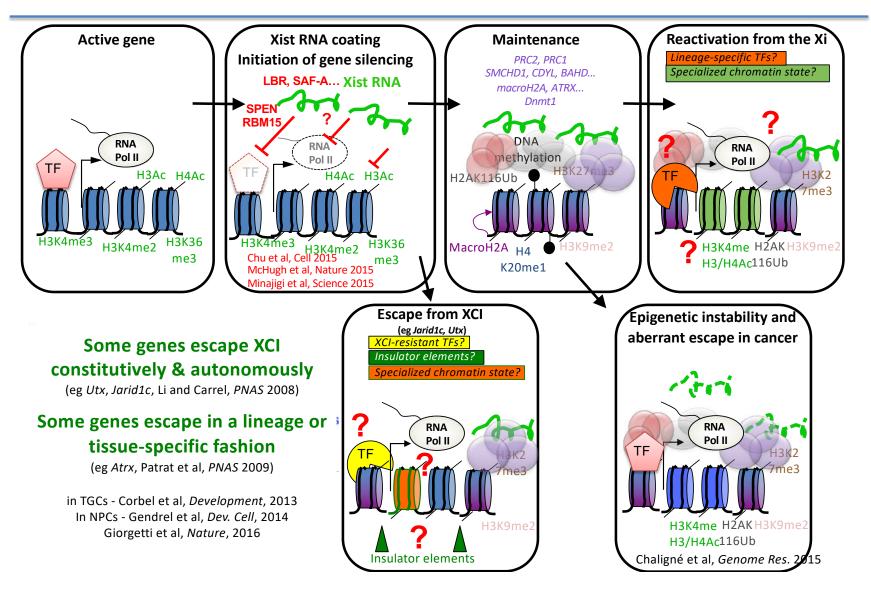
Review by Loda, Collombet and Heard, 2022



Silencing and Escape from X-chromosome inactivation

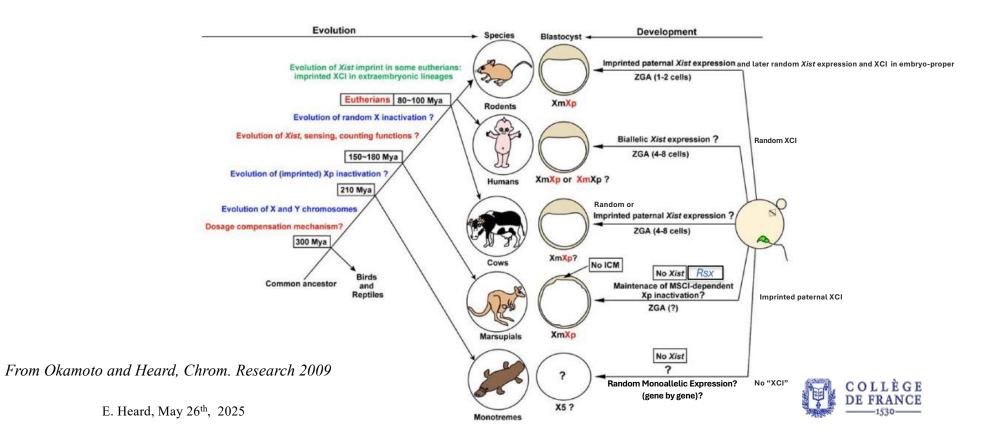


Silencing and Escape from X-chromosome inactivation



NEXT WEEK: Developmental and Evolutionary Dynamics of XCI

Different mammals have chosen different strategies of paternally imprinted X inactivation and/or random X inactivation



COURS 2025

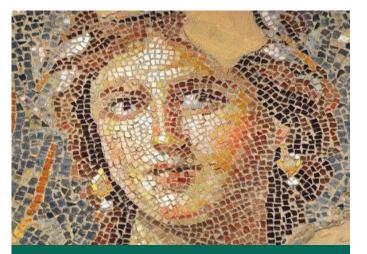
12 mai 2025 Découverte de l'inactivation du chromosome X (lyonisation)

19 mai 2025 La génétique et l'épigénétique de l'inactivation du chromosome X et d'autres exemples d'expression monoallélique

26 mai 2025 Évolution de l'inactivation du chromosome X et dynamique développementale

2 juin 2025 Implications de l'inactivation du chromosome X pour la biologie féminine

10-11 juin 2025 Colloque



Edith HEARD CHAIRE ÉPIGÉNÉTIQUE & MÉMOIRE CELLULAIRE

Nouvelles connaissances sur les mécanismes épigénétiques : l'inactivation du chromosome X et d'autres exemples d'expression monoallélique

12 mai > 2 juin 2025